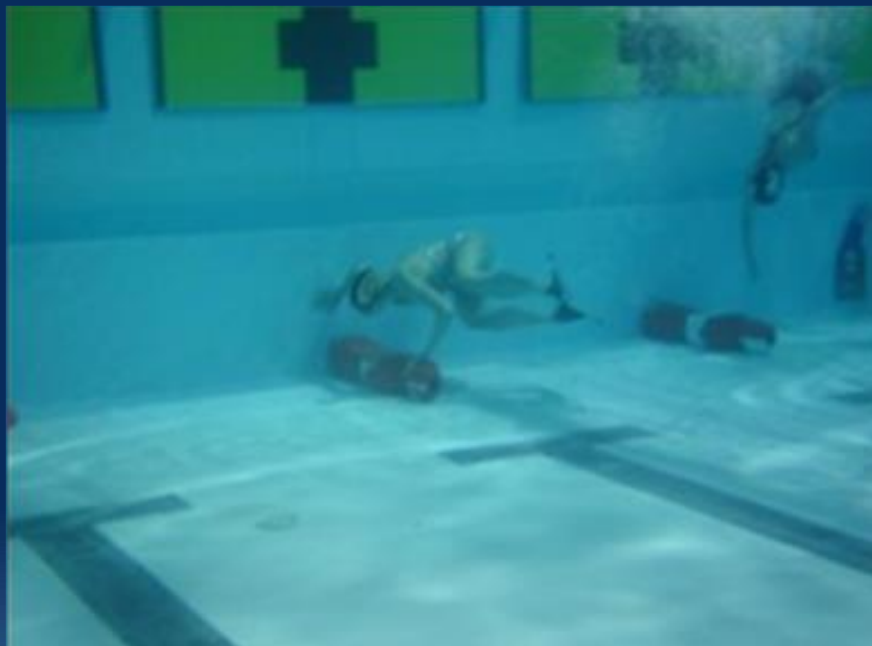


SLSGB British Open/Masters Lifesaving Pool Championships 2022

24th April 2022

Wales National Pool Swansea



be part of it



Eligibility

The championships are open to members of SLSGB and SLSA Wales. All competitors named on the entry form must be paid up members of SLSGB or SLSA Wales and a member of an affiliated club by the closing date of entries. Competitors whose membership is received by SLSGB after that date will not be eligible to compete in this Championship.

Individual Age Groups

Senior Open: will reach the age of 16 and over during this year

Masters 30-39: must be aged between 30 – 39 in the year of competition

Masters 40-44: must be aged between 40 – 44 in the year of competition

Masters 45-49: must be aged between 45 - 49 in the year of competition

Masters 50-54: must be aged between 50 - 54 in the year of competition

Masters 55-59: must be aged between 55 - 59 in the year of competition

Master 60+ reach the age of 60 or above during this year

Team Age Groups

Senior: open to age 16 above. **Separate male and female teams**

Masters: will reach the age of at least 30 years this year or over **No separate male or female team.**

To renew your SLSGB membership please [renew here](#)

Closing Date and submission of entries

The closing date for entries is Friday 8th April 6pm.

All entries must be submitted electronically. **Any late entries made after this time will be subject to a 50% surcharge on fees. Late Entries will not be accepted after 6.0pm on Wednesday 20th April.**

Entries will be made by an online entry system. The club's team manager needs to apply for the club's password. Link for Team Manager Registration <https://www.rar-timing.co.uk/team-manager/register>

If there any having problems using the entry system, please contact: nbowden@sls.gb.org.uk

Once the entries have been checked, the organisers will confirm by email. All entries must be paid in full by 6.0pm on Friday 15th April. Payment details will be sent with an invoiced. Until entry fees have been paid, the club will not be cleared to compete.

Entry fees:

Individual	- £8.50 per individual event
Team/Pair	- £10.50 per pair per event

The entry fees will be calculated based on the entries made at the time the entry forms are submitted and confirmed by email to each Club prior to the event and these must be paid irrespective of whether a competitor is withdrawn from an event or fails to show

Remember:

CLOSING DATE FOR ENTRIES is 6pm Friday 8th April 6pm

Event Preparation

After all entries have been received and checked for confirmation of membership the information will be collated. A list of the individual, pair and team entries in club order will be produced and **sent by email only** to the designated contact within the Club for all clubs entered.

Clubs should ensure that their Team Manager, if not the designated contact, is given a copy of the entry list information and has a copy of the entry forms before they are submitted. This will enable checks of the accuracy of the entry lists.

A summary of the entry fees required will also be given to each club. A final pre-event circular will also be distributed by email at this point to give instructions to all clubs regarding access to the venue/storage of gear trailers etc.

Team Managers **must** check the entry lists to ensure that all entries for his/her club are listed and accurate and advise by email up to five days before the event of any queries or omissions. **After this time no amendments can be made, even if SLSGB has made the error**

Each club will be required to give a contact number to enable organisers to make contact in case of further queries. This number will also be used to receive by text any late changes to programme based on the number of confirmed starters, start times or venues if required, and to confirm the start time and venue for the Team Manager's Meeting on the opening day of the event.

It is not necessary to name the individuals in paired and team events.

Cancellation Policy

If the Event must be cancelled for safety reasons, a change in Government C19 Policy or venue closer the Organiser will attempt to notify Team Managers who have provided a contact phone number or e-mail address. No refunds will be given for costs incurred to comply with entry eligibility or travel to the event. The Organiser will produce an account for all the direct non recoverable Event Costs expended and will add £5 for each entrant to cover administration costs. Any balance remaining will be refunded pro rata to each entrant upon the written request of the Club Team representative. Any amount unclaimed by the 30th June will be treated as a donation the Charity (SLSGB).

Aggregate Trophies and Medals

Medals will be presented for 1st to 3rd place in all individual events and all team events. While every attempt will be made to present medals throughout the events, depending on the time available, medals may be distributed to Team Managers at the conclusion of the competition for local presentation back at club functions.

Point scoring:

Individual and Pair events:

1st	20 pts	9th	8 pts
2nd	18 pts	10th	7 pts
3rd	16 pts	11th	6 pts
4th	14 pts	12th	5 pts
5th	13 pts	13th	4 pts
6th	12 pts	14th	3 pts
7th	11 pts	15th	2 pts
8th	10 pts	16th	1 pt

Team Events

1st	30 pts	9th	12 pts
2nd	27 pts	10th	10.5 pts
3rd	24 pts	11th	9 pts
4th	21 pts	12th	7.5 pts
5th	19.5 pts	13th	6 pts
6th	18 pts	14th	4.5 pts
7th	16.5 pts	15th	3 pts
8th	15 pts	16th	2 pts

Regulations and Conditions

Heat Draws / Entry Times

All events will be decided on a heat-declared winner basis, heats will be seeded according to entry times. Heats for individual events will be drawn based on entry times as declared on the entry forms.

The fastest declared entry times will be drawn in the last heat. Where no entry time is declared the individual will be drawn in the first/early heats.

Clubs are reminded that they must only enter times that have been achieved by competitors. It is unfair to enter times that have not been achieved or that are unrealistic. All this does is place the competitor in a potentially embarrassing position as they may have to swim in a heat where they are clearly far slower than other competitors. This is also unfair on those who should rightly be seeded into the fastest heats on their ability.

The purpose of seeding competitors by entry time is to try to ensure that races are competitive and competitors swim in heats with others who can achieve similar times. Entering false or unrealistic times is deemed unfair practice and goes against the SLSGB's Fair Play Code.

Event Helpers and Timekeepers

Each competing club must supply 1 timekeeper (they must bring Stopwatches, pens/pencils, clipboards and wear a white top as a minimum please). Other events helpers also need to be provided to help to move equipment as determined by the referee, for the duration of the competition. Each competing club must also provide at least 1 suitable adult (able to spend a considerable amount of time in the water) for each 8 competitors entered, to help reset the manikin events.

If there are insufficient event helpers or timekeepers, the organisers may have no option but to cancel one or more events on the day.

Rules for the Event:

The Rules for the event will be the current ILS Competition Rules (No Modifications)

Equipment to be provided by competing clubs – manikins

Each club must provide at least 2 ILS specification manikin for the competition. We need at least 8 manikins to run events where manikins are used, and 16 for the 200m Super lifesaver. Having more manikins available will mean that the turn-around time between events will be significantly shortened. Ensure your manikin is clean and clearly marked with your club's name.

SLSGB are not responsible for a loss or damage to manikins. Please make sure that they are properly identified.

Team Manager's Meeting

All Team Managers must attend the Managers meeting.

Failure to attend this meeting and pay the required fees at the correct time will mean that the Club's participation in the event will be at best being delayed and at worst may be denied completely by the organisers.

Consent:

Team managers must be fully aware of any pre-existing medical condition or medication necessary for team members

We strongly advise that all team managers, officials, and helpers involved in the event, should be registered with and cleared by Club Safeguarding Officer and where appropriate, relevant checks are completed.

By entering the competition, you agree that SLSGB events are held in public places and by participating in these championships, competitors may be photographed, and these may be published.

If you do not give consent to have photographs taken and possibly used for promotional purposes which may include media, social media, and website images, at SLSGB events, it is your responsibility to register with the National Safeguarding Manager or Event Manager at the SLSGB event HQ at the beginning of the event.

A guide to Young Person Welfare procedures for this event will be sent to Team Managers and will be available on request to any interested parties.

Competitor Numbers:

Each competitor must have their four-digit number (club code plus two numbers as determined through the entry form) marked clearly on the back of their right hand at all times. This is essential for the recording process to operate effectively, as the recorders will only record the numbers of the competitor against the placing on their sheets.

It is essential that all competitors have the number clearly displayed and can show it to any official when requested. Failure to do so could lead to the competitor being disqualified. Each club will be supplied with a suitable marker pen to mark their competitor numbers.

COVID - PLEASE HELP US TO KEEP EVERYONE SAFE

Although not strictly required, but if possible before attending the event undertake an LFT 72 hours before the event start date.

Team Managers will be asked on registration to confirm that all Team members and helpers have not very recently displayed or are currently experiencing any COVID symptoms.

08:00 Warm up/08:20 First Marshal call/08:30 Start of first event			
No	Event	Age	Sex
1	200m Obstacle (Time Trial)	15yrs	Mix
2	200m Obstacle	Open	F
3	200m Obstacle	Open	M
4	100m Obstacle	30-39	F
5	100m Obstacle	30-39	M
6	100m Obstacle	40-44	F
7	100m Obstacle	40-44	M
8	100m Obstacle	45-49	F
9	100m Obstacle	45-49	M
10	100m Obstacle	50-54	F
11	100m Obstacle	50-54	M
12	100m Obstacle	55-59	F
13	100m Obstacle	55-59	M
14	100m Obstacle	60+	F
15	100m Obstacle	60+	M
16	200m Obstacle Relay	Open	F
17	200m Obstacle Relay	Open	M
18	200m Obstacle Relay	Masters	O
19	Line Throw	Open	F
20	Line Throw	Open	M
21	Line Throw	Masters	O
22	50m Manikin Carry	Open	F
23	50m Manikin Carry	Open	M
24	50m Manikin Carry	30-39	F
25	50m Manikin Carry	30-39	M
26	50m Manikin Carry	40-44	F
27	50m Manikin Carry	40-44	M
28	50m Manikin Carry	45-49	F

No	Event	Age	Sex
29	50m Manikin Carry	45-49	M
30	50m Manikin Carry	50-54	F
31	50m Manikin Carry	50-54	M
32	50m Manikin Carry	55-59	F
33	50m Manikin Carry	55-59	M
34	50m Manikin Carry	60+	F
35	50m Manikin Carry	60+	M
36	4X25M Manikin Relay	Open	F
37	4X25M Manikin Relay	Open	M
38	4X25M Manikin Relay	Masters	O
39	100m Manikin Carry with Fins	Open	F
40	100m Manikin Carry with Fins	Open	M
41	100m Manikin Carry with Fins	30-39	F
42	100m Manikin Carry with Fins	30-39	M
43	100m Manikin Carry with Fins	40-44	F
44	100m Manikin Carry with Fins	40-44	M
45	100m Manikin Carry with Fins	45-49	F
46	100m Manikin Carry with Fins	45-49	M
47	100m Manikin Carry with Fins	50-54	F
48	100m Manikin Carry with Fins	50-54	M
49	100m Manikin Carry with Fins	55-59	F
50	100m Manikin Carry with Fins	55-59	M
51	100m Manikin Carry with Fins	60+	F
52	100m Manikin Carry with Fins	60+	M
53	200m Super Lifesaver	Open	F
54	200m Super Lifesaver	Open	M
55	100m Rescue Medley	30-39	F
56	100m Rescue Medley	30-39	M
57	100m Rescue Medley	40-44	F

No	Event	Age	Sex
58	100m Rescue Medley	40-44	M
59	100m Rescue Medley	45-49	F
60	100m Rescue Medley	45-49	M
61	100m Rescue Medley	50-54	F
62	100m Rescue Medley	50-54	M
63	100m Rescue Medley	55-59	F
64	100m Rescue Medley	55-59	M
65	100m Rescue Medley	60+	F
66	100m Rescue Medley	60+	M
67	100m Rescue Medley	Open	F
68	100m Rescue Medley	Open	M
69	100m Manikin Tow with Fins	30-39	F
70	100m Manikin Tow with Fins	30-39	M
71	100m Manikin Tow with Fins	40-44	F
72	100m Manikin Tow with Fins	40-44	M
73	100m Manikin Tow with Fins	45-49	F
74	100m Manikin Tow with Fins	45-49	M
75	100m Manikin Tow with Fins	50-54	F
76	100m Manikin Tow with Fins	50-54	M
77	100m Manikin Tow with Fins	55-59	F
78	100m Manikin Tow with Fins	55-59	M
79	100m Manikin Tow with Fins	60+	F
80	100m Manikin Tow with Fins	60+	M
81	100m Manikin Tow with Fins	Open	F
82	100m Manikin Tow with Fins	Open	M
83	LifeSaver Relay	Open	Mix
84	4x50M Medley Relay	Masters	O
85	4x50M Medley Relay	Open	F
86	4x50M Medley Relay	Open	M