

TRAINER ASSESSOR CHECKLIST



Safety and Rescue Competence Proficiency Award for a Surf Coach

Lead Trainer Assessor Name:			Date:											
			MIS Course Code:											
Number of Candidates:														
Competency Criteria:		Candidate Initials:												
Myagi and Pre Course – add score/time in each of the candidates columns														
Safeguarding														
200 metre pool swim time														
Assessment Criteria		Example Evidence		Tick once competence for each criteria has been demonstrated or evidenced										
Aquatic Safety Management for a Surf Coach														
Learning outcome 1: Demonstrate a thorough knowledge of assessing risks.														
1.1	Safe Zoning for activities	Verbal Questioning												
1.2	Analytical risk assessment	Written Document (RA template)												
Learning Outcome 2: Demonstrate an understanding of a surf coach's Duty of Care when operating in a public beach environment														
2.1	Duty of care to your participants	Verbal questioning												
2.2	Duty of care to members of the general public	Verbal questioning												
2.3	Duty of care when operating within a lifeguard patrol zone	Verbal questioning												

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Competency Criteria:			Candidate Initials:										
UNIT – Basic Life Support													
1.1	Primary Survey	Practical Demonstration											
1.2	Prone to Supine Roll	Practical Demonstration											
1.3	Secondary Survey	Practical Demonstration											
1.4	Action for Vomit	Practical Demonstration											
1.5	Recovery Position	Practical Demonstration											
1.6	Monitoring casualty	Practical Demonstration											
Demonstrate the treatment of an unconscious adult casualty who is not breathing (Dry) – Cardio Pulmonary Resuscitation (CPR)													
2.1	Primary Survey	Practical Demonstration											
2.1	Airway	Practical Demonstration											
2.3	Adult CPR process	Practical Demonstration											
2.4	Calling for help	Practical Demonstration											
2.5	2 minutes of CPR	Practical Demonstration											
2.6	Reasons for stopping	Verbal Questioning											
Demonstrate the treatment of a choking adult casualty													
3.1	Adult Choking protocol	Practical Demonstration											
3.2	Back slaps/abdominal thrusts	Practical Demonstration											
3.3	Loss of consciousness	Practical Demonstration											
Explain the importance of a defibrillator and demonstrate how to use an AED in conjunction with CPR													
4.1	Applying an AED	Practical Demonstration											
4.2	Sequence of actions when using AED	Practical Demonstration											

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Competency Criteria:			Candidate Initials:														
UNIT – Paediatric Life Support																	
Learning outcome 1: Administer cardiopulmonary resuscitation to a child and baby casualty;																	
1.1	Initial response checks	Verbal questioning															
1.2	Baby or child	Verbal questioning															
1.3	Airway	Practical Demonstration															
1.4	CPR – Baby and Child	Practical Demonstration															
1.5	CPR – Differences	Verbal Questioning															
Learning outcome 2: Administer first aid to a child and baby casualty who is choking																	
2.1	Child and Baby choking	Practical Demonstration															
2.2	Loss of consciousness	Practical Demonstration															
UNIT – Surf Coach Fitness																	
Learning outcome 1: Demonstrate all signals																	
1.1	Hand Signals	Practical Demonstration															
1.2	100m run, 100m swim, 100m run	Practical Demonstration (not pool swim 200m competency)															

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Competency Criteria:	Candidate Initials:											

UNIT – Casualty Care and Rescue

Learning outcome: Demonstrate how to complete an effective extraction of a suspected spinal injury

1.1	Correct commands	Practical Demonstration											
1.2	Effective approach in the water	Practical Demonstration											
1.2	Support self-extraction from water	Practical Demonstration											

Learning outcome: Demonstrate the effective aftercare of a suspected spinal casualty once in a safe position on the beach

2.1	Lower to ground	Practical Demonstration											
2.2	Effective log roll	Practical Demonstration											
2.3	Spinal Resuscitation	Practical Demonstration											
2.4	Action for vomit	Practical Demonstration											
2.5	Jaw Thrust	Practical Demonstration											

UNIT – Safety and Rescue Techniques

Learning outcome: Demonstrate the use of a surf board as a flotation device whilst calling and waiting for assistance

1.1	How to secure a casualty to their own board until assistance arrives	Practical Demonstration											
1.2	Safely signal for assistance	Practical Demonstration											
1.3	Safety advice for participants on using the board as a flotation device	Practical Demonstration											

Learning outcome: Demonstrate the use of a participant's surfboard to rescue both a conscious and unconscious casualty

2.1	Conscious surfboard rescue	Practical Demonstration											
2.2	5 after-care questions	Practical Demonstration											
2.3	Unconscious surfboard rescue (EAV included)	Practical Demonstration											
3.1	Unconscious rescue	Practical Demonstration											

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Award Outcome:											
I can confirm that the below candidates have completed the training of this award to the following assessment outcomes; <i>To be completed by the Lead Trainer Assessor delivering the course at the end of training prior to verification taking place;</i>											
MIS Course Number:											
Candidate Initials:											
Assessment Decision: <i>Please enter one of the following</i> (C) Competent (NC) Not Yet Competent– Needs further training											
Trainer Assessor Statement											
<i>As the Trainer Assessor delivering this award, I can confirm that the appropriate number of hours for training and assessment have been delivered so that all candidates signed off as competent are able to undertake the role of Surf Coach Safety and Rescue.</i>											
Trainer Assessor Signature and date: 											
Lead Trainer Assessor Comments on candidate performance (if applicable) <i>This should include any issues that you may want the Verifying TA or SLSGB to be aware of.</i>											