

Surf Coach Safety and Rescue Competency Award



Trainer Assessor Guidance

This document clarifies the changes made and provides relevant guidance to Trainer Assessors delivering the new Surf Coach Safety and Rescue Competency award.

Rationale

The revised award is an industry specific vocational safety and rescue award for Level 1 coaches and instructors operating within the surfing sector. It focuses on the safety and rescue roles and responsibilities of an ISA Level 1 or equivalent level Surf Coach. References to lifeguarding and patrolling have been replaced with guidance specific to surf coaching activities and to emphasise the reliance on the “Coach in Charge” of an in water session to provide basic safety and rescue cover. It relies on effective and continuous risk assessment and management and this should be borne in mind by the Trainer Assessor

This award establishes a minimum standard for safety and rescue knowledge and competence for surf coaches organising and leading surf coaching and training activities operating primarily in wading depth water and as appropriate to the participants experience and physical competence at that level. If coaching activity is to be undertaken in more challenging conditions and in primarily swimming depth water at higher levels of technical skill coaching then the TA should make candidates fully aware that SLSGB would recommend that Coaches should hold the full SURF or NVBLQ Beach Lifeguard Award (See Award Specification).

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TA Guidance

The table below highlights criteria that have been removed edited or added as well as reference to its teaching resource. **All other criteria remain in the award content**

criteria number	Previous criteria	New unit	New criteria	Reason for change	Teaching resource
Old award unit-Beach Patrolling					
1.1	Beach risk assessment		Removed from this unit and added to the Aquatic Safety Management unit		Myagi Power Point- Aquatic Safety Management
1.2-1.4	Lifeguard patrol methods, Patrol equipment, beach zoning		Removed from course content- irrelevant to the role of a surf coach		
2.1-2.4	What is a lifeguard, roles and responsibilities of a lifeguard	Working Practices for a surf coach lifesaver	What is a Surf coach lifesaver, roles and responsibilities of a surf coach lifesaver	Specific to the role of a surf coach rather than a lifeguard	Myagi power point-working practices for a surf coach lifesaver
2.7-2.8	Lifeguard structure and techniques	Removed from the award	Content was focused on lifeguard patrolling and is irrelevant to this award		
Old award unit-Working Practices					
1.1	Lifeguard priorities	Aquatic Safety Management for a Surf coach	Surf Coach Lifesaver priorities		Myagi power point- Aquatic Safety Management for a Surf Coach
LO 2, 3	Understanding an NOP/LOP/EAP	Aquatic Safety Management for a Surf coach	Criteria remain the same		Myagi power point- Aquatic Safety Management for a Surf Coach
LO 4	Importance of working with others	Working Practices for a surf coach lifesaver	.1 different emergency services .2 Assisting the emergency services .3 Summoning emergency services		Myagi power point-working practices for a surf coach lifesaver
LO 5.1 5.3	Record keeping Incident reporting	Working Practices for a surf coach lifesaver	Criteria remains the same		Myagi power point-working practices for a surf coach lifesaver
LO5.2	Daily log	Removed from the award			

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Old award unit-Communication					
1.1-1.2	Lifeguard to lifeguard communication methods	Working Practices for a surf coach lifesaver	Surf coach to Surf Coach lifesaver communication	Communicating with another surf coach or the patrolling lifeguards when assistance is required	Myagi power point-working practices for a surf coach lifesaver
2.1-2.5	Communicating with the public	Working Practices for a surf coach lifesaver	Communicating with activity session participants, dealing with confrontation, safety advice for future participation,		Myagi power point-working practices for a surf coach lifesaver
3.3	Channel 16 and the lifeguard channel	Removed from the award	SLSGB advise any surf coach working independently or surf coaches operating for a surf school or activity centre who have access to handheld VHF radios or who uses VHF radios as part of normal operating procedures should undertake the necessary training and gain the certification required to use VHF radios		
LO4	Transmitting and receiving radio signals	Removed from the award			
LO5	Distress and emergency procedure	Removed from the award			
LO6	Maintaining radio equipment	Removed from the award			
Old award unit-Beach Environment					
LO1-5	Tides, waves, rip currents, hazards	Surf environment	Criteria remains the same		Myagi power point-The surf environment
LO 5		Surf environment	5.2 Hazards associated with estuaries and fluvial location	Criteria covers river mouth locations for surf activity sessions	Myagi power point-The surf environment
LO5		Surf Environment	LO6.1; Beach /water quality information access LO6.2-4; Effects of cold water shock, safe cold water entry	To provide guidance on the dangers associated with immersion in cold water	Myagi power point-The surf environment
Old Award Unit-Surfboard Rescue and Fitness					
1.1	Hand signals	Surf Coach Fitness	Criteria remains the same		
2.1	200m open water swim	Surf Coach fitness	3.1; 100m run, 100m sea swim, 100m run	To test fitness capabilities against common rescue requirements	

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LO 3	Demonstrate the use of a participants board to rescue an unconscious and conscious casualty	Coach safety and rescue techniques	Assessment task remains the same however, candidates can demonstrate rescue method appropriate to the equipment available during the coached activity session. This includes swim rescues if appropriate		
<p>Basic Life support, Level 1, level 2 and Paediatric life support all remain with the same assessment criteria- TA's are encouraged to teach CPR using QCPR resus Annie's to ensure correct technique is being practiced and demonstrated</p>					
<p>Old Award Unit-Spinal Extraction from Water</p>					
LO1	Identifying a suspected spinal injury	Casualty Rescue and Care	Will vary on Airway maintain Stabilise decision based on location and consciousness-process in line with move on Lifeguard manual. Spinal Lift removed Mils A4V Jaw Thrust in		
		Casualty Rescue and Care	LO4- Managing a suspected spinal injury when working alone	Many surf activity sessions operate with one or two surf coaches in attendance. In such cases we do not recommend using the spinal lift and extraction	
<p>New Award unit-Aquatic Safety Management for a Surf Coach</p>					
LO5.1			Explain RIDDOR and the coach's responsibility within		Myagi Power Point- Aquatic Safety Management for a Surf Coach
5.2			Explain the term "negligence"		Myagi Power Point- Aquatic Safety Management for a Surf Coach
5.3			Describe the basic outline of the Equality Act 2010		Myagi Power Point- Aquatic Safety Management for a Surf Coach

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LO 6.1			Understanding your duty of care to your participants		Myagi Power Point- Aquatic Safety Management for a Surf Coach
6.2			Understanding your duty of care to members of the general public		Myagi Power Point- Aquatic Safety Management for a Surf Coach
6.3			Understanding your duty of care when operating within a lifeguard patrol zone		Myagi Power Point- Aquatic Safety Management for a Surf Coach
New Award unit- Safety and Rescue Techniques					
LO 1			Demonstrate safe approach to a casualty, securing them securely to their board, keeping them calm and reassured, signalling that support is needed. Giving advice to session participants on using their board as a safety/flotation device, signalling for assistance and remaining calm until help arrives. Paddling adjacent to the beach into a safer area		
LO 3			Demonstrate a rescue of a conscious casualty using any piece of rescue/coaching equipment that may be used during a coaching session	Assessment covers the surf instructor's competence to identify and use any piece of equipment that may be available to them during a coaching activity session to perform a rescue of a conscious casualty. Equipment includes surf board, body board, rescue tube, rescue board, throw line etc.	

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CPD Requirements		
200m timed swim	This is a minimum fitness measure for a surf coach to demonstrate the physical ability to undertake lifesaving activity	
CPR	Experience has shown that regular tests of competency are required. QCPR resus Annie's provide an accurate reading to show how effective chest compressions and rescue breaths actually are and to highlight which stage/stages of the technique must be improved.	