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## **SLSGB Young Person Guidance for Club Activity:- Health and Welfare**

### **Under 16**

Although some of the SLSGB Rescue, Lifeguard and First Aid awards (as listed below) have an assessment age that permits young people under the age of 16 to undertake the awards, special care must be taken to ensure that in any club volunteer activity they are not allowed to do anything which is likely to be harmful to their safety, health and development. Particular attention must be given to age, physical development lack of experience, and other things that could be a risk to their health and safety. Common sense needs to be applied but not at the risk of putting young people in a situation beyond their capability.

### **It is therefore recommended that:-**

A young person **under the age of 14** is never asked to undertake safety cover in any capacity.

**Those who are 14 and under 16** are only asked to undertake safety cover if they are supernumerary and do not form part of the safety cover ratios required to comply with the risk assessment for the activity and are at all times supervised by a qualified lifeguard.

Special care must be taken not to expose this age group to exposure to incidents likely to cause distress or psychological harm.

### **All under 18**

All under the age of 18 are Young People subject to the SLSGB Safeguarding code of practice and

### **List of Applicable Awards**

- Surf Lifesaver
- Tube Rescuer
- Rescue Board Paddler
- Aquatic First Aid
- Graduate Lifeguard Programme
- Beach Lifeguard Support