

AWARD SPECIFICATION



Nipper Lifesaver Bronze

Minimum Age at Assessment:	7 years of age
Minimum Guided Learning Hours:	Not Applicable this is a progressive development award
Pre-Requisites:	A valid member of SLSGB
Validity:	Indefinite
Continuous Professional Development (CPD):	Not Applicable
Trained By:	Level 1 Coaches supervised directly by Level 2 Coaches Level 2 Coach
Assessed By:	Level 1 or 2 Coach (This can be coach assessed)
Assessment Fee:	£7
Units to be taken in order to achieve this Award:	Nipper Lifesaver Bronze Knowledge Nipper Lifesaver Bronze Ocean Star Nipper Lifesaver Bronze

Award Aims:

This award exists to build the confidence of the participants giving them the knowledge and skills to become a competent lifesaver. Participants will be able to enjoy the beach environment and have fun whilst knowing how to stay safe.

Award Learning outcomes:

Candidate must be able to demonstrate that they can perform the following criteria competently:

Knowledge	Performance
I know where the club house or meeting point is	I can signal and call out for help
I know how to register before and after a surf lifesaving session	I have had fun playing a variety of beach games
I know where the changing facilities are	I have had fun exploring my beach at low and high tide
I know where the nearest toilets are	I can run into the shallow water and jump over small waves
I know who my surf lifesaving coach is	I can lie down in shallow water and let waves wash over the top of me
I know who to go to if I need some help	I have had fun playing a variety of games in shallow water
I know what I should wear whenever I come to surf life saving	I have taken part in a range of beach team games
I know where to get drinking water from	I have taken part in a range of individual beach games
I know who to speak to at my club if someone makes me feel upset	I can wade through knee depth water
I know where the litter bins are	I can charge through waves
I know why I should always tell someone where I am going	I can swim 25 metres in a swimming pool
I know how to identify a lifeguard	I can tread water in a swimming pool for two minutes
I know where the lifeguards will be patrolling	I can float on my back in the swimming pool for two minutes
I know why it is important to always be with someone when I go into the water	I have attempted and practised how to dolphin dive over small waves
I know why I should go into the sea between the red and yellow flags	I have attempted and practised how to body surf back to shore
I know what it means when I hear a Lifeguard blow their whistle once	I can use a Nipper board or body board as flotation support
I know what the signal for return to shore is	I can swim 100 metres in flat conditions and within my own depth
I know what other creatures I share the beach and sea with	I can carry a Nipper board into the sea safely
I know the number to call when phoning the Coastguard or emergency services	I can paddle a nipper board 150 metres in flat water
I know three types of waves that I see at my beach	I can catch a small wave on a Nipper board
	I can complete water skills races

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Assessment Process:

This award is assessed over a number of club sessions until the coach is competent that the candidates can achieve the above desired outcomes.

Typical format of delivery:

During club sessions

Supporting Information:

Guidance:	There is no timeframe in which this award needs to be achieved by
Resources Available:	Nipper Lifesaver Logbook Nipper Lifesaver Bronze Knowledge Certificate Nipper Lifesaver Bronze Ocean Star Lapel Pin Badge Nipper Lifesaver Bronze Certificate
MIS (Membership Information System):	This award must be registered on MIS and candidates enrolled prior to the assessment taking place
Online Learning Environment:	Not Applicable
Recognition of Prior Learning:	Not Applicable
Progression:	Nipper Lifesaver Silver