

# AWARD SPECIFICATION



## Beach Lifeguard Support

<b>Minimum Age at Assessment:</b>	14 -16 years - May provide supervised supernumerary beach based Lifeguard cover 16 years - May provide fully competent Beach Based Lifeguard cover <b>*IMPORTANT Please see the National Safety Guide for detailed guidance on the use and application of this award for safety cover *</b>
<b>Minimum Guided Learning Hours:</b>	25 GLH
<b>Pre-Requisites:</b>	Be an existing member of SLSGB Be able to run 200m in under 1 min
<b>Validity:</b>	24 months from assessment, then 12-month annual proficiency (as long as validity has not lapsed)
<b>Continuous Professional Development (CPD):</b>	Not Applicable
<b>Trained By:</b>	SLSGB Trainer Assessor
<b>Assessed By:</b>	SLSGB Trainer Assessor
<b>Assessment Fee:</b>	£25
<b>Units to be taken in order to achieve this Award:</b>	<ul style="list-style-type: none"><li>• Beach Environment</li><li>• Beach Patrolling</li><li>• Working Practices</li><li>• Communications</li><li>• Level 1 First Aid</li><li>• Basic Life Support</li><li>• Level 2 Intermediate First Aid</li><li>• Paediatric Life Support</li><li>• Fitness Test</li></ul>
<b>Award Aims:</b>	
This award will enable participants to provide a first aid function to a water safety team for basic life support and basic first aid and assist with rescues in shallow water; up to knee depth	
<b>Award Learning outcomes:</b>	
<ol style="list-style-type: none"><li>1. Demonstrate the knowledge and skills to work as a Beach Lifeguard within a beach environment</li><li>2. Demonstrate by achievement of 100% pass of the Myagi module Mastering the Skill of Seeing Accurately</li><li>3. Demonstrate the knowledge and skills needed to Patrol a Beach as a Lifeguard</li><li>4. Demonstrate an understanding of the working practices that are in place when working as a Beach as a Lifeguard</li><li>5. Demonstrate an understanding of the different communication methods available to Lifeguards</li><li>6. Demonstrate an understanding of the basic skills and knowledge to administer basic life support.</li><li>7. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment.</li></ol>	
<b>Assessment Process:</b>	
This course can be Trainer Assessed Learners will be assessed using a variety of assessment methods. These are inclusive of, but not limited to: <ul style="list-style-type: none"><li>➤ Observation and Oral Questioning</li><li>➤ Practical demonstration</li></ul>	
<b>Typical format of delivery:</b>	
25 Guided Learning Hours delivered over a number of set weeks (please note that 25 GLH is only the minimum hours that must be delivered, if candidates require additional training then additional hours can be added on)	
<b>Supporting Information:</b>	
Guidance:	➤ This award will combine theory and practical activities (land and water based)
Resources Available:	<ul style="list-style-type: none"><li>➤ Lifeguard Award Trainer Assessor Checklist</li><li>➤ Lifeguard Manual</li><li>➤ Myagi online learning resources</li></ul>
Online Learning Environment	For access to this section of the online learning environment please email

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(Myagi):	<a href="mailto:mail@sls.gb.org.uk">mail@sls.gb.org.uk</a> who will allocate you a login
Recognition of Prior Learning:	We do not accept recognition of prior learning for this award
Progression:	Tube Rescuer or Rescue Board Paddler award