

# AWARD SPECIFICATION



## Graduate Lifeguard Programme

<b>Minimum Age at Assessment:</b>	16 years of age
<b>Minimum Guided Learning Hours:</b>	Not Applicable this is a 3 year progressive development award
<b>Pre-Requisites:</b>	A valid member of SLSGB
<b>Validity:</b>	Indefinite
<b>Continuous Professional Development:</b>	Not Applicable
<b>Trained By:</b>	SLSGB Trainer Assessor
<b>Assessed By:</b>	SLSGB Verifying Trainer Assessor
<b>Award Fee:</b>	Year 1 Registration Fee - £35 TBC Year 2 Registration Fee - £35 Year 3 Registration Fee - £35
<b>Units to be taken in order to achieve this Award:</b>	<ul style="list-style-type: none"> <li>• Beach Environment</li> <li>• Beach Patrolling</li> <li>• Working Practices</li> <li>• Communications</li> <li>• Level 1 Basic First Aid</li> <li>• Basic Life Support</li> <li>• Level 2 Intermediate First Aid</li> <li>• Paediatric Life Support</li> <li>• Pool Based Practical</li> <li>• Foundation Tube Rescuer</li> <li>• Foundation Ocean Board Rescuer</li> <li>• Coastal Surveillance Patrol</li> <li>• Young Lifeguard Leader</li> </ul>
<b>Award Aims:</b>	
<p>The award aims to prepare the candidate for the SLSGB NVBLQ or Surf Lifeguard award which can be assessed on or after the candidates 16<sup>th</sup> birthday. The full award content encourages the Graduates to learn, practice and develop over an extended period of time to ensure that Lifesaving skills are fully embedded before final Lifeguard assessments are undertaken. The award also aims to help prevent drowning through peer to peer education and training within the Graduates community. The Graduate Lifeguard Programme will help to develop and prepare the candidate for patrolling as part of the SLSGB National Patrol Framework and club search and rescue capability.</p>	
<b>Award Learning outcomes:</b>	
<ol style="list-style-type: none"> <li>1. Demonstrate an understanding of the underpinning knowledge and skills to work as a Beach Lifeguard within a beach environment</li> <li>2. Demonstrate an understanding of the knowledge and skills needed to Patrol a Beach as a Lifeguard</li> <li>3. Demonstrate an understanding of the working practices that are in place when working as a Beach as a Lifeguard</li> <li>4. Demonstrate an understanding of the different communication methods available to Lifeguards</li> <li>5. Demonstrate basic skills and knowledge to administer basic life support.</li> <li>6. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment.</li> <li>7. Demonstrate that they can meet the practical fitness requirements needed to act as a Beach Lifeguard.</li> <li>8. Demonstrate a level of competence in paddling a rescue board that would give them the capability to act as supporting water cover for Surf Life Saving sessions</li> <li>9. Demonstrate a level of competence at carrying out a rescue using a rescue tube that would give them the capability to act as supporting water cover for Surf Life Saving sessions</li> <li>10. Demonstrate their understanding of dangers and suitable advice to help their local community stay safe</li> <li>11. provide reactive preventative action and education within the community. Through training of environmental observation and understanding of human behaviour and observed changes in behaviour.</li> </ol>	

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## Assessment Process:

Assessment can take place for individual awards at any point during the programme and as soon as the candidate is ready for formal assessment.

This qualification must be assessed by an SLSGB Trainer Assessor

The assessment may be conducted in a unitised form at the request of the Trainer Assessor

Typical assessment will use various assessment modes to include;

- Online Tests
- Physical Fitness Tests
- Water based Practical
- Role Play and scenario based assessment
- Theoretical test of knowledge

## Typical format of delivery:

The Graduate Lifeguard Programme is a flexible award and can be delivered in a way that suits the club and the Candidate

## Supporting Information:

Guidance:	<p>Training to be a beach lifeguard involves physical exertion in both indoor pool and outdoor environments. The open water environment also involves variable temperatures of cold water. If a candidate has any medical condition which might impair them they would be advised to contact their GP before undertaking the training course.</p> <p>Candidates should be able to dive, without risk to their hearing, to a maximum depth of 2m. It may be appropriate for candidates to seek medical advice with regard to diving to depths greater than 1.5m.</p>
Resources Available:	<p>Graduate Lifeguard Programme Log Book Trainer Assessor Guide Myagi SLSGB Lifeguard Manual SLSGB First Aid Manual</p>
MIS (Membership Information System):	<p>Not Applicable</p>
Online Learning Environment:	<p>For access to this section of the online learning environment please email <a href="mailto:mail@slsgb.org.uk">mail@slsgb.org.uk</a> who will allocate you a login</p>
Recognition of Prior Learning:	<p>N/A</p>
Progression:	<p>It is possible to progress on to the SLSGB Trainer Assessor programme or to the Patrol Captain Award at 18 years of age</p>