

# AWARD SPECIFICATION



## Level 1 Emergency First Aider

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| <b>Scope:</b>  | <b>*IMPORTANT Please see the National Safety Guide for detailed guidance on the use and application of this award*</b>   |
| <b>Minimum Age at Assessment:</b>  | 8 years of age   |
| <b>Suggested Guided Learning Hours:</b>  | 8 GLH  |
| <b>Pre-Requisites:</b>   | Be an existing member of SLSGB   |
| <b>Validity:</b>   | 12 months from the date of assessment, thereafter submission of annual CPD in accordance with SLSGB guidelines for First Aid Qualifications.   |
| <b>Continuous Professional Development (CPD):</b>  | You are required to submit evidence of practical CPR CPD on an annual basis  |
| <b>Trained By:</b>   | Trainer Assessor   |
| <b>Assessed By:</b>  | Trainer Assessor (This award can be Trainer Assessed)  |
| <b>Assessment Fee:</b>   | £3   |
| <b>Units to be taken in order to achieve this Award:</b>   | <ul style="list-style-type: none"> <li>• Basic Life Support</li> <li>• Level 1 Basic First Aid</li> </ul>  |
| <b>Award Aims:</b>   |  |
| This award will Establish a level of competence to administer basic life support and first aid skills for minor injuries along with how to use an Automated External Defibrillator (AED) safely alongside First Aid Incidents.   |  |
| <b>Award Learning outcomes:</b>  |  |
| By the end of this award all candidates should be able to;   |  |
| <ol style="list-style-type: none"> <li>1.1. Understand the role of the first-aider, including reference to: the importance of preventing cross infection; the need for recording incidents and actions; use of available equipment;</li> <li>1.2. Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;</li> <li>1.3. Administer first aid to an adult casualty who is unconscious (including seizure);</li> <li>1.4. Administer cardiopulmonary resuscitation to an adult casualty who is not breathing;</li> <li>1.5. Administer first aid to an adult casualty who is choking;</li> <li>1.6. Administer first aid to a casualty who is wounded and bleeding;</li> <li>1.7. Administer first aid to a casualty who is suffering from shock;</li> <li>1.8. Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, Bites and stings and small splinters).</li> </ol> |  |
| <b>Assessment Process:</b>   |  |
| This course can be Trainer Assessed<br>Learners will be assessed using a variety of assessment methods. These are inclusive of, but not limited to:  |  |
| <ul style="list-style-type: none"> <li>➤ Observation</li> <li>➤ Oral Questioning</li> <li>➤ Simulation</li> </ul>  |  |
| <b>Typical format of delivery:</b>   |  |
| 8 Guided Learning Hours delivered over a number of set weeks or over 1 full day (please note that 8 GLH is only the minimum suggested hours that must be delivered, if candidates require additional training then additional hours can be added on, or alternatively if competence is met prior to full GLH, candidates can be put forward for assessment)  |  |
| <b>Supporting Information:</b>   |  |
| Guidance:  | <ul style="list-style-type: none"> <li>➤ This award will combine theory and practical activities (land based)</li> <li>➤ Candidate will be trainer assessed as the award is delivered</li> </ul>   |
| Resources Available:   | <ul style="list-style-type: none"> <li>➤ Level 1 Emergency First Aider Assessment Checklist</li> <li>➤ Basic First Aid Unit Outcomes</li> <li>➤ Level 1 First Aid Unit Outcomes</li> <li>➤ SLSGB Lifeguard Manual</li> <li>➤ SLSGB First Aid Manual</li> </ul> |

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| MIS (Membership Information System): | Not Applicable   |
| Online Learning Environment (MYAGI)  | There are online learning workshops available for this course. For access to this section of the online learning environment please email <a href="mailto:mail@smsgb.org.uk">mail@smsgb.org.uk</a> who will allocate you a login |
| Recognition of Prior Learning:       | We do not accept recognition of prior learning for this award  |
| Progression:                         | Level 2 First Aider, Rescue Board Paddler or Tube Rescuer awards or; complete the additional units that build up to the National Vocational Beach Lifeguard Qualification  |