

SLSGB ASSESSOR CHECKLIST



Surf Lifeguard

Club/ATC											Date		
Assessor 1											Signature 1		
Assessor 2											Signature 2		
Candidate initials													
Unit - Pool Based Practical													
400m in under 7 mins 30 sec (Record time for each person)													
200m Beach run in under 40 secs													
Safe approach to casualty and defence													
2 releases (in pool or ocean)													
2 tows over a 25m distance (in pool)													
15m swim, 1.8m surface dive, mannequin tow to pool side													
Unit Result - Competent (C) /Not yet Competent (NC)													
Unit – Foundation Board Rescuer													
Hand Signals													
Safety points – Board													

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400m Board paddle/negotiating swell/ 360 degree left and right turn										
200m board paddle/conscious and unconscious rescue/EAV/aftercare										
2 person carry										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – Foundation Tube Rescuer										
Tube Safety points										
200m run/100m swim/conscious rescue/200m run										
50m run/25m swim/ un-conscious rescue/Deep water EAV/return to shore/2 person drag										
50m swim/1.5m surface dive/unaided tow to shore/aftercare										
Unit Result - Competent (C) /Not yet Competent (NC)										
Units – Beach Environment/Beach Patrolling/Working Practices/Communication										
Completed Online Learning Environment Tests OR										

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<p>10 questions answered correctly from each area on assessment day:</p> <ul style="list-style-type: none"> • Beach Environment • Beach Patrolling • Working Practices • Communication 										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – Basic Life Support										
Scene assessment and safety										
Primary Survey										
Turning patient (prone to supine)										
Secondary Survey										
Action for vomit (log roll)										
Recovery position and aftercare										
Adult one person CPR (Cardiac Arrest)										
Adult one person CPR (Drowning)										
Adult Choking										
Child CPR										
Child Choking										

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Infant CPR										
Infant Choking										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – First Aid										
Completed Online Learning Environment Tests OR										
10 questions answered correctly on First Aid										
Practical Management of a First Aid Scenario										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – Spinal Extraction										
Spinal Lift and carry (5 person)										
Log Roll – Action for vomit										
Resuscitation on an unconscious/non-breathing casualty										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – Oxygen Administration										
Administer oxygen to a conscious breathing adult casualty (face mask)										
Administer oxygen to a										

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conscious breathing adult casualty (resuscitation pocket mask)										
Explain the cylinder and flow rates										
Unit Result - Competent (C) /Not yet Competent (NC)										
Unit – Radio Communications										
Answered correctly verbal questions on radio communications										
Demonstrate correct protocol in a radio conversation										
Unit Result - Competent (C) /Not yet Competent (NC)										
Overall Qualification Result:										
Overall Result – Competent (C)/Not yet competent (NC)										