

AWARD SPECIFICATION



Beach Lifeguard Support

Minimum Age at Assessment:	14 -16 years - May provide supervised supernumerary beach based Lifeguard cover 16 years - May provide fully competent Beach Based Lifeguard cover *IMPORTANT Please see the National Safety Guide for detailed guidance on the use and application of this award for safety cover *
Minimum Guided Learning Hours:	25 GLH
Pre-Requisites:	Be an existing member of SLSGB Be able to run 200m in under 1 min
Validity:	24 months from assessment, then 12 month annual proficiency (as long as validity has not lapsed)
Continuous Professional Development (CPD):	Not Applicable
Trained By:	SLSGB Trainer Assessor
Assessed By:	SLSGB Trainer Assessor
Assessment Fee:	£20
Units to be taken in order to achieve this Award:	<ul style="list-style-type: none"> • Beach Environment • Beach Patrolling • Working Practices • Communications • Level 1 First Aid • Basic Life Support • Level 2 Intermediate First Aid • Paediatric Life Support
Award Aims:	
This award will enable participants to provide a first aid function to a water safety team for basic life support and basic first aid and assist with rescues in shallow water; up to knee depth	
Award Learning outcomes:	
<ol style="list-style-type: none"> 1. Demonstrate the knowledge and skills to work as a Beach Lifeguard within a beach environment 2. Demonstrate the knowledge and skills needed to Patrol a Beach as a Lifeguard 3. Demonstrate an understanding of the working practices that are in place when working as a Beach as a Lifeguard 4. Demonstrate an understanding of the different communication methods available to Lifeguards 5. Demonstrate an understanding of the basic skills and knowledge to administer basic life support. 6. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment. 	
Assessment Process:	
<p>This course can be Trainer Assessed</p> <p>Learners will be assessed using a variety of assessment methods. These are inclusive of, but not limited to:</p> <ul style="list-style-type: none"> ➤ Observation and Oral Questioning ➤ Practical demonstration 	
Typical format of delivery:	
25 Guided Learning Hours delivered over a number of set weeks (please note that 25 GLH is only the minimum hours that must be delivered, if candidates require additional training then additional hours can be added on)	
Supporting Information:	
Guidance:	➤ This award will combine theory and practical activities (land and water based)
Resources Available:	<ul style="list-style-type: none"> ➤ Lifeguard Award Trainer Assessor Checklist ➤ Lifeguard Manual
Online Learning Environment (OLE):	For access to this section of the online learning environment please email mail@slsgb.org.uk who will allocate you a login
Recognition of Prior Learning:	We do not accept recognition of prior learning for this award
Progression:	Tube Rescuer or Rescue Board Paddler award