

AWARD SPECIFICATION



Level 2 Lead Coach

Minimum Age at Assessment:	18 years of age
Minimum Guided Learning Hours:	16 GLH (Plus an additional 10 hours of recorded coaching activity and the submission of 3 coaching plans to be reviewed by Coach Tutor)
Pre-Requisites:	<ul style="list-style-type: none">• Member of SLSGB• Holds a SLSGB Level 1 Coaching Award and logged at least 10 hours of delivery
Validity:	2 years from the date of assessment - thereafter completion of a SLSGB Coach Update every two years
Continuous Professional Development (CPD):	Submission of 10 hours of SLSGB Coaching Activity on an annual basis. SLSGB advise completion additional coaching activities including the attendance of workshops or the reading of relevant articles to aid your coaching role.
Trained By:	SLSGB Coach Trainer
Assessed By:	SLSGB Coaching Trainer
Assessment Fee:	£130
Units to be taken in order to achieve this Award:	<ul style="list-style-type: none">• Coaching Fundamentals• Preparing, Delivering and Evaluating a series of coaching sessions• Safe and Equitable Coaching• Developing Performance• Safeguarding• Aquatic Safety Management
Award Aims:	
This award will give learners the opportunity to demonstrate the knowledge and skills required to act as a Level 2 Lead Coach for SLSGB training sessions and be assessed against coaching criteria. On successful completion of this award learners will be given approval to deliver and lead SLSGB Surf Life Saving Coaching Activities.	
Award Learning outcomes:	
By the end of this course all learners will be able to: <ul style="list-style-type: none">• Explain the principles of coaching• Demonstrate their ability to prepare, deliver and evaluate a series of coaching sessions• Explain how to maintain a safe and equitable coaching environment• Describe the principles of skills development that can impact on coaching sessions• Describe how to safeguard members of the club and SLSGB• Describe good practice principles in relation to running safe session in an aquatic environment	
Assessment Process:	
Candidates on this course will usually be assessed by the Coach Trainer that delivered their training, to include; <ul style="list-style-type: none">• Completion of course worksheets• Verbal Question and answering• Contribution to group discussions and content• Leading of practical activities throughout the course duration• Log of 10 hours as a Level 2 Probationary Coach, along with the submission of 3 coaching plans, 3 session reviews and accompanying risk assessments to be approved by an SLSGB Coach Tutor	

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Typical format of delivery:

This is a two day classroom based course (although practical may also be included in the water at the discretion of the Coach Trainer) followed by 10 hours of logged lead coach activity to be submitted and approved by a relevant Coach Tutor.

Supporting Information:

Guidance:	<ul style="list-style-type: none">• This Level 2 Course will combine theory and practical activities (land based)• Candidate is required to complete course workbook throughout the course• Candidate is then required to log 10 hours CPD annually in their training log or online via MIS
Resources Available:	<ul style="list-style-type: none">➤ SLSGB Level 2 Coaching Pathway Guide➤ SLSGB Level 2 Workbook and Assessment Workbook➤ SLSGB National Safety Guide➤ SLSGB Coaching and Training toolkit
MIS (Membership Information System) Access:	Not Applicable
Online Learning Environment (OLE):	<ul style="list-style-type: none">➤ You will be sent access to the SLSGB OLE on registration and payment for the course, you will then be required to complete the Safeguarding and Aquatic Safety Management tests prior to attendance on the course
Recognition of Prior Learning (RPL):	<ul style="list-style-type: none">➤ If you hold a Level 2 Coaching qualification for any other sport or governing body you can apply for recognition of prior learning which costs £30. Please download the Level 2 Coach RPL form from the Education Section of the SLSGB website.
Progression:	Once you have logged 10 hours CPD as a Level 2 Assistant Coach you could improve discipline specific knowledge and complete some of the SLSGB discipline workshops or apply to become an SLSGB Coach Trainer.