



Unit Assessment Sheet

01368 - SLSGB Nipper 1

Course Number	01368	Lead Trainer Name	
Course Type	SLSGB Nipper 1	Date	
Assessor 1		Signature	
Assessor 2		Signature	

Unit NIP01 - Nipper 1

Assessment Criteria			Candidate Names						
Learning Outcome 1.X Demonstrate basic surf safety skills and knowledge									
#	Definition	Example Evidence							
1.1	Demonstrate running into the sea								
1.2	Demonstrate going underwater as a wave passes								
1.3	Demonstrate jumping or charging through waves								
1.4	Demonstrate the ability to relax and float on the back in the sea for 30 seconds								
1.5	Demonstrate shout and signal for help								
1.6	Demonstrate providing a friend with a flotation device								
1.7	Identify 'Return to Shore', 'Proceed Further Out to Sea', 'Go Left' and 'Go Right' signals								
1.8	Understand one whistle blast for attract attention								

1.9	Perform 'Assistance Required' signal								
1.10	Identify recognised areas for safe swimming on beaches								
1.11	Identify dangerous areas for swimming on beaches								
1.12	Identify a lifeguard								
1.13	Recognise to only ever enter the water with another competent person, not alone								
Overall Result									
Competent / Not Yet Competent / Partial Pass									