

Surf Life Saving GB

Qualifications and Awards Guide

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Introduction **SLSGB** Qualifications and Awards

It is important you read and understand the SLSGB Qualifications and Awards pathways so that you access and deliver the appropriate awards to meet individual needs. Please read the SLSGB Qualifications and Awards guide for details of delivery and qualification specifications, as it will impact on how your club/training organisation administers the planned training provision for the year ahead.

SLSGB Qualifications and Awards have been split into the following pathways.

SLSGB EDUCATION PATHWAYS

SLSGB Educator Roles

Tutors, Trainers, Assessors, Area Training Officers and Inspectors, for quality assurance of SLSGB Qualified Roles

SLSGB Occupational Roles

Surf Life Saving occupational roles that provide water safety, coaching, event and centre support functions for voluntary and paid purposes

SLSGB Participant Awards

Developing Surf Life Saving skills, knowledge, fitness and competencies for participation and progression to SLSGB Qualified Roles

Accreditations

Centres and Clubs that are recognised for meeting standards of good practice in Surf Life Saving activities, e.g. patrolling, events, education and club standards

A more detailed overview of each section can be found in the specific descriptions and brochures of each of the education pathways. For more information please contact SLSGB by email education@slsgb.org.uk or call 01392 218007.

Documents are also available on the SLSGB document store' by entering the following link:
<http://slsgb.force.com/documents>

SLSGB Educator Roles Overview

SLSGB Educator roles ensure that the individuals meet the designated requirements for training delivery and quality assurance of SLSGB Qualifications, Awards and Accreditation schemes.

The following is an overview of the roles that are available and the typical path of progression.

Overview of SLSGB Educator roles

Role	Overview of Role
Trainer	Trains candidates and participants for a specific qualified role or designated award and undertakes assessments of 'Trainer Assessed' criteria
Assessor	Assesses the level of the candidate and the Trainer's delivery of the qualification
Area Quality Assurance & Support Officer	Supports and verifies that Trainers and Assessors are correctly undertaking their assessments and are meeting the appropriate standards for training delivery. Support and advice provided to Trainers and Assessors, as appropriate. RLSO's may be acting in this role in a number of areas
Tutor	Trains the Trainers/Coaches and Assessors
National Training Officer	Coordinates, supports and monitors the Area Quality Assurance and Support Officers work to ensure appropriate standards are maintained
Inspector	Supports and inspects centres, clubs, regions, organisers and Area Quality Assurance and Support Officers to ensure that they meet the requirements of the specific role or centre accreditation

How do I find an SLSGB Educator so that I can run a course?

Please contact your local Surf Life Saving Club, Centre or Region to find your nearest active SLSGB Trainer, Assessor, Verifier or Tutor. They can help you organise and run a course. Alternatively, you can view available courses on our website www.sls.gb.org.uk or contact education@sls.gb.org.uk or call 01392 218007.

How do I become an SLSGB Educator?

If you wish to become a Trainer, Assessor, Area Quality Assurance & Support Officer, Tutor or Inspector yourself and feel that you have the skills, knowledge and experience to meet the criteria specified in the SLSGB Qualifications and Awards Guide document, please contact education@sls.gb.org.uk



SLSGB Qualified Roles Overview

The following is an overview of the Surf Life Saving specific remits that SLSGB members may aim to fulfil, to help create safer and fitter communities on Britain's beaches. The details of what is involved when working towards each of the roles can be seen in the relevant SLSGB Qualifications and Awards Guide descriptions.

How do I get involved?

SLSGB members may enrol on courses with their local SLSGB Trainers in their SLSGB Club, Centre or Region or may search for courses further afield by searching on www.sls.gb.org.uk for available courses. Alternatively, you can email education@sls.gb.org.uk or call 01392 218007.

SLSGB OCCUPATIONAL ROLES

Aim: To provide occupational roles for water safety, skills development and centre support functions for voluntary and paid purposes

REMIT	SURF SPORT COACHING	AQUATIC INDUSTRY SAFETY	WATER SAFETY FUNCTIONS	RESCUE AND LIFEGUARD	POWERCRAFT	EVENT SUPPORT	CLUB/CENTRE SUPPORT
QUALIFIED ROLES	<ul style="list-style-type: none"> Level 3 Coach (Performance & mentor) Level 2 Coach (Lead) Level 1 Coach (Assistant) IRB Specialist Pool Specialist Beach Specialist Nipper Specialist Ski Specialist Board Specialist Surf Swim Specialist 	<ul style="list-style-type: none"> Surfing Coach Safety and Rescue Coasteering Safety and Rescue Aquatic Safety Management Basic Surf Life Saving Safety Inland Waters Safety Awareness Surf Session Leader 	<ul style="list-style-type: none"> Beach Lifeguard Support First Responder Aquatic First Aider Radio Operator Tube Rescuer Rescue Board Paddler 	<ul style="list-style-type: none"> Lead Water Safety Officer Surf Lifeguard Beach Lifeguard Inland waters Lifeguard Surf Lifesaver 	<ul style="list-style-type: none"> RWC Driver Inshore Rescue Boat Driver Inshore Rescue Boat Crew Inshore Safety Boat Driver Inshore Safety Boat Crew 	<ul style="list-style-type: none"> Referee Beach & Ocean Official Pool Official IRB Official 	<ul style="list-style-type: none"> Training Officer Membership Officer Nipper Support Safeguarding
Note: For each remit, you may need to complete one or more of the qualifications listed above, depending on circumstance							
HOW TO UPDATE?	SLSGB UPDATE SESSIONS	PROFICIENCY TEST	PROFICIENCY TEST	PROFICIENCY TEST	PROFICIENCY TEST	SLSGB UPDATE SESSIONS	SLSGB UPDATE SESSIONS
Note: To ensure your qualification remains current, undertake the relevant update or proficiency prior to qualification expiry date							

Surf Sport Coaching Overview

Surf Sport Coaches deliver sessions to help participants progress through the National Surf Safety Awards - Nipper Surf Safety Awards, Surf Competency Awards and Higher Surf Competency Awards. The awards help individuals develop specific fitness, skill, tactical, and mental requirements within Surf Life Saving environments. Ultimately, the skills developed may allow participants to test their skills in competition, to provide water safety functions or purely use them in lifelong 'surf safe' participation.



Aquatic Industry Safety

This set of qualifications offers nationally recognised standards required by Surfing, Stand Up Paddle Boarding and Coasteering instructors to fulfil the relevant safety and rescue functions required. The awards are recognised by leading surf instructor certification schemes. This set also offers an award that meets the national requirements for persons who work or may be required to work, in, on or near waters, through the SLSGB Inland Water Safety Awareness Award and requirements for leading sessions in the surf or aquatic environment.

Water Safety Functions

Qualifications in this set offer the holder an opportunity to provide water safety support functions to aid qualified Rescue and Lifeguard cover at events, as well as volunteer patrols or training sessions. The awards include the Lifeguard Support board rescuer and tube rescuer awards for water-based functions. The set also offers land based opportunities to provide support through First Responder and Aquatic First Aid radio operation.

Rescue & Lifeguard

Qualifications include professional Beach Lifeguard, Surf Lifeguard and Inland Waters Lifeguard. These qualifications meet and exceed the standards recommended by the International Life Saving Federation (ILS), the RNLI Beach Lifeguard service, numerous council lifeguard services and event water safety providers. The Surf Life Saver award is also available for an entry level to providing water safety cover, as well as additional support to professional water safety teams.

Powercraft Operators

These are specialist qualifications for operators of Inflatable Inshore Rescue and Safety Craft as well as Rescue water Craft (RWC) Driver (a.k.a. jet ski), to operate within Water Safety and rescue teams.

Event Support

These are specialist roles for enhancing event water safety, as an addition to functions provided by Rescue and Lifeguard qualifications, water safety functions or SLSGB Higher Competency Awards. The qualifications provide an event control officer function for implementing event rules at Surf Life Saving based events and competitions as an Official or Referee.

Club/Centre Support

An expanding range of valuable functions are provided by officers and supporters in our voluntary Surf Life Saving Clubs and Accredited Training Centres. This club/centre support set of qualifications offers opportunities to develop the relevant knowledge to undertake the roles more effectively and help the club or centre to grow stronger, run more smoothly and be more efficient.

Updating and Proficiencies Overview

Each SLSGB qualified role may require attendance at SLSGB updates or completion of relevant proficiencies to remain as current/proficient within the SLSGB database. This is usually undertaken on an annual or bi-annual basis.



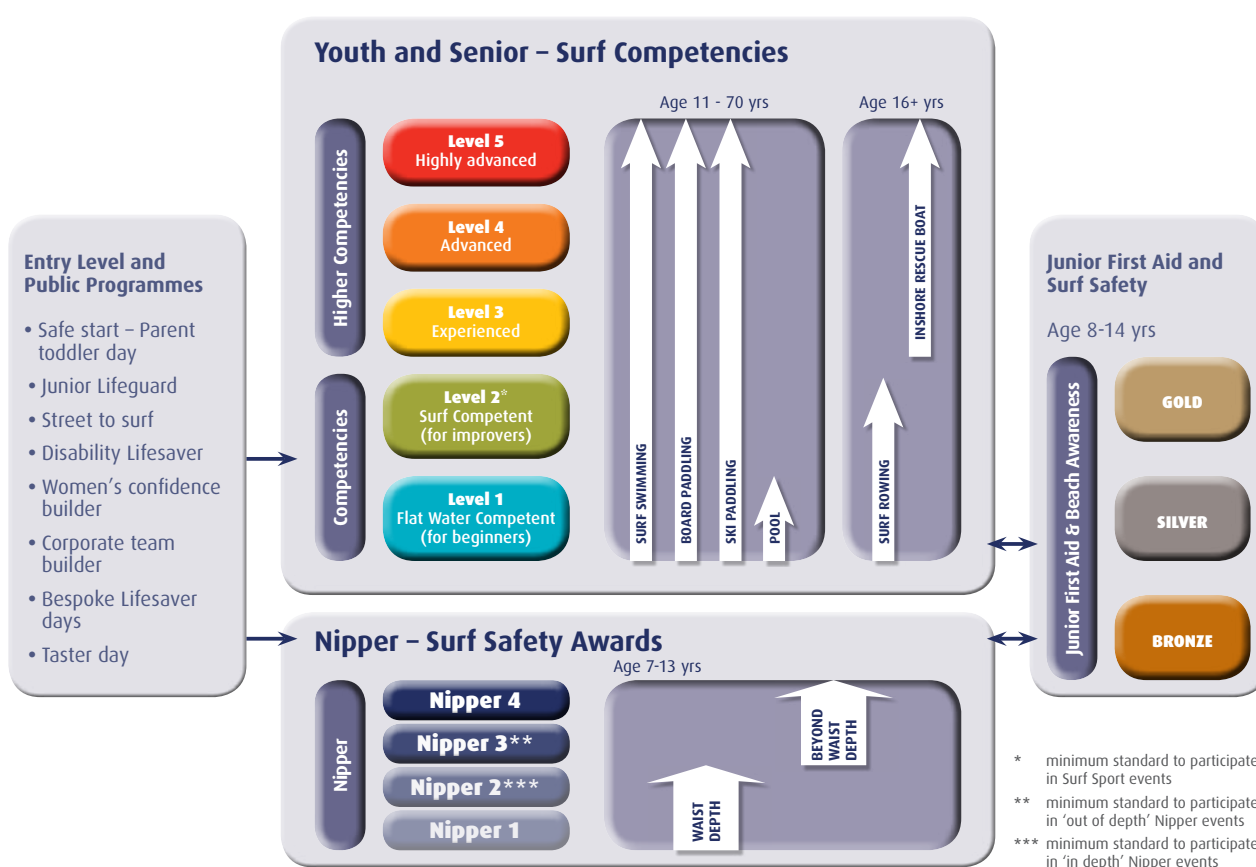
SLSGB Participant Level - National Surf Safety Awards

Developing awareness and personal competence in water safety skills is fundamental to enjoying safe use of the water. Competence and confidence are also key components in being able to help others in difficulty, to perform in water-based events, or even to become a Lifeguard. The SLSGB National Surf Safety Awards offer a path of progression for developing the relevant skills, knowledge, competence and confidence for a range of purposes, progressing from beginner through to expert levels.

The following table summarises the paths of progression available for the relevant disciplines and ability levels.

SLSGB PARTICIPANT LEVEL – NATIONAL SURF SAFETY AWARDS

Aim: To provide fitter, safer members of SLSGB and the public, for enjoying the sea and Britain's beaches



How do I get involved?

If you wish to develop the skills required to achieve these awards please contact your local SLSGB Coach or Trainer and start at the level that suits your needs. Alternatively, contact SLSGB for further information: education@slsqb.org.uk or call 01392 218007. Check out our website www.slsqb.org.uk for up coming course dates.

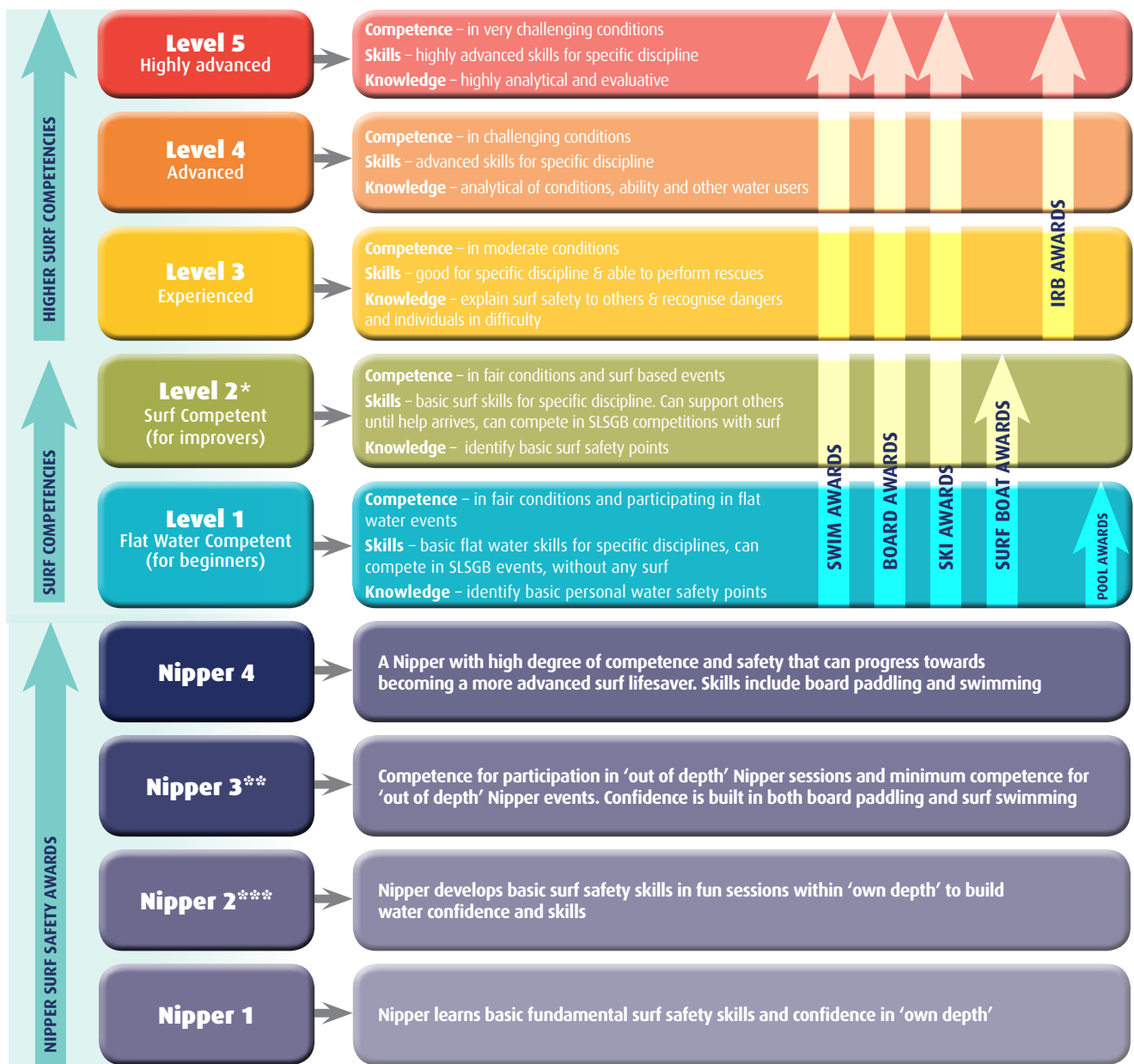
An overview of each set within the National Surf Safety Awards can be viewed in the following pages.

SLSGB Participant Level - Surf Safety and Surf Competency Awards

The SLSGB Surf Competency Awards offer a path of progression for developing the relevant skills, knowledge, competence and confidence for the purpose you wish to choose. A summary can be seen below, more detailed descriptions can be found in later sections of the SLSGB Qualifications and Awards Guide.

SURF & SAFETY SKILLS

For ages 11-70 years, developing from beginner through to advanced in Swim, Board, Ski, IRB, Surfboat or Pool events



* minimum standard to participate in surf sport events
 ** minimum standard to participate in 'out of depth' nipper events
 *** minimum standard to participate in 'in depth' nipper events

How do I get involved?

Contact your local SLISGB Club or Centre to organise an SLISGB Coach or Trainer to begin training. You may also email education@slisgb.org.uk or call 01392 218007, for further information.



SLSGB Centre/Club Accreditations

These accreditations allow centres to meet the required mandatory or good practice operating standards for varying areas of delivery in Surf Life Saving. Resources and support are provided to help reach the desired standards. Centres are also monitored and assessed to ensure standards are maintained.

Centre/Club Accreditation Overview

Accreditation Title	Overview	How to get started
SLSGB Total Club	Good practice criteria that recognise a Club achieving the broad range of delivery standards required to establish a strong Surf Life Saving Club in the community. Resources and Toolkits are available.	Register interest and agree a schedule of support and assessment with SLSGB
SLSGB Clubmark	Good practice criteria and recognition for clubs meeting standard delivery practices when catering for young members. Resources are available.	Register interest and agree a schedule of support and assessment with SLSGB
SLSGB Accredited Patrol	Mandatory requirements and operating criteria for establishing a recognised SLSGB patrol and meeting insurance requirements. Toolkits and resources are available.	Complete an SLSGB Patrol Declaration Form
SLSGB Accredited Event	Mandatory requirements and criteria for events that wish to run SLSGB disciplines and meet insurance requirements. Toolkits and resources are available.	Complete an SLSGB Event Accreditation Form
SLSGB Accredited Training Centre	Mandatory requirements and criteria for centres wishing to deliver SLSGB courses as a commercial entity and meet insurance requirements. Resources are available.	Complete an SLSGB Accredited Training Centre Agreement

The next step is to organise a suitable support schedule with SLSGB and then set an inspection date. Please contact SLSGB for further information or to gain agreement to proceed, email kmiddleton@slsgb.org.uk or call 01392 229827.

What if our Club/Centre isn't ready to complete all the criteria for one of the accreditations or we are just getting started?

Don't worry, you can get some of the basics in place before you progress to being recognised for the standards of an SLSGB Accreditation scheme. SLSGB has information for getting started and can offer advice and support to help you along the way. Please contact mail@slsgb.org.uk or call 01392 218007 for further information.



General Information

Candidates:

All course candidates or participants must be current SLSGB members for the duration of the course. Membership applications must be submitted with a course registration form online, using the SLSGB online administration system. This may be undertaken either as an individual or via the centre representative or specified course organiser.

Fees:

All fees payable to SLSGB in relation to qualifications and awards must be paid by the course organiser/candidates in advance, before the course payment deadline. The default payment deadline is within 48 hours of the registered course start date. If this does not occur, the designated candidates will be removed from the course registration. For courses that are to be delivered by SLSGB staff (e.g. an SLSGB Coaching Course) a bespoke deadline may be required. Typically, the fee for centrally delivered courses of this nature must be received two weeks prior to the course start date. This allows the organiser to assure that minimum candidate numbers and educator needs can be met appropriately.

Guided Learning Hours (GLH):

All guided learning hours are the recommended amount for the relevant qualification or award and serve only as guide to the approximate hours needed to complete the course. Submission for assessment should be based on competency to complete the assessment criteria rather than by number of hours course completion.

Validity of Qualifications and Awards:

Each qualification, award or accreditation may have a specified validity period. After this date the qualification or award will no longer be classed as current or active within the database. To ensure the award remains up to date the relevant method of updating that is specified in the criteria for the specific awards should be undertaken. This is to ensure that the individual remains fit for purpose.



Note: awards that are indicated to have a validity of 'indefinite' indicate that the duration of the award is 'not defined' at the current time, but may be modified to a defined time period at a later date.

Continued Professional Development:

A number of qualifications such as SLSGB Coaching, Training or Assessing qualifications are initially valid for two years once the candidates have completed their qualification. Once the two years have lapsed, the candidates will be required to provide annual evidence of Continued Professional Development (CPD) in order to re-validate their award.

Note: once the initial two years have lapsed, the candidates are entitled a three month period to re-validate their qualification. Should this period be exceeded, the candidates will be required to complete a re-assessment against the full qualification criteria.

To fulfil the CPD re-validation criteria, the Coach, Trainer, Assessor, Area Quality Assurance and Support Officer or Tutor, must:

-  Attend an SLSGB Update yearly;
-  Every year, show evidence of a minimum of two awards/qualifications that were successfully completed under their training/coaching guidance or were assessed by them. The online awards administration system will automatically check and maintain their status, based on these criteria, so it is important that candidates remain up to date.

Note: should a person accumulate several qualifications (i.e. Trainer and Assessor or Trainer and Coach), they will be required to attend only one update per year and to evidence only two courses completed under their guidance.

Recognition of Prior Learning (RPL)

SLSGB allows recognition of prior learning for selected qualifications or selected units of certain qualifications. For example, qualifications that are recognised by the International Life Saving Federation (ILS) as meeting the same standards as an SLSGB qualification award will be recognised for the given criteria, provided they are current. However, all recognition of prior learning will be considered on an individual basis and is dependent upon a satisfactory portfolio of evidence being provided to SLSGB. Subsequent SLSGB rules and certification fees specified in this manual for the specific awards apply. SLSGB specific proficiency requirements and validity timeframes will also apply to any award achieved through RPL.

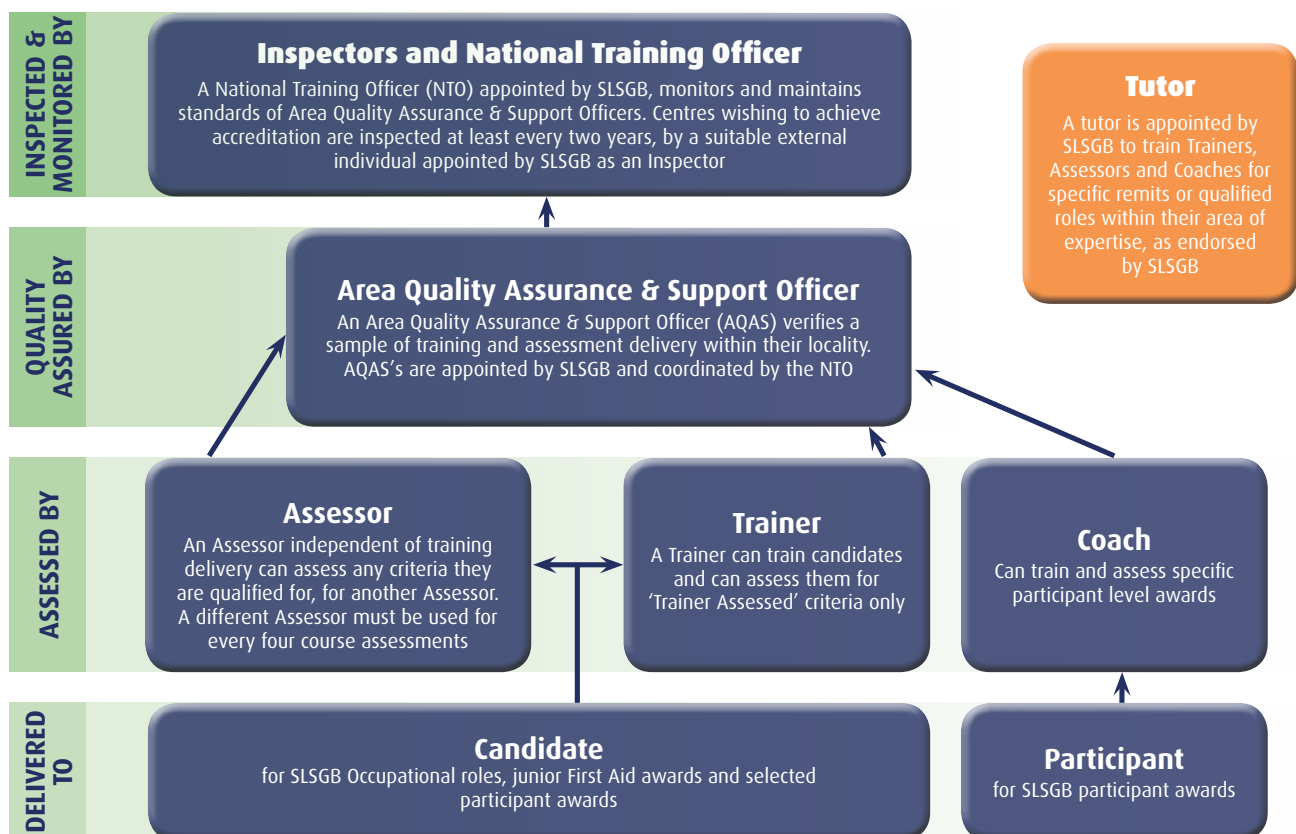
Assessments

Assessment Structure:

Unless stipulated otherwise, the person delivering the training can assess the qualification/award on the basis that the Trainer, Coach, Assessor etc. is a current member of SLSGB, has been DBS checked, has the relevant login account on the SLSGB database and achieves any other pre-requisites that may be specified.

The relevant individuals that may train and assess specific qualifications and awards are shown below:

SLSGB QUALITY STRUCTURE



Assessment Ratios

Assessment ratios must remain within safety ratios specified by risk assessment and in line with the SLSGB Training and Safety Guide. This may be, for example, a 1:6 ratio, and is dependent upon the conditions, experience of all involved and level 2 or above competency qualified 'buddy' system arrangements. Appropriate ratios should be agreed with the Assessor, so that assessments can be undertaken that satisfy quality and safety requirements.

Important: please see the SLSGB Training and Safety guide for details of safety ratios and check with your RLSO or AQAS Officer for further advice.


Grading of Candidates and Participants:

The following universal terms will indicate the result of an assessment for candidates and participants:

Competent = pass

Refer = further training required

A '**Refer**' outcome can relate to an element or elements of the assessment. A candidate can receive a maximum of three referral markings during the assessment. Should this be the case they may re-present themselves for assessment of those elements **within three months** of the original assessment date and if deemed competent will be judged to have achieved the standard for that qualification. In this case, the candidate will be liable for a proficiency test fee.



However, if more than three months lapse then a full re-assessment will apply, together with the appropriate full award/qualification fees payable to SLSGB.

A candidate who receives four or more referrals during the assessments will be deemed to be not yet competent and will require additional training before re-presenting for a full assessment. A full certification fee will apply for the re-assessment.

Note: candidates must be competent in all areas of an award to qualify.

Grading of Centres:

The following universal terms will indicate the grading or status for Centre Accreditations:

Probationary

The Centre has signed a contract to begin the process for approval for the given accreditation programme.

Approved

Subject to supplementary evidence

Often there may be an area where the Centre is not operating to an adequate level to enable safe or suitable operating standards. In this situation a mandatory requirement stated on the feedback form will be provided. This must be implemented urgently to ensure that the Centre continues to operate at an appropriate level. An urgent action plan should be established by the centre lead representative and agreed with the inspector to be completed within a given time frame. A subsequent inspection may then be required to ensure the Centre has implemented the actions and is able to operate safely. It may be agreed that suitable supplementary evidence may be submitted in another form, such as a photo, electronic document, an updated electronic record on the SLSGB database or a receipt for specified equipment, depending upon the requirement in question and discretion of the Inspector.

Approved – Good

Provides a good service with minor improvements to be made

Typically, advisory recommendations will be provided on the assessment form by the Inspector that should be implemented by the Centre to continually enhance the service.

Approved – Outstanding

An exceptional level of service

This will occur if the Centre is operating to a highly effective standard where the inspector cannot suggest reasonable practicable recommendations to enhance the service for the location.

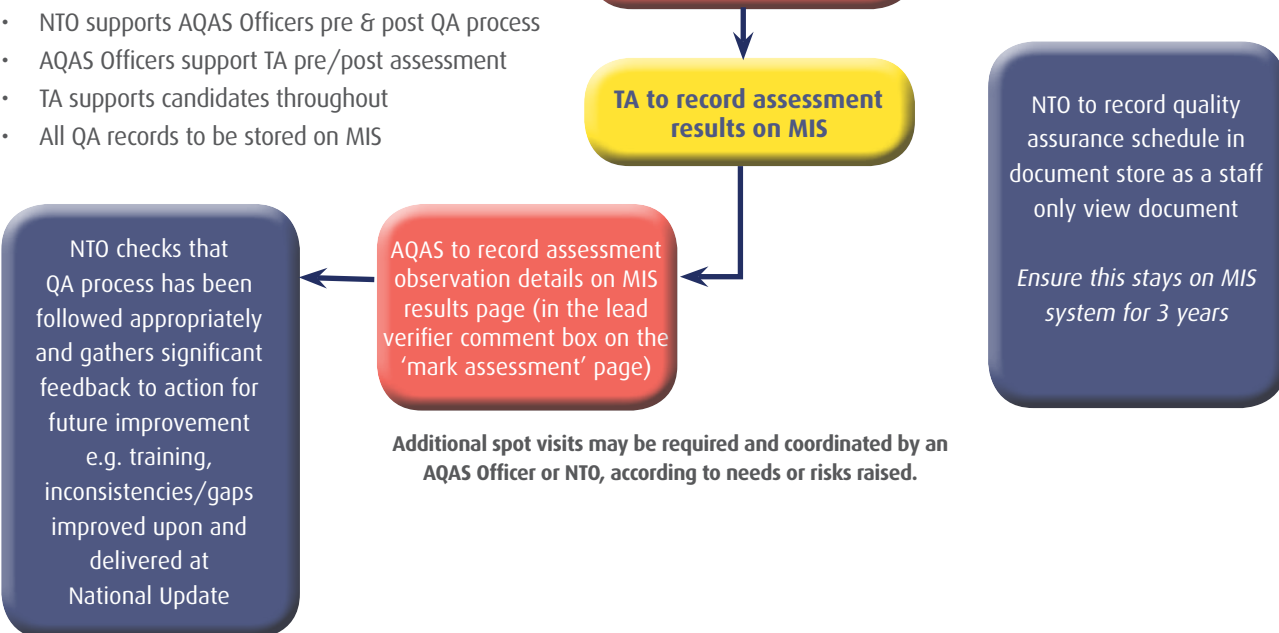
Not approved

Multiple requirements outstanding

The centre may be deemed inadequate and not be approved if multiple criteria are not adequately met that significantly compromise the safety or quality of delivery at the centre. Many requirements will therefore exist that will require significant change in the operating standards of the centre. The centre will require significant effort or duration of time to meet the operating criteria, before it could possibly be met. A further inspection will be mandatory.

If you have any queries or feedback please, email education@slsgb.org.uk

SLSGB QUALIFICATIONS QA PROCESS FLOWCHART



Certification Fees

SLSGB EDUCATOR ROLES

Remit: Education and Assessment

Page No.	Qualification	Course & Certification Fee
22	SLSGB Trainer	£130**
22	SLSGB Assessor	F.O.C.
24	SLSGB Area Quality Assurance & Support Officer	F.O.C.
26	SLSGB Inspector	F.O.C.
27	SLSGB Tutor	F.O.C.

** Subsidies may be available to support this course. Contact SLSGB to find out how you may benefit from them.

SLSGB QUALIFIED ROLES

Remit: Powercraft Operators

30	SLSGB Inshore Rescue Boat Crew	£30.00
32	SLSGB Inshore Rescue Boat Driver	£30.00
30	SLSGB Inshore Safety Boat Crew	£30.00
32	SLSGB Inshore Safety Boat Driver	£30.00
	SLSGB Inshore Safety Boat Crew and Life Saving Skills	£50.00
34	SLSGB Rescue Water Craft Driver	£30.00

Remit: Rescue and Lifeguard

Page No.	Qualification	Certification fee
46	SLSGB Surf Life Saver	£30.00
44	SLSGB Beach Lifeguard	£30.00
45	SLSGB Inland Waters Lifeguard	£30.00
43	SLSGB Surf Lifeguard	£30.00

Remit: Water Safety Functions

Page No.	Qualification	Certification fee
51	SLSGB Tube Rescuer	£10.00
52	SLSGB Rescue Board Paddler	£10.00
50	SLSGB Aquatic First Aid	£10.00
49	SLSGB First Responder (All 3 units taken together)	£25.00
	Unit 1 – Oxygen and the pre-hospital environment	£10.00
	Unit 2 – Automated External Defibrillation (AED)	£10.00
	Unit 3 – Spinal Injury Management (Dry)	£10.00
48	SLSGB Lifeguard Support	£25.00

Remit: Aquatic Industry Safety

Page No.	Qualification	Certification fee
60	SLSGB Inland Water Safety Awareness	£10.00
57	SLSGB Basic Surf Life Saving Safety	£10.00
56	SLSGB Aquatic Safety Management	£10.00
61	SLSGB Surf Session Leader	£10.00
58	SLSGB Coasteering Safety and Rescue	£30.00
59	SLSGB Surf Coach Safety and Rescue	£30.00

* Subsidies may be available to support this course. Contact SLSGB to find out how you may benefit from them.

Remit: Surf Sport Coaching

Page No.	Qualification	Course & Certification Fee
64	Specialist module – Nipper Coaching Specialist	£65.00 **
65	Specialist module – Pool Coaching Specialist	£65.00 *
66	Specialist module – Beach Coaching Specialist	£65.00 **
67	Specialist module – Surf Swim Coaching Specialist	£65.00 **
68	Specialist module – Board Paddling Coaching Specialist	£65.00 **
69	Specialist module – Ski Paddling Coaching Specialist	£65.00 **
70	Specialist module – IRB Coaching Specialist	£65.00 **
71	Coach Level 1 – Assistant Coach	£130.00 **
73	Coach Level 2 – Lead Coach	£130.00 **

** Funding or support may be available to subsidise the fees, please contact SLSGB for further details

* Pool hire costs not included

Remit: Event Support

Page No.	Qualification	Course & Certification Fee
76	Beach and Ocean Official	£65.00 **
77	Pool Official	£65.00 **
78	IRB Sport Official	£65.00 **

** Funding or Support may be available to subsidise the fees, please contact SLSGB for further details

Remit: SLS Centre Support

Page No.	Qualification	Certification Fee
86	SLSGB Safeguarding Unit	F.O.C
80-84	SLSGB Online Awards Administration Units – 1-3	F.O.C
87	SLSGB Nipper Support	£10.00**

** Funding or support may be available to subsidise the fees, please contact SLSGB for further details

SLSGB PARTICIPANT AWARDS

SLSGB Surf Safety Competencies

Page No.	Qualification	Certification fee
96	SLSGB 1 – Flat Water Competent	£5.00 (for each discipline)
98	SLSGB 2 – Surf Competent	£5.00 (for each discipline)
100	SLSGB 3 – Experienced	£5.00 (for each discipline)
102	SLSGB 4 – Advanced	£5.00 (for each discipline)
104	SLSGB 5 – Highly Advanced	£5.00 (for each discipline)

SLSGB Nipper Surf Safety Awards

Page No.	Qualification	Certification fee
90	SLSGB Nipper 1 (NSSA)	£3.00
91	SLSGB Nipper 2 (NSSA)	£3.00
92	SLSGB Nipper 3 (NSSA)	£3.00
93	SLSGB Nipper 4 (NSSA)	£3.00

First Aid and Safety

Page No.	Qualification	Certification fee
112	SLSGB Bronze Junior First Aid and Surf Safety	£3.00
114	SLSGB Silver Junior First Aid and Surf Safety	£3.00
116	SLSGB Gold Junior First Aid and Surf Safety	£3.00

Entry Level/Taster Programmes

Page No.	Qualification	Certification fee
119	Junior Lifeguard Programme	£2.50 per certificate, posted in minimum orders of 10

SLSGB CENTRE ACCREDITATIONS

Page No.	Qualification	Inspection fee	Optional Course Fee
122	SLSGB Accredited Patrol	£200**	All on application
123	SLSGB Accredited Event	£30	
124	SLSGB Accredited Training Centre	£200	
125	SLSGB Clubmark	£200**	
127	SLSGB Total Club (including Clubmark)	£200**	
	SLSGB Accredited Region	F.O.C.	

** Funding or support may be available to subsidise the fees, please contact SLSGB for further details

APPENDIX

128	FAQs
130	Glossary of terms

SLSGB PUBLICATIONS

Hard Copy Price

SLSGB Beach Lifeguard and First Aid for Lifeguards Manuals	£30.00
SLSGB Beach Lifeguard Manual	£25.00
SLSGB Board Skills Coaching Manual	£15.00
SLSGB Club Manual	£30.00
SLSGB Coasteering Safety And Rescue Manual	£30.00
SLSGB First Aid for Lifeguards Manual	£10.00
SLSGB IRB Manual	£30.00
SLSGB Nippers Activities Booklet	£10.00
SLSGB Pool Lifesaving Sport Coaching Manual	£30.00
SLSGB RWC Manual	£30.00
SLSGB Ski Skills Coaching Manual	£15.00
SLSGB Surf Swim Skills Coaching Manual	£15.00

Prices may not include postage costs. Costs are dependent upon delivery location and may vary

Annual Proficiency Tests and Updates

The following SLSGB qualifications require annual proficiency testing in order for the qualification holder to be considered proficient.

Award	Proficiency or Update Certification Fees
SLSGB Surf Life Saver	£12.00
SLSGB Beach Lifeguard Support	£12.00
SLSGB Beach/Surf/Inland Waters Lifeguard	£12.00
SLSGB Inshore Rescue Boat Crew	£12.00
SLSGB Inshore Rescue Boat Driver	£12.00
(when renewing both the IRB Crew and Driver awards at the same time, the candidate is only required to pay £12 for the two awards)	
SLSGB Update (for SLSGB Educators, Coaches, Officials, Referees and Club Officers)	£7.00
SLSGB Rescue Water Craft Driver	£12.00
SLSGB Surf Coach Rescue and Safety Award	£12.00
SLSGB Inland Water Safety Awareness	
SLSGB Coasteering Safety and Rescue Award	£12.00

- A proficiency test must be taken within two years of gaining the full qualification, and thereafter within every 12 months for the qualification holder to be considered to be proficient.
- The award must be valid and in date at the time of the proficiency test for the award that is being taken.
- Should a period in excess of 15 months have elapsed since the last proficiency test the candidate must complete re-assessment against the full qualification criteria. A full qualification fee will apply.
- The proficiency tests syllabus is the same as for the full qualification. However, the assessments will be shorter than those for the full qualification. Proficiency tests may include any skill that appears in the full qualification syllabus and will be chosen at the Assessor's discretion. (See the Assessors Proficiency Test Marking Guide Form for a particular award to establish how much will be assessed in each area of skills).
- Only current SLSGB Assessors may undertake the assessment of proficiency tests. Under no circumstances should the Assessor have participated in the training process. Furthermore, where practical, the Assessor should not be a member of the same Club, Centre or family as the candidate. The Regional Life Saving Officer (RLSO) will appoint Assessors for all courses run by commercial training organisations. The RLSO has to agree to the appointment of individual Assessors, however, SLSGB reserve the right to replace appointed Assessors as and where necessary and without referral.
- The Regional Life Saving Officer must be informed of any proficiency testing that is scheduled at least seven days prior to the proposed assessment date (see qualification administration process).
- Individuals wishing to upgrade from a Surf Life Saver qualification to a full SLSGB Lifeguard qualification may do so if they complete the appropriate swim time within three months of completing the Surf Life Saver qualification and pay the appropriate fees.

Please refer to the SLSGB Good Practice Safety Guidelines for safety in Surf Life Saving coaching and training.

SLSGB Event Entry Criteria

SLSGB events may require the individual to hold certain awards to compete; the following are the standard SLSGB entry criteria per event type.

SLSGB Pool Events

No specific qualification is required, but a “Declaration of Competence” confirming that the competitor is able to swim at least 50 metres is to be given by the Club on entry for events or a valid award of competence for safe entry and diving into a pool.

SLSGB Beach Events

No specific qualifications are required.

SLSGB IRB Sport Events

SLSGB IRB Sport Crew and SLSGB IRB Sport Driver allow for an SLSGB member to participate in competition and training for IRB sport in the respective awards positions of crew or driver. ISB/IRB Crew and Driver also allow for participation in these events.

SLSGB Surf Based ‘Standard Distance’ Events

SLSGB surf based ‘standard distance’ events require specific competencies dependent upon the type of event and age of the participant, as below:

Nipper

- Events up to waist depth = Nipper 2 – Surf Safety Award
- Events over waist depth = Nipper 3 – Surf Safety Award

Youth, Seniors and Master:

- SLSGB Surf Swim Competency Level 2 or SLSGB Beach lifeguard allows any appropriately aged SLSGB member to enter a youth, senior or Master Surf Swimming event, but will also require:
- SLSGB Surf Competency level 2 (Board), SLSGB Surf Life Saver, SLSGB Surf Lifeguard, if they wish to compete in board events, and/or
- SLSGB Surf Competency level 2 (Ski) if they wish to compete in ski events and/or
- SLSGB Surf Competency Level 2 (Surfboat), if they wish to compete in Surfboat events.
- An SLSGB Surf Lifeguard and Surf Life Saver allows Seniors or Masters to compete in surf swimming and board based events only.

SLSGB Distance Events

SLSGB distance events may have specific requirements according to SLSGB distance event rules for the specific discipline and dependent upon local risk assessment.

SLSGB Qualification Administration Responsibilities

Any SLSGB member involved with delivery or quality assurance of SLSGB awards must comply with the responsibilities defined for their relevant role in course delivery. This is regardless of training location, or whether delivering as an individual, Club or Centre:

TRAINER/ORGANISER RESPONSIBILITIES

1. Ensure relevant access to the SLSGB awards database for role.
2. Ensure availability of the proposed SLSGB Assessor and check assessment date with the relevant individuals and RLSO/AQAS Officer.
3. Submit an online (MIS) **Course Registration Form** with all mandatory and relevant course details registered, at least 14 days **prior to the course** start date to allow appropriate processing.
4. Submit an online **Publication/Manual Order Form** (where appropriate) and payment at least 14 days before the course starts to ensure that you receive your manuals on time.
5. Ensure that all candidates are registered as SLSGB members to enable them to be enrolled on the course.
6. Ensure that all candidates have a 'payment confirmed' status for their course certification fee. Courses close 48 hours after the course start date and therefore any unpaid candidates will be removed from the course automatically by the system and will not receive certification.
7. Notify candidates of any changes to assessments that are communicated by the RLSO/AQAS or Assessor.
8. Ensure appropriate training is delivered for the course.
9. Ensure that SLSGB safety, training and assessment procedures are complied with.
10. Ensure that the Assessor has entered assessment results in a timely manner.

Note: If payment is made using non-electronic means and is made by using cheque or cash, the payment needs to be sent at least 10 working days in advance of the course, to ensure appropriate verification of payment.

ASSESSOR RESPONSIBILITIES

1. Ensure appropriate paperwork and forms are taken to the assessment day.
2. Ensure appropriate procedures are undertaken by the centre and candidates on the assessment day.
3. Undertake the assessment of candidates ensuring appropriate standards and procedures are met.
4. Provide feedback, as appropriate, to candidates, trainers and the RLSO/AQAS and explain any reassessment requirements with the candidate(s) and Trainer.
5. Enter the assessment result and any relevant comments through the SLSGB online administration (MIS) process.

RLSO/AQAS RESPONSIBILITIES

1. Ensure that the specified Trainer, Assessor and assessment date for the course are appropriate in any course they are assigned to approve in MIS, within 7 days of receiving course submission.
2. Communicate with Trainer/organiser and Assessors, as necessary.
3. Implement verification as appropriate to the sampling strategy defined by the National Training Officer (e.g. three in 30 candidates) to ensure that guidelines for assessment and verification are adhered to.
4. Ensure that the course meets the required standards for training and assessment.
5. Ensure that the monitoring record and feedback from verifications are input into the Lead verifier notes box, on the assessment page of the relevant course in the MIS System.

SLSGB INSPECTOR RESPONSIBILITIES

- 1.** Carry out inspections to ensure that the designated Centre or RLSO/AQAS being inspected meets their responsibilities.
- 2.** Where required, the Inspector may carry out a re-inspection of the RLSO/AQAS or relevant centre to ensure any improvement notices have been acted on appropriately.
- 3.** Ensure that SLSGB criteria has been adhered to by the RLSO/AQAS and sampled Centres/Trainers/Assessors.
- 4.** Ensure the inspection is recorded within the online system (MIS).
- 5.** Immediately raise any concerns relating to quality of delivery/assessment or risks to the organisation. This should be to the relevant SLSGB Commissioner that endorsed their position.
- 6.** Support a Centre in meeting inspection requirements

SLSGB LIFE SAVING COMMISSION

- 1.** Review recommendations and nominations for the positions of Inspectors.
- 2.** Assist SLSGB staff in appointing suitable and sufficient applicants for Inspector roles.
- 3.** Ensure these appointments are recorded in each individual's MIS record.
- 4.** Audit SLSGB Inspectors that were provided with endorsement and NTO to ensure appropriate checks have taken place.
- 5.** Delegate above responsibilities, as required, e.g to a relevant SLSGB commission, committee or individual with appropriate knowledge and experience.

SLSGB EDUCATION ADMINISTRATION RESPONSIBILITIES

- 1.** Verify cheque and cash payments within the SLSGB online awards administration system.
- 2.** Ensure certificates are sent to candidates on a 4-monthly basis.
- 3.** Deal with issues arising from publication or certificate deliveries.
- 4.** Deal with queries and assist with matters regarding SLSGB education, course approvals and MIS courses/enrolments.
- 5.** Ensure appropriate communications.

SLSGB EDUCATION ADMINISTRATION COMMUNICATIONS

The following communications will come from SLSGB education administration, provided the correct procedures are followed by Trainers, Assessors and Regional/National Life Saving Officers within their responsibilities:

- 1.** The course organiser, RLSO/AQAS and Assessor will receive email notifications of course registration and the need for approval/alteration to the proposed Assessor and assessment date, as appropriate.
- 2.** The course organiser will be notified of relevant publication orders, made in their name, by email.
- 3.** The course organiser and relevant candidates registered, without course payment, will be notified of the requirement to pay by the course payment deadline, by email.
- 4.** The person completing payment details for enrolments will receive email confirmation of payment once payment has been verified.
- 5.** Cancellation of registration on the course will be sent by email, if payment is not verified by the payment deadline.
- 6.** Reminders of the course assessment date will be provided to the course organiser, Trainer, Assessor and candidates
- 7.** Candidates will be notified of their assessment status by email, once the assessor has entered the details through the SLSGB online system and they have been verified, as appropriate.
- 8.** Candidates who achieve a pass for the award/qualification will receive an SLSGB e-generated certificate, as well as an update of all their current awards status.
- 9.** Candidates will be notified of their award expiry and need for revalidation on a periodic basis, by email.
- 10.** Hard copy certificates are sent out to successful candidates on a periodic basis, if they have selected that they wish to receive a hard copy certificate.
- 11.** SLSGB education administration will provide SLSGB award and qualification advice and support by telephone, as appropriate.
- 12.** SLSGB education administration will provide a response to email queries within five working days.

SLSGB Qualifications and Awards Forms

The following forms are available on the SLSGB website www.sls.gb.org.uk

Form	Comments
Pre-Assessment Checklist	An assessment will not start until all relevant elements listed on this form are checked.
Safeguarding Training Record Form	Use this form to record all Coaches'/Trainers' Child Welfare training (submit with Assessment Form).
Assessment Form	This form can be copied from the manual, downloaded from the SLSGB website or requested from SLSGB, some forms are automatically sent to trainers and assessors on confirmation of the course.
Marking Guides	To assist with marking.
Trainer Assessment Form	For use by probationary Trainers undergoing their final assessment.
Assessment Referral	Use this form to apply for a re-assessment where a candidate has received referral outcome from assessment.
Assessment Appeal Form	If you are unhappy with the result, please use this form to initiate the appeal process.
Surf Safety Badges & Certificate Order Form	Certificates or badges must be ordered and paid for in advance of assessments.
Event Accreditation Form	Use this form to apply for accreditation as a recognised SLSGB event and to meet insurance requirements.
Accredited Training Centre Agreement	Use this agreement to apply for accreditation as a Training Centre delivering commercial courses.
Accredited Patrol Form	Use this form to apply for accreditation as a recognised SLSGB patrol and to meet insurance requirements.

SLSGB

Educator Roles



Level:	3
Minimum GLH:	32 GLH - 16 hours contact time/16 hours assessment
Pre-requisites:	<ul style="list-style-type: none"> • Be a current member of SLSGB. • Be a minimum of 18 years of age on the date of assessment (where a Trainer Assessor is under 18 they must instruct/assess under direct supervision of a competent adult Trainer Assessor who is qualified in the award/qualification to be delivered). • Hold or have held the appropriate SLSGB award, or equivalent that covers the syllabus to be taught. Where the qualifications held are of another organisation, the approval of the Life Saving Commissioner must be sought. • Must agree to adhere to SLSGB policies and procedures. • Trainer Assessors should complete a portfolio of evidence.
Compulsory units to be completed in order to achieve overall award:	<p>ED1 Prepare, deliver and evaluate education sessions</p> <p>ED2 Online Awards Administration (MIS) Trainer Assessor</p> <p>ED3 Mentored Training Delivery and Assessment</p> <p>ED4 Principles and practices of assessment</p> <p>SLS1 Safeguarding</p> <p>SLS2 Aquatic Safety Management</p>
Aim:	This course is designed to provide a qualification that provides participants with the skills, knowledge and experience to deliver quality training and assessment to candidates.

Course Learning Outcomes:

The Learner will:

Demonstrate that they can deliver quality training to candidates for SLSGB qualifications and awards and to then be able to competently assess these qualifications.

Course Assessment Criteria:

The Learner can:

- Explain own role, responsibilities and boundaries of role in relation to teaching
- Explain appropriate Teaching and Learning Approaches in Surf Lifesaving
- Explain how to Plan for a Session
- Demonstrate how to Deliver inclusive sessions which motivate candidate
- Explain how to Review and Evaluate your sessions
- Identify how to safeguard and protect children and vulnerable adults in a Surf lifesaving environment
- Demonstrate how to register candidates and courses online
- Demonstrate how to mark candidate assessments online
- Identify how to assess and minimise possible risks in an aquatic environment
- Demonstrate competence in SLSGB session delivery
- Explain the principles and practices of assessment

Validity:

- Current evidence of Continued Professional Development (CPD), within each 12 months cycle to keep the award up to date
- Current SLSGB CPD requires you to have been registered as the Trainer and/or Assessor of at least two awards or qualifications within the past 12 months and attended an SLSGB national update

Assessment:

Assessment of this course must be undertaken by a qualified and proficient SLSGB Tutor. Assessment will consist of practical assessments, online multiple choice questions, and the completion of a personal portfolio as well as maintenance of CPD records.

Typical format of delivery:

Learners will be sent a personal portfolio and given access to the SLSGB Online Learning Environment. Learners must then complete this portfolio containing pre-course activities before attendance of a 2 day course. The 2 day course will be a practical activity based course consisting of training and assessment scenarios and opportunity to practice practical delivery and assessment. There will then be two assessment days where micro teaches and mock assessments will take place to assess learners competence.

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none">• Completion of Trainer Assessor Personal Portfolio for units ED1 and ED4• Completion of Online Assessment Questions (as specified per specific unit specifications) for units SLS1, SLS2, evidence provided through print out of result• Observation statements of training and assessing completed by SLSGB Assessor• Competent training and assessment as evidenced through ED3 Mentored training delivery evidence portfolio
Guidance:	<ul style="list-style-type: none">• Power points and worksheets provided on SLSGB online learning environment• Reading of some or all of the following introductory texts: Curzon, L., B. (2003) Teaching in Further Education. Continuum International Publishing Group Daines, J., Daines, C., and Graham, B. (2006) Adult Learning, Adult Teaching. Welsh Academic Press Petty, G. (2004) (3rd Edn) Teaching Today. Nelson Thornes
Forms:	<ul style="list-style-type: none">• Peer Observation forms• Action Plan• Observation forms and statements
Progression:	It is possible to progress to SLSGB AQAS Officer, Tutor or Inspector, or to become endorsed to be a Trainer Assessor of an increasing variety of SLSGB courses.

SLSGB Area Quality Assurance and Support Officer (AQAS) EDU102

Level: 2

Minimum GLH: 4 hours – this is a recruited position, application process is defined in the following specification

Pre-requisites:

- Be a current member of SLSGB.
- Be a minimum of 18 years of age on the date of assessment
- Must agree to adhere to SLSGB policies and procedures.

Compulsory units to be completed in order to achieve overall award: Not Applicable

Course Aim:

The Learner will:

Demonstrate that they can support and assure the quality of both assessments and training delivery standards by monitoring a selected sample of courses e.g. 5 people within every 30 people training in their area. AQAS Officers are designated to specific SLSGB areas and coordinated and monitored by a National Training Officer (NTO).

Course Assessment Criteria:

- Identify the roles and responsibilities of the AQAS officer
- Explain how visits are scheduled
- Explain the information, support and guidance that are available to TAs, SLSCs and ATCs
- Demonstrate how to correctly quality assure delivery/assessment practice to SLSGB standards
- Demonstrate how to give feedback to the TA and/or the SLSC or ATC after a quality assurance visit
- Demonstrate how to write a report outlining the results of sampling
- Demonstrate liaising with a Trainer Assessor to write an action plan for development
- Explain how to deal with issues
- Explain when to refer issues onto the NTO
- Demonstrate record keeping of QA visits on MIS
- Demonstrate the successful completion of a mentored Quality Assurance visit, assessing TA performance in accordance with SLSGB's standards and evidence requirements

Validity:

- 24 months from the date of recruitment
- AQAS Officers must successfully complete a full National Update seminar at least once a year after this date. If the validity period lapses without satisfactory completion of a seminar, status may be suspended.
- AQAS Officers may be subject to meeting requirements or further spot check observations by the NTO for quality assurance purposes to continue to have endorsement for the role.

Assessment/interview process:

- Evidence that the candidate fulfils the role description
- A selection panel will recruit AQAS Officers based on experience of candidates within their training area, and this decision will be confirmed and authorised by the Lifesaving Commissioner
- Multi-choice and short answer questions
- Practical observation of first quality assurance visit by the NTO to support and guide new AQAS Officer

Typical format of delivery:

- Selection Process
- 4 hour training event
- Practical Observation of first Quality Assurance visit.

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none">• Registered as a Trainer Assessor or Tutor for SLSGB courses• Completion of one successful QA visit
Guidance:	<ul style="list-style-type: none">• SLSGB Guide to Quality Assurance• Attendance of 3 hour training event
Forms:	<ul style="list-style-type: none">• Assessment decisions checklist• Lesson Observation form• Report forms
Progression:	It is possible to progress to SLSGB Inspector, or to become endorsed to be a Tutor.

Minimum GLH: 1 x Standardisation Day 0900-1700 – this is a recruited position, application process is defined in the following specification

- Pre-requisites:**
- Current Member of SLSGB
 - Minimum of 18 years of age
 - 2 years experience as an Assessor
 - Knowledge of Surf Life Saving clubs and accredited training centres

Compulsory units to be completed in order to achieve overall award: Not Applicable

Course Aim:

The Learner will:

Demonstrate the knowledge and skills needed to carry out the roles and responsibilities of an Inspector for accredited training centres at events and for club patrols.

Course Learning Outcomes:

The Learner can:

- Explain the training centre application for accreditation and agreement processes
- Identify the roles and responsibilities of an Inspector across accredited training centre, event and club patrol inspections
- Explain the pre and post inspection support expectations
- Demonstrate how to use the MIS qualifications and awards system to advise clubs on registering and delivering courses
- Explain reporting responsibilities and their importance in development

Validity:

- Valid for 12 months from the date of recruitment
- Must attend SLSGB Inspector Training annually
- Inspectors must successfully complete a full National Update seminar at least once a year

Assessment/interview process:

- All appointments are undertaken by a relevant member of the SLSGB management team
- During this period assist with 1 inspection and lead on 1 inspection under supervision. If deemed competent during the second inspection the candidate will be granted Inspector status and registered in the SLSGB online awards database

Typical format of delivery:

- Application and interview process
- Practical standardisation day
- Practical observation of first inspection visit

Supporting information:

- Evidence Requirements:**
- Application documents including letter of application
 - Interview forms

- Guidance:**
- Inspection documents/guidelines

- Forms:**
- Inspection forms

Level:	3
Minimum GLH:	Not Applicable – this is a recruited position, application process is defined in the following specification
Pre-requisites:	<ul style="list-style-type: none"> • Be a current member of SLSGB. • Be a minimum of 18 years of age on the date of assessment • Must agree to adhere to SLSGB policies and procedures.
Compulsory units to be completed in order to achieve overall award:	Not Applicable
Course Aim:	
The Learner will:	
Demonstrate that they can train the SLSGB Trainer Assessor qualification.	
Validity:	
<ul style="list-style-type: none"> • 24 months from the date of recruitment • Tutors must successfully complete a full National Update seminar and run at least one Trainer Assessor course per year. If the validity period lapses without satisfactory completion of a seminar, status may be suspended. • Tutors may be subject to meeting requirements or further spot check observations for quality assurance purposes. 	
Assessment/interview process:	
<ul style="list-style-type: none"> • SLSGB will arrange and agree the interview panel. • Candidate submits expression of interest • 2 suitable references to be supplied • Practical observation delivering area of specialism (by another Tutor) • Multiple-choice questions on how to advertise and register a Trainer Assessor Course 	
Typical format of delivery:	
<ul style="list-style-type: none"> • Application and interview process • Formal Teaching Observations 	
Supporting information:	
Evidence Requirements:	<ul style="list-style-type: none"> • Application documents including letter of application with applicable references • Interview forms • Evidence of teaching observation and relevant teaching documents e.g. scheme of work/lesson plan/resources • Evidence of registered Train the Trainer course
Forms:	<ul style="list-style-type: none"> • Teaching Observation forms • Interview form
Progression:	SLSGB Tutors will be encouraged to share feedback to continuously improve the quality of courses delivered by SLSGB.

SLSGB Qualified Roles

Powercraft Operators



Inshore Rescue Boat and Inshore Safety Boat Crew PC101

- Minimum GLH:**
- **Inshore Rescue Boat Crew (IRBC)** – 20 Guided Learning Hours (approximately 10 hours must be afloat)
 - **Inshore Safety Boat Crew (ISBC)** – 10 hours experience (5 of which should be afloat) evidence of such being verified by an Officer of the club or equivalent

- Pre-requisites:**
- Be a current member of SLSGB.
 - Minimum of 16 years of age on the date of assessment.
 - Hold a valid SLSGB Beach Lifeguard qualification or above to complete IRBC.
 - Hold a Valid SLSGB Surf Life Saver qualification or recognised national/international equivalent to complete ISBC.

- Compulsory units to be completed in order to achieve overall award:**
- | | |
|------------|--|
| PC1 | Technical Knowledge for IRB/ISB Crew |
| PC2 | General Knowledge for IRB/ISB Crew |
| PC3 | General Operations for IRB/ISB Crew |
| PC4 | Hazards and Surf Survival for IRB/ISB Crew |
| PC5 | Rescue Techniques for IRB/ISB Crew |
| PC6 | Casualty Management for IRB/ISB Crew |
| PC7 | Patrol, Search and Craft Assistance for IRB/ISB Crew |

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Course Aim:

The Learner will:

Demonstrate the standard required for the operation of an Inshore Rescue Boat or Inshore Safety Boat as a crewperson.

Course Learning Outcomes:

The Learner can:

- Explain and demonstrate the equipment technical knowledge needed for Inshore Rescue Boat and Inshore Safety Boat Crew.
- Explain and demonstrate then general knowledge needed for Inshore Rescue Boat and Inshore Safety Boat Crew.
- Explain and demonstrate the general operations needed for launch, crewing and recovery of Inshore Rescue Boat and Inshore Safety Boat as Crew.
- Explain and demonstrate the hazards and surf survival skills needed for Inshore Rescue Boat and Inshore Safety Boat Crew.
- Explain and demonstrate the Inshore Rescue Boat and Inshore Safety Boat Crew rescue techniques
- Demonstrate the casualty management and evacuation procedures for the Inshore Rescue Boat Crew and Inshore Safety Boat Crew
- Demonstrate and explain Inshore Rescue Boat and Inshore Safety Boat patrol, search and craft assistance procedures

Validity:

12 months from the date of assessment. A relevant SLSGB IRB proficiency must be completed to maintain validity on an annual basis.

Assessment:

- Complete the SLSGB IRB/ISB Crewperson training course, and in the process, accrue 10 hours afloat (including five hours in surf, greater than 1 metre high, where conditions allow to gain 'Surf Endorsement' this is trainer assessed). All such training and time afloat must be logged and verified as accurate by a current SLSGB IRB Trainer
- Each candidate should submit a completed training log to the Assessor.
- Assessment of this qualification must be undertaken by a qualified SLSGB IRB/RWC Assessor.
- Each candidate completes a multiple choice theory paper (pass mark 85%).
- Each candidate completes Part A: Theory and Dry Testing.
- Each candidate completes Part B: Rescue Skills and Wet Testing.

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none"> • Logs of at least 10 hours afloat • Completed training log • Successful completion of multiple choice paper with a pass mark of 85% • Successful completion of a practical skills assessment
Guidance:	<ul style="list-style-type: none"> • SLSGB IRB Manual • Learner worksheets • Personal Protective Equipment
Forms:	<ul style="list-style-type: none"> • Training Log Forms

Inshore Rescue Boat and Inshore Safety Boat Driver PC102

- Minimum GLH:**
- **Inshore Rescue Boat Driver** – 20 Guided Learning Hours (approximately 20 hours must be afloat)
 - **Inshore Safety Boat Driver** – 10 hours experience (10 of which should be afloat) evidence of such being verified by an Officer of the club or equivalent

- Pre-requisites:**
- Be a current member of SLSGB.
 - Minimum of 17 years of age on the date of assessment.
 - Hold a valid SLSGB Beach Lifeguard qualification (IRBC)/SLSGB Surf Life Saver qualification (ISBC) or recognised national/international equivalent.

Compulsory units to be completed in order to achieve overall award:

- PC8** Technical Knowledge for IRB/ISB Drivers
PC9 General Knowledge for IRB/ISB Drivers
PC10 General Operations for IRB/ISB Drivers
PC11 Hazards and Surf Survival for IRB/ISB Drivers
PC12 Rescue Techniques for IRB/ISB Drivers
PC13 Casualty Management for IRB/ISB Drivers
PC14 Patrol, Search and Craft Assistance for IRB/ Drivers

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Course Aim:

The Learner will:

Demonstrate the standard required for the operation of an Inshore Rescue Boat or Inshore Safety Boat as a Driver.

Course Learning Outcomes:

The Learner can:

- Explain and demonstrate the equipment technical knowledge needed for Inshore Rescue Boat and Inshore Safety Boat Drivers
- Explain and demonstrate then general knowledge needed for Inshore Rescue Boat and Inshore Safety Boat Drivers
- Explain and demonstrate the general operations needed for launch, crewing and recovery of Inshore Rescue Boat and Inshore Safety Boat as Drivers
- Explain and demonstrate the hazards and surf survival skills needed for Inshore Rescue Boat and Inshore Safety Boat Drivers
- Explain and demonstrate the Inshore Rescue Boat and Inshore Safety Boat Crew rescue techniques
- Demonstrate the casualty management and evacuation procedures for the Inshore Rescue Boat Drivers and Inshore Safety Boat Drivers
- Demonstrate and explain Inshore Rescue Boat and Inshore Safety Boat patrol, search and craft assistance procedures for Drivers

Validity:

12 months from the date of assessment. A relevant SLSGB IRB proficiency must be completed to maintain validity on an annual basis.

Assessment:

- Complete the SLSGB IRB/ISB Driver training course, and in the process, accrue 20 hours afloat (including ten hours in surf, greater than 1 metres high, where conditions allow, to gain 'Surf Endorsement'). All such training and time afloat must be logged and verified as accurate by a current SLSGB IRB Trainer if you are Surf endorsed this can be Trainer Assessed.
- Each candidate should submit a completed training log to the Assessor.
- Assessment of this qualification must be undertaken by a qualified SLSGB IRB/RWC Assessor.
- Each candidate completes a multiple choice theory paper (pass mark 85%).
- Each candidate completes Part A: Theory and Dry Testing.
- Each candidate completes Part B: Rescue Skills and Wet Testing.

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none"> • Logs of at least 20 hours afloat • Completed training log • Successful completion of multiple choice paper with a pass mark of 85% • Successful completion of practical skills assessment
Guidance:	<ul style="list-style-type: none"> • SLSGB IRB Manual • Learner worksheets • Personal Protective Equipment
Forms:	<ul style="list-style-type: none"> • Training Log Forms

Minimum GLH:	• Rescue Water Craft Driver – 10 Guided Learning Hours (approximately 5 hours must be afloat)
Pre-requisites:	<ul style="list-style-type: none"> • Be a current member of SLSGB. • Minimum of 18 years of age on the date of assessment. • Hold a valid SLSGB Beach Lifeguard qualification (IRBD)/SLSGB Surf Life Saver qualification (ISBD) or recognised national/international equivalent. You need to be a IRB Driver before learning RWC!
Compulsory units to be completed in order to achieve overall award:	<p>PC15 Technical Knowledge for RWC Drivers</p> <p>PC16 General Knowledge for RWC Drivers</p> <p>PC17 General Operations for RWC Drivers</p> <p>PC18 Hazards and Surf Survival for RWC Drivers</p> <p>PC19 Rescue Techniques for RWC Drivers</p> <p>PC20 Casualty Management for RWC Drivers</p> <p>PC21 Patrol, Search and Craft Assistance for RWC Drivers</p> <p><i>Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.</i></p>

Course Aim:

The Learner will:

Demonstrate the standard required for the operation of a Rescue Water Craft as a Driver.

Course Learning Outcomes:

The Learner can:

- Explain and demonstrate the equipment technical knowledge needed for Rescue Water Craft Drivers
- Explain and demonstrate then general knowledge needed for Rescue Water Craft Drivers
- Explain and demonstrate the general operations needed for launch, crewing and recovery of Rescue Water Craft as Drivers
- Explain and demonstrate the hazards and surf survival skills needed for Rescue Water Craft Drivers
- Explain and demonstrate the Rescue Water Craft Drivers rescue techniques
- Demonstrate the casualty management and evacuation procedures for Rescue Water Craft Drivers
- Demonstrate and Rescue Water Craft patrol, search and craft assistance procedures for Drivers

Validity:

12 months from the date of assessment. A relevant SLSGB RWC proficiency must be completed to maintain validity on an annual basis.

Assessment:

- Complete the SLSGB RWC Driver training course, and in the process, accrue ten hours afloat (including five hours in surf, greater than 1 metres high, where conditions allow to gain 'Surf Endorsement'). All such training and time afloat must be logged and verified as accurate by a current SLSGB RWC Trainer
- Each candidate should submit a completed training log to the Assessor.
- Assessment of this unit is Trainer Assessed as candidates will have shown previous knowledge during IRB training
- Each candidate completes a multiple choice theory paper (pass mark 80%).
- Each candidate completes Part A: Theory and Dry Testing.
- Each candidate completes Part B: Rescue Skills and Wet Testing.

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none">• Logs of at least 10 hours afloat• Completed training log• Successful completion of multiple choice paper with a pass mark of 80%• Practical Assessment demonstrating competency of all relevant practical skills
Guidance:	<ul style="list-style-type: none">• SLSGB RWC Manual• Learner worksheets• Personal Protective Equipment
Forms:	<ul style="list-style-type: none">• Training Log Forms

SLSGB Qualified Roles

Rescue and Lifeguard



SLSGB Lifeguard and Functional Water Safety Roles Pathway

Pathway Aim:

This path sets out the awards that meet International standards for Lifeguard roles as well as highlighting minimum standards for separate functional water safety roles that may be included within a water safety team (See table 1).

Table 1: Overview of Lifeguard and functional water safety roles

Lifeguard Roles

Qualification	Min age	Fitness Requirements	Unit codes	What can you do with this award?
Lead Water Safety Officer LG11	18	N/A	All units for Surf Lifeguard (see below) SLS1, SLS2, LG11	Provide a lead water safety officer function that can coordinate a water safety team and manage risks in the prevailing environment.
Surf Lifeguard LWS101	16	Be able to swim 400 metres in 7.30 minutes. Be able to complete 200 metre beach run in under 40 seconds.	LG1, LG2, LG3, LG4, LG9a, FA1, FA2, FA5	Provide professional patrolling and water safety services, in surf conditions, with board rescue skills and advanced fitness requirements that exceed international standards for Lifeguarding
Beach Lifeguard LWS102	16	Be able to swim 400 metres in under 8 minutes Be able to complete a 200 metres run, 200 metres swim, 200 metres run within 8	LG1, LG2, LG3, LG4, LG9b, FA1, FA2, FA5	Provide professional patrolling and water safety services that meet international standards for Lifeguarding
Inland waters Lifeguard LWS103	16	Be able to swim 400m in under 8 minutes	LG1, LG2, LG5, LG9c, FA1, FA2, FA4, FA5	Provide patrolling and water safety services at inland water sites, that meet international standards
Surf Life Saver LWS104	14	Be able to swim 400m in under 9 minutes 30 secs Be able to complete a 200m run in under 1 minute	LG1, LG2, LG3, LG4, LG9f, FA1, FA2, FA5	Provide lifesaving skills when providing safety cover as part of a wider water safety team or when working in close proximity of participants, such as when working as a coach delivering a session in the sea or a volunteer environment.
Beach lifeguard support LWS105		Be able to complete a 200m run in under 1 minute	LG2, LG9f, FA1, FA2, FA5	Provide a first aid function to a water safety team for Basic life support and basic first aid and assist with rescues in shallow water, up to knee depth.

Functional Water Safety Roles			
Qualification	Min Age	Unit Codes	What can you do with this award?
SLSGB First Responder	14	FA1-6	Provide a first responder function to a water safety team that can lead on spinal incidents, O2 administration and automated external defibrillation, as well as basic life support and first aid.
SLSGB First Aider	14	FA1, FA2	Provide a first aid function to a water safety team for basic life support and basic first aid
Tube Rescuer	14	LG1, LG4, LG9e	Provide a supporting water safety function to a water safety team, as a rescue tube swimmer. (this level may need to be modified depending on conditions)
Rescue Board Paddler	14	LG1, LG3, LG9e	Provide a supporting water safety function to a water safety team as a rescue board paddler (this level may need to be modified depending on conditions)

Examples of what you can do with awards within these pathways include:

- Actively patrol at beach, surf, waterfront or inland water environments, as part of a team
- Support surf lessons as safety cover
- Provide assistant support during Surf Life Saving (or other) water sessions
- Effectively respond to emergencies and prevent drowning's and injuries

Units of Competency (as appropriate)

To be recognised as competent, Candidates will be required to complete the units relevant to the award that they choose to complete as highlighted in table 1 below. The unit names are as follows:

Unit code	Unit name	Learning Outcomes
Lifeguard Specific Units:		
LG1	Foundation Surf Competence and Knowledge	Demonstrate the underpinning knowledge and skills that are required to demonstrate competence in the surf
LG2	Foundation Lifeguard Knowledge and Skills	Demonstrate the underpinning knowledge, skills and competence that is required to work as an active surf lifeguard
LG3	Foundation Paddle Board Competence and Knowledge	Demonstrate the underpinning skills, knowledge and competence to undertake rescue board paddling
LG4	Foundation Rescue Tube Competence and Knowledge	Demonstrate the underpinning skills, knowledge and competence to make a rescue using a rescue tube
LG5	Inland Waters Safety Awareness	Demonstrate the underpinning knowledge, skills and competence that is required to work as an active inland waters lifeguard

Fitness Test Units:		
LG9a	Surf Lifeguard Fitness Tests	Demonstrate the fitness requirements needed to become a surf lifeguard
LG9b	Beach Lifeguard Fitness Tests	Demonstrate the fitness requirements needed to become a Beach Lifeguard
LG9c	Inland Waters Lifeguard Fitness Tests	Demonstrate the fitness requirements needed to become a Inland Waters lifeguard
LG9e	Surf Life Saver Fitness Tests	Demonstrate the fitness requirements needed to become a surf life saver
LG9f	Beach Lifeguard Support Fitness Tests	Demonstrate the fitness requirements needed to become a Beach Lifeguard Supporter
First Aid & Resuscitation Units:		
FA1	Adult Basic Life Support	Demonstrate the basic skills and knowledge to administer basic life support
FA2	Aquatic First Aid	Demonstrate knowledge, skills and competence to undertake basic aquatic first aid and life support in an aquatic environment
FA3	Spinal Injury Management	Demonstrate knowledge, skills and competence for managing a suspected spinal injury
FA4	Trauma and the Pre-hospital environment	Demonstrate the skills and knowledge associated with rapid assessment, stabilisation and transfer of both the trauma victim and those suffering from medical emergency
FA5	Oxygen Therapy	Demonstrate how to safely administer oxygen to casualties
FA6	Automated External Defibrillation (AED)	Demonstrate how to use an AED safely alongside Aquatic First Aid Scenarios
Specialist Units:		
LG10	Radio Procedures	Demonstrate how to use radio communication systems within surf life saving
Validity:		
24 months from the date of the assessment, with the option of taking proficiency test prior to the expiry date and every 12 months thereafter to maintain status.		

Assessment:

- Complete the assessment for each unit required for the award
- Should the assessment be completed over a 4 month period, the validity will commence from the date on which the first unit was completed.
- All units must be completed within a 4 month timeframe to achieve the overall qualification.
- Accredited prior learning may be achieved for units, but a subsequent assessment that may cover any element of any unit being claimed as accredited prior learning may be required to be undertaken.
- When the award is renewed, the candidate may complete the assessment one month prior to the expiry date of the existing competency.

Who can assess?

Assessment of these units must be undertaken by a qualified and proficient SLSGB Assessor or Coach, as specified per unit specification.

Typical format and duration of courses:

See individual qualification specification

Supporting information:

Evidence	<ul style="list-style-type: none"> • Successful completion of fitness tests as specified by unit specification
Requirements:	<ul style="list-style-type: none"> • Successful completion of practical assessments in specified units • Evidence of completion of online multiple choice questions via SLSGB's online learning environment
Progression:	It is possible to progress through the relevant awards in the pathway, to progress onto achieving an SLSGB Trainer Assessor Qualification or become a SLSGB Session Leader or Coach.

GLH: 40 hours theory and paperwork
80 hours supervised observations

Pre-requisites:

- Be a current member of SLSGB
- 200 hours experience as a qualified lifeguard/lifesaver on a water safety team
- SLSGB Aquatic Safety Management unit
- 20 years of age or over on date of assessment

Aim: This unit is designed to provide the standard for an individual acting as the lead water safety officer of a team providing safety cover for an event or patrol.

Outcomes:

The Learner will:

Explain and demonstrate how to provide the standard needed when acting as a lead water safety officer of a team providing safety cover for an event or patrol.

Learning Outcomes:

The Learner can:

- Understanding the role and legal context of the water safety officer
- Planning for water safety provision
- Prepare a water safety team
- Coordinate water safety provision
- Monitor water safety provision of a team
- Review the water safety provision

Assessment Criteria:

See Specific Unit learning outcomes.

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Validity:

Indefinite. Please note that currency is subject to meeting of continued development criteria defined by SLSGB

Assessment:

Assessed by:

An SLSGB Assessor who holds or has held the SLSGB Lead Water Safety Officer qualification and been approved to assess this award through interview and mentoring

Assessment mode

- Online multi-choice assessments
- Course work book activities
- Group and individual classroom activities
- Scenario assessment
- Mentoring record of supervised practice

Supporting information:

Evidence Requirements: Successful completion of practical assessments relating to water safety management
Evidence of completion of online multiple choice questions via SLSGB's online learning environment

Guidance: This is a theory based course

Forms: Observation forms
Assessor guidelines

Minimum GLH: 40 hours prior to assessment

- Pre-requisites:**
- Be a current member of SLSGB
 - Be at least 16 years of age on the date of assessment
 - Be able to swim 400m in under 7.30 minutes
 - Be able to complete a 200m beach run in under 40 secs

Compulsory units to be completed in order to achieve overall award:

LG1	Foundation surf competence and knowledge
LG2	Foundation lifeguard knowledge and skills
LG3	Foundation paddle board competence and knowledge
LG4	Foundation rescue tube competence and knowledge
LG9a	Surf Lifeguard Fitness Test
FA1	Adult Basic Life Support
FA2	Aquatic First Aid

Optional Units:

FA5	Supplementary Oxygen Administration
LG10	Radio Operations
FA3	Spinal Injury Management
FA4	Trauma and the pre-hospital environment
FA6	Automated External Defibrillation (AED)

Course Aim:

The Learner will:

Demonstrate the knowledge and skills required in order to provide professional patrolling and water services, in surf conditions, with rescue skills and advanced fitness requirements.

Course Learning Outcomes:

- See Specific Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

40 hours delivery including water and theory based sessions, structure will usually take one of the following formats:

- 6 Day course with assessment taking place on the 6th day
- Weekly training sessions run over a number of months

Supporting information:

Guidance:

- This is a practical based course and it is therefore advised that candidates are competent in varying sea conditions and can demonstrate high levels of fitness.

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to the SLSGB Trainer Assessor, or through mentored training delivery specialise into a specific SLSGB discipline.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles

Minimum GLH: 36 hours prior to assessment

- Pre-requisites:**
- Be a minimum of 16 years of age on the date of assessment
 - Be able to swim 400m in under 8 minutes
 - Be able to complete a 200m run/200m swim/200m run within 8 minutes

Compulsory units to be completed in order to achieve overall award:

LG1	Foundation surf competence and knowledge
LG2	Foundation lifeguard knowledge and skills
LG9b	Beach Lifeguard Fitness Tests
FA1	Adult Basic Life Support
FA2	Aquatic First Aid
<i>One of either of the following two units:</i>	
LG3	Foundation paddle board competence and knowledge OR
LG4	Foundation rescue tube competence and knowledge

Optional Units:

FA5	Supplementary Oxygen Administration
LG10	Radio Operations
FA3	Spinal Injury Management
FA4	Trauma and the pre-hospital environment
FA6	Automated External Defibrillation (AED)

Course Aim:

The Learner will:

Demonstrate the knowledge and skills required in order to provide professional patrolling and water services, with rescue skills and fitness requirements.

Course Learning Outcomes:

- See Specific Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

36 hours delivery including water and theory based sessions, structure will usually take one of the following formats:

- 6 Day course with assessment taking place on the 6th day
- Weekly training sessions run over a number of months

Supporting information:

Guidance:

- This is a practical based course and it is therefore advised that candidates are competent in varying sea conditions and can demonstrate high levels of fitness.

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to the SLSGB Trainer Assessor, or through mentored training delivery specialise into a specific SLSGB discipline.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles

Minimum GLH: 40 hours prior to assessment

- Pre-requisites:**
- Be a current member of SLSGB
 - Be at least 16 years of age on the date of assessment
 - Be able to swim 400m in under 8 minutes

Compulsory units to be completed in order to achieve overall award:

LG1	Foundation surf competence and knowledge
LG2	Foundation lifeguard knowledge and skills
LG5	Inland Waters Safety Awareness
LG9c	Inland Waters Lifeguard Fitness tests
FA1	Adult Basic Life Support
FA2	Aquatic First Aid
FA4	Trauma & the pre-hospital environment

Optional Units:

FA5	Supplementary Oxygen Administration
LG10	Radio Operations
FA3	Spinal Injury Management
FA6	Automated External Defibrillation (AED)

Aim:

This award is designed to enable participants to provide professional patrolling and water safety services at inland water sites, which meet the international standards for Lifeguarding.

Course Learning Outcomes:

The Learner will:

Demonstrate the knowledge and skills required in order to provide professional patrolling and water services, at inland water sites.

Course Assessment Criteria:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

40 hours delivery including water and theory based sessions, structure will usually take one of the following formats:

- 6 Day course with assessment taking place on the 6th day
- Weekly training sessions run over a number of months

Supporting information:

Guidance:

- This is a practical based course and it is therefore advised that candidates are competent in varying flat water conditions and can demonstrate high levels of fitness.

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to the SLSGB Surf Lifeguard or SLSGB Trainer Assessor, or through mentored training delivery specialise into a specific SLSGB discipline.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles

Minimum GLH: 40 hours prior to assessment

- Pre-requisites:**
- Be a current member of SLSGB
 - Be at least 14 years of age on the date of assessment
 - Be able to swim 400m in under 9 minutes 30 seconds
 - Be able to complete a 200m beach run in under 1 minute

Compulsory units to be completed in order to achieve overall award:

LG1	Foundation surf competence and knowledge
LG2	Foundation lifeguard knowledge and skills
LG3	Foundation paddle board competence and knowledge
LG4	Foundation rescue tube competence and knowledge
LG9e	Surf Life Saver Fitness Test
FA1	Adult Basic Life Support
FA2	Aquatic First Aid

Optional Units:

FA5	Supplementary Oxygen Administration
LG10	Radio Procedures
FA3	Spinal Injury Management
FA6	Automated External Defibrillation (AED)

Aim:

This award is designed to enable participants to provide lifesaving skills when providing safety cover as part of a wider water safety team or when working in close proximity of participants, such as when working as a coach delivering a session in the sea or a volunteer environment

Course Learning Outcomes:

The Learner will:

Demonstrate the knowledge and skills required in order to provide lifesaving skills when providing safety cover as part of a wider water safety team.

Course Assessment Criteria:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

40 hours delivery including water and theory based sessions, structure will usually take one of the following formats:

- 6 Day course with assessment taking place on the 6th day
- Weekly training sessions run over a number of months

Supporting information:

Guidance:

- This is a practical based course and it is therefore advised that candidates are competent in varying sea conditions and can demonstrate high levels of fitness.

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to the SLSGB Surf Lifeguard, or through mentored training delivery specialise into a specific SLSGB discipline.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles

SLSGB Qualified Roles

Water Safety Functions



Minimum GLH: 25 hours prior to assessment

- Pre-requisites:**
- Be a current member of SLSGB
 - Be a minimum of 14 years of age on the date of assessment
 - Be able to complete a 200m beach run in under 1 minute

Compulsory units to be completed in order to achieve overall award:

LG2	Foundation lifeguard knowledge and skills
LG9f	Beach Lifeguard Support Fitness Test
FA1	Adult Basic Life Support
FA2	Aquatic First Aid

Optional Units:

FA5	Supplementary Oxygen Administration
LG10	Radio Procedures
FA3	Spinal Injury Management
FA6	Automated External Defibrillation (AED)

Aim:

This award is designed to enable participants to provide a first aid function to a water safety team for basic life support and basic first aid and assist with rescues in shallow water, up to knee depth.

Course Learning Outcomes:

The Learner will:

Demonstrate the knowledge and skills required in order to provide a first aid function to a water safety team for basic life support and basic first aid.

Course Assessment Criteria:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

25 hours delivery including practical and theory based sessions.

Supporting information:

Guidance:

- This is a practical based course and it is therefore advised that candidates can demonstrate high levels of fitness.

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to the SLSGB Beach or Surf Lifeguard

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles or functional water safety roles

Minimum GLH: 12 hours

- Pre-requisites:**
- Minimum of 14 years of age on the date of assessment
 - The First Responder award is only open to candidates who hold a valid, recognised First Aid qualification. At the start of the First Responder course all candidates will be required to demonstrate CPR to the standards set out by SLSGB. Candidates who fail this test will not be permitted to continue the course and will not be entitled to a repayment of the course fee.

Compulsory units to be completed in order to achieve overall award:	FA2	Aquatic First Aid
	FA3	Spinal Injury Management
	FA4	Trauma and the pre-hospital environment
	FA5	Supplementary Oxygen Administration
	FA6	Automated External Defibrillation

Optional Units: **FA1** Adult Basic Life Support (this will have been demonstrated before the course commences)

Course Aim:

The Learner will:

Establish a level of competence to deliver intermediate life support. This will include basic life support, use of an Automated External Defibrillator (AED), spinal injury management, effective management of a casualty in a pre-hospital environment, and safe administration of oxygen.

Course Learning Outcomes:

The Learner will:

Demonstrate the knowledge and skills required in order to provide a first aid function to a water safety team for basic life support and basic first aid.

Course Assessment Criteria:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

- The First Responder course may be taught as one course; alternatively the units that make up this award can be taken separately as long as all units have been completed within a 4 month time frame. The award will be valid for 24 months from the date of the first unit being awarded.

Supporting information:

Guidance:

- First aid for lifeguard manual

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to further SLSGB first aid courses or onto additional lifeguard and water safety roles.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver rescue and lifeguard roles or functional water safety roles

Minimum GLH: 8 hours

Pre-requisites: • Minimum of 14 years of age on the date of assessment

Compulsory units to be completed in order to achieve overall award:

FA1 Adult Basic Life Support
FA2 Aquatic First Aid

Optional Units: To progress onto First Responder:

FA3 Spinal Injury Management
FA4 Trauma and the pre-hospital environment
FA5 Supplementary Oxygen Administration
FA6 Automated External Defibrillation

Course Aim:

The Learner will:

Establish a level of competence to administer basic life support and first aid skills within an aquatic environment.

Course Learning Outcomes:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

- The First Aider course may be taught as one course; alternatively the units that make up this award can be taken separately as long as all units have been completed within a 4 month time frame. The award will be valid for 24 months from the date of the first unit being awarded.

Supporting information:

Guidance: • First aid for lifeguard manual

Forms: • Observation forms
 • Assessor guidelines

Progression: It is possible to progress on to further SLSGB first aid courses or onto additional lifeguard and water safety roles.

Who can assess:

SLSGB Trainer Assessors with endorsement to deliver Rescue and lifeguard roles or functional water safety/first aid roles

Course Title: Rescue Swimmer

Minimum GLH: 8 hours

- Pre-requisites:**
- Minimum of 14 years of age on the date of assessment
 - Be able to swim 400m in under 9 minutes 30 seconds
 - Be able to complete a 200m beach run in under 1 minute

Compulsory units to be completed in order to achieve overall award:

LG1 Foundation Surf competence and knowledge

LG4 Foundation rescue tube competence and knowledge

LG9e Surf Life Saver Fitness Tests

Optional Units: **LG3** Foundation paddle board competence and knowledge

Course Aim:

The Learner will:

Establish a level of competence to provide a supporting water safety function to a water safety team, as a rescue tube swimmer. (this level may need to be modified depending on conditions)

Course Learning Outcomes:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

- The Rescue swimmer course may be taught as one course; alternatively the units that make up this award can be taken separately as long as all units have been completed within a 4 month time frame. The award will be valid for 24 months from the date of the first unit being awarded.

Supporting information:

Guidance:

- Beach Lifeguard Manual

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to further SLSGB Lifeguard courses or onto additional water safety roles.

Who can assess:

SLSGB Trainer Assessors or coaches

Course Title: Rescue Board Paddler

Minimum GLH: 8 hours

Pre-requisites:

- Minimum of 14 years of age on the date of assessment
- Be able to swim 400m in under 9 minutes 30 seconds
- Be able to complete a 200m beach run in under 1 minute

Compulsory units to be completed in order to achieve overall award:

LG1	Foundation Surf competence and knowledge
LG3	Foundation paddle board competence and knowledge
LG9e	Fitness requirements for a Surf Life Saver Fitness Tests

Optional Units: **LG4** Foundation Rescue Tube Competence and Knowledge

Course Aim:

The Learner will:

Establish a level of competence to provide a supporting water safety function to a water safety team as a rescue board paddler (this level may need to be modified depending on conditions)

Course Learning Outcomes:

- See Unit learning outcomes

Please note that you need to refer to specific unit specifications to identify the learning outcomes and assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Typical format of delivery:

- The Rescue swimmer course may be taught as one course; alternatively the units that make up this award can be taken separately as long as all units have been completed within a 4 month time frame. The award will be valid for 24 months from the date of the first unit being awarded.

Supporting information:

Guidance:

- Beach Lifeguard Manual

Forms:

- Observation forms
- Assessor guidelines

Progression: It is possible to progress on to further SLSGB Lifeguard courses or onto additional water safety roles.

Who can assess:

SLSGB Trainer Assessors or coaches

Course Title: Surf Life Saving Communications

Aim: This unit has been designed to give learners the knowledge and skills that are needed to communicate effectively within a Surf Life Saving Environment.

Unit Learning Outcomes:

The Learner will:

Demonstrate common communication methods within Surf Life Saving.

Assessment Criteria:

The Learner can:

- Identify the communication methods used within Surf Life Saving
- Identify barriers to communication
- Demonstrate effective radio communication
- Demonstrate effective use of the phonetic alphabet
- Demonstrate signal flag communication
- Demonstrate effective verbal communication

Indicative Content:

- **Methods of communication;** Signal Flags, Radio Procedures, PA announcements, Written, Verbal; tone, pitch, clarity, volume, Non-verbal communications; facial expressions, gestures, body language, drawings, media, technology, written, use of the environment e.g. sand
- **Positioning** groups and individuals for good communication
- The 6 C's of communication; clear, concise, correct, complete, courteous, constructive
- **Improving communications;** SOLVER; square on, open posture, leaning forward, verbal comments, eye contact, relax
- Active Listening; stop, look, listen, respond
- **Barriers;** Environment e.g. sea, wind, waves, rain, event noise, crowds, physical ability
- **Signal Flags;** All hand signals for from beach and out at sea
- **Radio Communications;** Transmissions, Phonetic alphabet, Receiving procedures – listen, PTT button, call sign of who you wish to talk to x 2, identify yourself using call sign x 2 (initial call only), release PTT button, wait for reply, no reply repeat call, proceed with conversation using correct procedures, Call signs – Local Standard operating procedures and call signs. IRB – Inshore Rescue boat, MOBILE – Vehicle response, LIFEGUARD – Runner/swimmer, FOOTPATROL – generic base station for all SLSGB clubs, RESCUE/BASE – Specific lifeguard unit, Water immersion – switch off, take out battery, clean fresh water, sent for repair

Who can assess:

SLSGB Trainer Assessors

SLSGB Qualified Roles

Aquatic Industry Safety



Course Title: SLSGB Aquatic Safety Management

Pre-requisite: Be 16 years of age or over on date of assessment

Aim: This unit has been designed for lead coaches, Trainer Assessors or water safety cover personnel. It provides the relevant understanding and skills for leading on managing risk in surf and water based sessions.

Unit Learning Outcomes:

The Learner will:

Explain how to assess and minimise possible risks in an aquatic environment

Assessment Criteria:

The Learner can:

- 2.1. Identify key aspects of relevant legislative requirements and guidelines within surf lifesaving
- 2.2. Identify and take account of existing risk assessments for:
 - the activities you are planning
 - the resources you will be using
 - the participants who will be taking part
- 2.3. Identify possible hazards and assess the likelihood of these hazards causing harm and the severity of the harm they might cause
- 2.4. Plan how to minimise these risks to a level acceptable to national guidelines
- 2.5. Make sure you have information about the normal operating and emergency procedures for the environment where the session will take place
- 2.6. Identify the procedures for dealing with and reporting injuries and illness

Assessment:

The assessment for this unit takes place as an online moodle quiz. Candidates must print off confirmation of successful completion of the course for the course Tutor. Candidates will also be assessed verbally throughout the duration of the course and must complete both an analytical and full risk assessment for a Surf Life Saving Activity of their choice.

Supporting information:

- Evidence Requirements:**
- Completion of online moodle quiz
 - Completed analytical risk assessment
 - Completed full risk assessment

- Guidance:**
- Power point for SLS2 unit

- Forms:**
- Analytical risk assessment and full risk assessment forms

Indicative Content:

- Current legislation: Health and Safety at Work Act 1974, Code of Conduct , RIDDOR
- SLSGB Specific Policies: National Safety Guide Training Coaching, Coaching and training
- safety toolkit, lifeguard and coaching publications, national event water safety guidelines
- Other Policies; Duty of care/negligence
- Hazard identification relating to activities e.g. board/ski/swim/run/IRB/RWC, environmental factors e.g. rips, waves, tides; participant factors e.g. individuals, groups, specific needs; equipment; public or other water users, participant behaviour, competence of supervision

Course Title: Basic Surf Life Saving Safety

Pre-requisite: Be 15 years of age or over on date of assessment

Aim: This unit has been designed for Level 1 coaches. It provides the relevant understanding and skills for managing risk in water based sessions.

Unit Learning Outcomes:

The Learner will:

Identify how to assess and minimise possible risks for Surf Life Saving sessions.

Assessment Criteria:

The Learner can:

- 3.1. Identify and collect relevant information about the participants and the selected activities, using SLSGB MIS participant details or associated form and PARQ form
- 3.2. Identify relevant others that should be communicated with when planning the use of the training/coaching environment to be in line with good practice
- 3.3. Identify potential hazards and level of risk within the SLSGB training and coaching environment, completing and SLSGB analytical risk assessment form
- 3.4. Identify relevant control measures to reduce risk from risk assessment
- 3.5. Identify relevant information for briefings to participants and others on health, safety, emergency issues and procedures related to training/coaching environment
- 3.6. Check participants' readiness to participate in the activities
- 3.7. Identify procedures for dealing with minor injuries, illness and accidents in line with the health and safety guidelines

Assessment:

Candidates on this unit can be assessed by the coach/trainer assessor who has delivered the course:

- Through completion of a short answer and multiple choice worksheets, visual recognition, form completion, SLSGB online details registration

Supporting information:

- Forms:**
- Analytical risk assessment
 - PARQ form
 - Participant details form

Indicative Content:

- Health and safety: SLSGB Safety and Training Guidelines and legal requirements, related legislation as appropriate, normal operating procedures, dealing with injuries and illness
- Potential risks hazards: beach hazards, ocean hazards, inland waters hazards, equipment, facilities, heating and lighting, venue, surfaces, performance area, participants and others, dress and clothing
- Participants: age, gender, ability level, medical conditions, stage of development and previous experience
- Methods to collect information: question and answer, written questions/form, discussion; SLSGB analytical risk assessment form, PARQ form, SLSGB register, emergency services contact form, participant details form
- Emergency procedures: swim specific safety points, craft specific safety points, emergency exits, fire drills, assembly points

Course Title: SLSGB Coasteering Safety and Rescue

Level: 2

GLH: 8 hours

Pre-requisites:

- Be a minimum of 16 years of age on the date of assessment.
- The Coasteering Safety and Rescue qualification (CSR) is only open to candidates who hold a valid and recognised 18 hour First Aid certificate. At the start of the CSR course all candidates will be required to demonstrate CPR to the standards set out by the Resuscitation Council (UK). Candidates who do not demonstrate competence will not be permitted to continue the course and will not be entitled to a repayment of the course (registration) fee.
- Be able to swim 400 metres in 9 minutes 30 seconds.
- Be medically and physically fit.

Aim: This unit has been designed to provide learners with a level of competence in rescue and lifesaving techniques for Coasteering Guides.

Unit Learning Outcomes:

The Learner will:

Demonstrate the rescue and lifesaving standards required for Coasteering guides.

Assessment Criteria:

The Learner can:

- Demonstrate a competent 400m pool swim in a pool no less than 25 metres in length in a maximum of 9 minute 30 seconds.
- Demonstrate a 200m sea swim whilst wearing typical Coasteering PPE, negotiating surf and using swell to your advantage
- Demonstrate 2 releases of and appropriate handling of the situation
- Demonstrate the rescue of a casualty in the Coasteering environment using a rescue tube and tow over 100 metres.
- Demonstrate the rescue of a casualty in the Coasteering environment using a throw line.
- Demonstrate two appropriate contact tows.
- Demonstrate the effective management of a spinal injury in the Coasteering environment.
- Demonstrate the effective extraction of a casualty to safety in the Coasteering environment.
- Demonstrate effective communication using a variety of techniques.
- Demonstrate understanding of beach environment, Coasteering hazards, mechanism of common injury and drowning.
- Demonstrate action for vomit, if not evidenced in pre-requisite first aid qualification.
- Identify generic and site specific emergency procedures.

Validity:

24 months from the date of the assessment.

Assessment:

- This award is Trainer assessed by an SLSGB Trainer with endorsement to deliver Coasteering Safety and Rescue Qualification*
- *(This award may also be trained and assessed by a SLSGB Trainer who holds Unit 1 and 2 of the CSR qualification.)

Supporting information:

Evidence Requirements:

- Demonstrate the ability to carry out the practical skills as well as support actions with underpinning knowledge as defined in the syllabus.

Guidance:

- Coasteering Safety Manual

Course Title: SLSGB Surf Coach Safety and Rescue

Pre-requisites:

- Be a minimum of 16 years of age on date of assessment.
- Be able to perform a continuous swim for a minimum of 200m in a pool.
- Be medically and physically fit.

Aim: This unit has been designed to establish a standard that creates a level of competence in life saving that meets the requirements of the surf coach and enables more location and job specific training and assessment. Surf Coaching requires a 1:10 ratio and so most surf coaches will be operating on their own and will need to have lifesaving skills to deal with situations without immediate assistance.

Unit Learning Outcomes:

The Learner will:

Demonstrate safety and rescue techniques needed for Surf Coaching.

Assessment Criteria:

The Learner can:

- Demonstrate competence in the required fitness tests and releases
- Demonstrate effectively the ability to carry out various Lifesaving skills
- Demonstrate effective rescue techniques
- Demonstrate how to administer Life Support to Adults, Children and Infants
- Demonstrate knowledge of basic first aid

Validity:

24 months from the date of the assessment. Subsequent proficiency tests may be completed to maintain status.

Assessment:

- Complete the syllabus for assessment
- This qualification can be Trainer Assessed

Supporting information:

Evidence Requirements: Demonstrate the ability to carry out the practical skills as well as support actions with underpinning knowledge as defined in the syllabus.

Course Title: Inland Waters Safety Awareness

Pre-requisites: Be 14 years of age or over on date of assessment

Aim: The purpose of this unit is to enable the learner to gain an understanding of the safety points and rescue techniques that they need to be aware of to work in, on or around inland waters

Unit Learning Outcomes:

The Learner will:

Understand safety awareness and rescue techniques needed to work as an Inland Waters Lifeguard

Assessment Criteria:

The Learner can:

- 5.1. Explain the hazards that exist in a water environment
- 5.2. Explain climatic considerations to consider when working inland water
- 5.3. Describe the boats and vessels that you may be required to be aware of as an Inland waters lifeguard
- 5.4. Explain the Personal Protective Equipment and zoning methods
- 5.5. Describe the safety measures to consider when working near water
- 5.6. Describe the physiological effects of entering cold water
- 5.7. Describe the different rescue options available to you as an inland waters lifeguard
- 5.8. Describe the public rescue equipment that you may need to use

Validity:

24 months from the date of the assessment, with the option of taking proficiency test prior to the expiry.

Assessment:

Assessment of this unit must be undertaken by a qualified and proficient SLSGB Assessor or Coach, as specified per unit specifications.

Supporting information:

Evidence Requirements: Evidence of understanding of all unit criteria, through verbal questioning and demonstration (if applicable)

Guidance: Inland Waters Manual

Forms: Assessment observation forms

Course Title:	Practical Leadership
Pre-requisite:	<ul style="list-style-type: none"> • Be an SLSGB member • Over 16 years of age • Level 3 Board, Ski, Swim Competency relevant to disciplines to lead • Fitness test LG9e or above
Aim:	This is a practical unit for practical people to run practical sessions; it has been designed to provide a pathway for experienced water men/women to lead practical leadership sessions within a surf environment.
Unit Learning Outcomes:	
The Learner will: Demonstrate that they can lead a surf lifesaving activity competently with limited supervision in a surf environment.	
Assessment Criteria:	
The Learner can: <ol style="list-style-type: none"> 1.1. Define the aims and content of the session they will be leading 1.2. Explain the roles and responsibilities of being a leader 1.3. Demonstrate the completion of an analytical risk assessment before the session commences 1.4. Demonstrate a safety briefing to the participants before the session commences 1.5. Demonstrate how to communicate clearly with your participants according to their needs 1.6. Demonstrate how to communicate clearly with both individuals and groups 1.7. Demonstrate how to give the participants clear and supportive feedback on what they have achieved 1.8. Demonstrate the different methods you can use to motivate participants 	
Validity:	
24 months from the date of the assessment, with the option of taking proficiency test prior to the expiry Date and every 12 months thereafter to maintain unit status.	
Assessment:	
Assessment of this unit can be undertaken by the Trainer Assessor for the course as specified in the unit requirements.	
Supporting information:	
Evidence Requirements:	Successful leading of a Surf Lifesaving session
Guidance:	This is a practical unit that may require you to go in the water, learners are therefore expected to be competent within varying sea conditions
Forms:	Assessment Forms

SLSGB Qualified Roles

Surf Sport Coaching



Nipper Coaching Specialist

Unit C9a

Title: Discipline Specific Technical Development – Nipper Coaching Specialist

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to enable learners to progress technical & tactical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will:

Develop performers in the discipline specific technical and tactical areas for nipper coaching.

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain the technical mechanics of the key skills
- 9.2. Identify faults in technique or skill mechanics
- 9.3. Explain appropriate tactical approaches for a nipper
- 9.4. Select appropriate methods to improve technical development
- 9.5. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of a tactical summary for a nipper
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Surf Life Saving Nipper equipment:** beach flags, hats, and clothing. Nipper boards, balls, bats, flotation devices, weights, flippers;
- **Nipper specific events:** pool events, surf based events, distance events;
- **Nipper specific advice and delivery methods and approaches:** FUNDamental technical development practices, FUNDamental development activities;
- **Tactics:** pre-race preparation, pacing, utilising others, positioning, utilising the prevailing conditions, sighting, team working, practices and development activities
- **Evaluation methods:** skill evaluation, time trials and other evaluation methods;
- **SLSGB Participant awards:** Nipper 1-4

Pool Coaching Specialist

Unit C9b

Title: Discipline Specific Technical Development - Pool Coaching Specialist

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to enable learners to progress technical & tactical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will be able to:

Develop the discipline specific technical and tactical development for pool life saving disciplines.

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain the technical mechanics of the key skills
- 9.2. Identify faults in technique or skill mechanics
- 9.3. Explain appropriate tactics for pool life saving events
- 9.4. Select appropriate methods to improve technical development
- 9.5. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of tactical plan
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Pool Life Saving equipment:** fins, obstacles, manikins, rescue tube, nipper boards, clothing and goggles. Pool Life Saving events: 200m obstacle, 50m manikin carry, 100m rescue medley, 100m manikin carry with fins, 100m manikin tow with fins, 200m super life saver, line throw, 4x25m obstacle relay, 4x25m medley relay, 4x25m manikin relay, SERC. Pool
- **Lifesaving skills:** manikin pick-ups, with and without fins, clipping manikin into rescue tube, diving in with fins and rescue tube, donning fins and tube in the water, relay changeovers, line throw, SERC
- **Technique:** skills - starts, finishes, turns; pick-ups, towing and carrying, relays, obstacle negotiation, fin swimming; technical development practices, development activities;
- **Tactics:** pre-race preparation/plans, pacing, utilising others, effective areas for making an attack or recovery, positioning, utilising the surrounding environment, sighting, nutrition strategies
- **Evaluation methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB Participant Awards: SLSGB competency Level 1 Pool

Beach Coaching Specialist

Unit C9c

Title: Discipline Specific Technical Development – Beach Coaching Specialist

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to introduce learners to the technical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will:

Explain the discipline specific technical development for beach coaching

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain the technical mechanics of the key skills of beach events
- 9.2. Identify faults in technique or skill mechanics
- 9.3. Select appropriate methods to improve technical and tactical development
- 9.4. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of tactical plan
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Surf Life Saving beach event equipment:** beach flags, hats, lanes, footwear, clothing;
- **Beach Life Saving events:** Beach Flags, Beach Sprint, Distance Beach Runs, Beach Relay, Oceanman/Taplin relay changeovers and Sprint leg;
- **Beach event skills and tactics:** Sprint and distance starts, sprinting technique; distance running technique, finishes, drafting, Beach Flag starts, dives, Sprint Relay changeovers, Taplin Oceanman relay changeovers and wading; technical development practices; development activities;
- **Tactics:** pre-race preparation/plans, pacing, utilising others, effective areas for making an attack or recovery, positioning, utilising the surrounding environment, sighting, nutrition strategies, nutritional intake methods, team working, practice, development activities
- **Evaluation methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB participant awards: Nipper 1-4, Surf Competency Levels 1-5.

Surf Swim Coaching Specialist

Unit C9d

Title: Discipline Specific Technical Development – Surf Swim Coaching Specialist

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to introduce learners to the technical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will:

Explain the discipline specific technical development for Surf Swimming

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain the technical mechanics of the key skills
- 9.2. Identify faults in technique or skill mechanics
- 9.3. Select appropriate methods to improve technical development
- 9.4. Appropriately evaluate progression

Validity:

24 months initially and then subject to evidence of Continual Professional Development annually. Currently this requires evidence of awarding SLSGB participant level awards and attending an annual SLSGB Update.

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Surf swimming equipment:** Club hat, swim hat, goggles, ear plugs, swimming costume, speed swimming costume, Speed swimming wetsuit, Standard wetsuit, two-piece wetsuit, long john wetsuit, flippers, swim fins, Rescue Tube;
- **Surf swimming events:** Surf race, Run-swim-run, Rescue Tube race, Surf teams race, Taplin/Oceanman Relay race, Oceanman; distance surf swimming;
- **Surf swimming skills:** starts, deep water starts, wading, dolphin dives, negotiating the break, swimming to the buoy, turns, wash riding, swimming to the beach, riding unbroken waves, catching broken waves, finishes, patient pick-ups, donning fins and tube in the water, relay changeovers, patient carrying techniques; deep water EAV patient rescue to shore; Technical development practices, development activities;
- **Evaluation Methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB participant awards: SLSGB Competency Level 1 -5 Surf Swimming

Board Paddling Coaching Specialist

Unit C9e

Title:	Discipline Specific Technical Development – Board Paddling Coaching Specialist
Pre-requisites:	<ul style="list-style-type: none"> • Be a current member of SLSGB • Be over 16 years of age • Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification
Aim:	The purpose of this unit is to enable learners to progress technical & tactical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:**The Learner will:**

Develop performers in the discipline specific technical and tactical development for Board Paddling

Assessment Criteria:**The Learner can:**

- 9.1. Identify and explain technical mechanics of board paddling techniques
- 9.2. Identify and explain the technical mechanics of the key skills
- 9.3. Identify faults in technique or skill mechanics
- 9.4. Explain appropriate tactics for board paddling events
- 9.5. Select appropriate methods to improve technical development
- 9.6. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of tactical plan
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Board Paddling Equipment:** Club hat, swim hat, goggles, swimming costume, wetsuit vest, wetsuit shorts, vest, two piece full suits, wetsuit boots, wetsuit gloves, wetsuit hood, ear plugs, tube suits, Paddle Board, Nipper Board, Rescue Board, soft boards, inflatable boards, distance paddleboards.
- **Board Paddling Events:** Board race, Board Relay race, Board Rescue race, Taplin/Oceanman Relay race, Oceanman; Distance Board Paddling race;
- **Board Paddling Skills:** Starts, deep water starts, wading, negotiating the break prone, negotiating the break kneeling, sit and pop, paddling to the buoy, turns, wash riding, paddling to the beach, riding unbroken waves, catching broken waves, finishes, patient pick-ups, board rescue finishes, relay changeovers, supporting a patient, rescuing others with a board, EAV on a board and rolling onto a patient board, practices and development activities;
- **Techniques:** prone and kneeling posture, position, catch, pull exit and recovery, balance, technical development practices, development activities;
- **Tactics:** pre-race preparation/plans, pacing, utilising others, effective areas for making an attack or recovery, positioning, utilising the surrounding environment, sighting, nutrition strategies, nutritional intake methods, team working, practices and development activities
- **Evaluation Methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB participant awards: SLSGB Competency Level 1 -5 Board Paddling.

Surf Ski Coaching Specialist

Unit C9f

Title: Discipline Specific Technical Development – Surf Ski Coaching Specialist

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to enable learners to progress technical & tactical development that can be made in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will:

Develop performers in the discipline specific technical and tactical development for the Surf Ski

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain technical mechanics of paddling techniques
- 9.2. Identify and explain the technical mechanics of the key skills
- 9.3. Identify faults in technique or skill mechanics
- 9.4. Explain appropriate tactics for ski paddling events
- 9.5. Select appropriate methods to improve technical development
- 9.6. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of tactical plan
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **Ski Paddling equipment:** Club hat, swimming costume, wetsuit vest, wetsuit shorts, vest, two piece full suits, tube suits, Ski, Guppie, Ocean Ski, Junior Ski, double ski, pair of paddles. personal flotation devices, paddling mitts, paddling jackets, wetsuit boots, hats;
- **Ski Paddling events:** Ski race, Ski Relay race, Double Ski race, Taplin/Oceanman Relay race, Surf Ironman/Oceanman. Ocean Ski Paddling race;
- **Ski Paddling skills:** jump starts, beach starts, negotiating the break, rolling, paddling to the buoy, turns, wash riding, paddling to the beach, riding unbroken waves, catching broken waves, finishes, supporting a patient, rescuing others with a ski, relay changeovers, EAV on a Ski and supporting a patient, practices, development activities
- **Techniques:** posture, position, catch, pull exit and recovery, balance,; technical development practices, development activities;
- **Tactics:** pre-race preparation/plans, pacing, utilising others, effective areas for making an attack or recovery, positioning, utilising the surrounding environment, sighting, nutrition strategies, nutritional intake methods, team working, practice, development activities
- **Evaluation Methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB participant awards: SLSGB Competency Level 1 -5 Ski Paddling

Inshore Rescue Boat (IRB) Coaching Specialist Unit C9g

Title: Discipline Specific Technical Development – Inshore Rescue Boat (IRB)

Pre-requisites:

- Be a current member of SLSGB
- Be over 16 years of age
- Any person meeting the above criteria may undertake this unit, but cannot be classed as a qualified Specialist Coach in the SLSGB system until they also hold an SLSGB Level 1 - Assistant Coach or Level 2 - Lead Coach Qualification

Aim: The purpose of this unit is to enable learners to progress technical & tactical development in specific Surf Life Saving disciplines

Unit Learning Outcomes:

The Learner will be able to:

Develop performers in discipline specific technical and tactical areas for IRB Sport

Assessment Criteria:

The Learner can:

- 9.1. Identify and explain technical mechanics applicable to a patient, crewperson and driver
- 9.2. Identify and explain the technical mechanics of the key skills
- 9.3. Identify faults in technique or skill mechanics
- 9.4. Explain appropriate tactical approaches in IRB Sport
- 9.5. Select appropriate methods to improve technical development
- 9.6. Appropriately evaluate progression

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Explanation of a tactical plan for prevailing conditions
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Indicative Content:

- **IRB Sport Equipment:** Club hat, swim cap, helmet, wetsuit, lane vest, IRB, engine, fuel tank, rescue tube, lane buoys, competition arena equipment;
- **Events:** Rescue, Mass Rescue, Teams Rescue, Tube Rescue, Rescue Relay;
- **IRB Sport Skills:** Pre-start, Patient drop off, starts (boat pick up and drag), starts, proceeding out to the buoy, buoy turn, Tube swimmer drop off, Patient pick up, Patient clip up and tow, Tube swimmer and Patient pick up, proceeding back to shore, Mass Rescue turn around, Teams Rescue changeover, Finishes; technical development practices, development activities:
- **Tactics:** pre-race preparation/plans, equipment preparation, course familiarisation, positioning, patient and crew selection, utilising the surrounding environment, sighting, nutrition strategies, negotiating banks and surf, team working, practice, development activities
- **Evaluation Methods:** e.g. skill evaluation, time trials and other evaluation methods; SLSGB Participant Awards: SLSGB Competency Level 3 -5 IRB Sport (Patient, Crew, Driver)

SLSGB Level 1 Coach – Assistant Coach**C0101****Title:** SLSGB Level 1 Coach – Assistant Coach**Level:** 1**GLH:** 2 x 7 hour days**Pre-requisites:**

- Minimum of 16 years old on commencement of the unit
- Candidates must be current members of SLSGB.

Any additional pre-requisites required for specific units will be listed on the unit specification

Compulsory units to be completed in order to achieve overall award:

- C1** Introduction to Coaching
- C2** Human Body and Fitness
- C3** Communication and Session Delivery
- SLS3** Basic Surf Life Saving Safety
- C4** Organising participants and delivery
- C5** SLSGB Equipment
- C6** SLSGB Activity Delivery
- C7** Evaluation and CPD

Please note that you need to refer to specific unit specifications to identify the assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Aim:

The Level 1 coach will assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision from a Level 2 qualified coach or above.

Course Aim:**The Learner will:**

Demonstrate the knowledge and skills required to act as a Level 1 Coach for SLSGB training sessions.

Course Learning Outcomes:**The Learner can:**

- Identify SLSGBs training and coaching roles
- Identify the different systems of human body and fitness levels and their significance to Surf Life Saving Sports performance
- Describe how to communicate effectively and deliver a Surf Life Saving Sport session
- Identify how to assess and minimise possible risks for Surf Life Saving sessions
- Demonstrate how to organise participants and deliver a Surf Life Saving Sport Session
- Identify how to use Surf Life Saving equipment safely
- Identify and demonstrate how to deliver a Surf Life Saving activity
- Describe how to evaluate sessions and contribute to personal CPD

Validity:

24 months from the date of the assessment, with the option of taking proficiency test prior to the expiry Date and every 12 months thereafter to maintain unit status.

Assessment:

Assessment of this qualification must be undertaken by a qualified and proficient SLSGB Assessor or Coach Tutor, as specified per unit specifications. See specific unit specifications for assessment modes.

Supporting information:

Evidence

Requirements:

- Through oral assessment and recorded evaluation of the assessed coaching practice

Guidance:

- Candidates must have completed a satisfactory SLSGB CRB enhanced check and signed a child welfare training record form.
- This Level 1 unit will combine theory and practical activities and may require the candidate to enter shallow water (although involvement in wet activities is desirable, it is not mandatory)
- Candidate is required to complete the course workbook; time is allocated on the course for guidance on this process. Completion of this workbook may however require an additional 1-4 hours beyond the designated course hours.

Forms:

- Evaluation forms

SLSGB Level 2 Coach – Lead Coach**C0102****Title:** SLSGB Level 2 Coach – Lead Coach**Level:** 2**GLH:** 2 x 8 hour days**Pre-requisites:**

- Minimum of 18 years old to practice as a Level 2 Coach
- Candidates must be current members of SLSGB.
- Participants must have completed 10 hours recorded coaching as SLS Level 1 Coach

Any additional pre-requisites required for specific units will be listed on the unit specification

Compulsory units to be completed in order to achieve overall award:**C8** Roles and Responsibilities and effective coaching**SLS2** Aquatic Safety Management**SLS4** SLSGB Qualifications and Awards**C10** Psychology**C11** Effective Management**C12** Human Body Function**C13** Developing Performance**C14** Diet and Nutrition**C15** Long Term Life Saver Development**C16** Goal Setting**C17** Planning for a series of sessions**C18** Evaluating coaching and performance**C19** Continued Personal Development**C20** Practical Coaching Skills

Please note that you need to refer to specific unit specifications to identify the assessment criteria. These can be found by requesting through SLSGB or through the SLSGB MIS System.

Aim:

The Level 2 coach will lead the planning, preparation, delivery and evaluation of sessions and support less experienced coaches

Course Aim:**The Learner will:**

Demonstrate the knowledge and skills required to act as a Level 2 Coach for SLSGB training sessions.

Course Learning Outcomes:

The Learner can:

- Explain the roles and responsibilities of the coach and effective coaching
- Explain how to assess and minimise possible risks in an aquatic environment
- Explain the discipline specific technical development for one specific SLSGB discipline
- Identify the different SLSGB Qualifications and Awards, including administration and assessment procedures.
- Define the term 'motivation' and identify the different types.
- Demonstrate how to effectively manage a Surf Life Saving coaching session
- Identify the functions of the human body in relation to Surf Life Saving sessions.
- Identify how to develop participants' performance
- Identify appropriate diet and nutrition for Surf Life Saving Sessions.
- Describe the Long Term Athlete Development (LTAD) Model
- Explain how to set goals to help participants develop within Surf Life Saving.
- Demonstrate how to plan for a series of Surf Life Saving sessions
- Explain how to evaluate coaching and performance for a Surf Life Saving session
- Identify coaching areas for continuous personal development.
- Demonstrate evidence of practical coaching skills

Validity:

24 months from the date of the assessment, with the option of taking proficiency test prior to the expiry Date and every 12 months thereafter to maintain unit status.

Assessment:

Candidates on this qualification can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Supporting information:

Evidence

- Completion of worksheet tasks and evaluation forms

Requirements:

Guidance:

- SLSGB Level 2 Coach Core units
- Candidates must have completed a satisfactory SLSGB CRB Enhanced Check and signed a Safeguarding Training Record
- Candidate is required to complete revision of course material. Time is allocated on the course for guidance on this process. Completion of this may require an additional 1-4 hours beyond the designated course hours.

Forms:

- Evaluation forms

SLSGB Qualified Roles

Event Support



Course Title: Ocean and Beach Official

Pre-requisites:

- Be a current SLSGB member
- Be a minimum of 16 years of age on commencement of the course

Compulsory units to be completed in order to achieve overall award:

SLS1	Safeguarding
SLS3	Basic Surf Life Saving Safety
SLS6	Understanding SLS Communications
OF1a	SLS Officials Roles, stakeholders and governing framework
OF2a	Setting up SLS Events
OF3a	SLS Official Practical Competence

Course Aim:

The Learner will:

This programme is aimed at those wishing to become involved at Surf Life Saving GB sport events. This qualification will enable candidates to demonstrate the standards required to work as an Ocean or Beach Official at SLSGB Events.

Course Learning Outcomes:

The Learner can:

- Explain how to help to safeguard and protect children and vulnerable adults in a Surf Life Saving environment
- Identify how to assess and minimise possible risks for Surf Life Saving sessions.
- Undertake common communication methods in Surf Life Saving
- Demonstrate the roles, responsibilities and surrounding rules governing practice for an Official
- Demonstrate how to set up SLS ocean and beach events
- Perform in the role of an Official in ocean and beach events

Validity:

The award is valid for 24 months, within which time the individual must attend the SLSGB annual National Update and attend an SLSGB event as an SLSGB Official or Referee, ensuring that this is logged within the SLSGB MIS system.

Assessment:

Candidates will be assessed by the Trainer Assessor who delivers the course:, through

- Individual and group oral activities in each module
- Completion of open-book assessments
- Completion of multiple-choice tests
- A practical assessment

Completion of the full award is achieved by logging mentored officiating at both Regional and National SLSGB sport events. On-the-job assessment will be carried out by the Senior Referee at these events.

Supporting information:

Evidence Requirements:

- Candidates must have completed a satisfactory SLSGB CRB Enhanced Check and signed a safeguarding Training Record.
- Successful completion of Officials course workbook
- Successful practical assessment and mentored officiating

Guidance:

- ILS Rule Book
- SLSGB Rule Books

Course Title:	Pool Official
Pre-requisites:	<ul style="list-style-type: none"> • Be a current SLSGB member • Be a minimum of 16 years of age on commencement of the course
Compulsory units to be completed in order to achieve overall award:	<p>SLS1 Safeguarding</p> <p>SLS3 Basic Surf Life Saving Safety</p> <p>SLS6 Understanding SLS Communications</p> <p>OF1b SLS Officials Roles, stakeholders and governing framework</p> <p>OF2b Setting up SLS Events</p> <p>OF3b SLS Official Practical Competence</p>
Course Aim:	
<p>The Learner will:</p> <p>This programme is aimed at those wishing to become involved at Surf Life Saving GB sport events. This qualification will enable candidates to demonstrate the standards required to work as a Pool Official at SLSGB Events.</p>	
Course Learning Outcomes:	
<p>The Learner can:</p> <ul style="list-style-type: none"> • Explain how to help to safeguard and protect children and vulnerable adults in a Surf Life Saving environment • Identify how to assess and minimise possible risks for Surf Life Saving sessions. • Undertake common communication methods in Surf Life Saving • Demonstrate the roles, responsibilities and surrounding rules governing practice for an Official • Demonstrate how to set up SLS pool events • Perform in the role of an Official at pool events 	
Validity:	
<p>The award is valid for 24 months, within which time the individual must attend the SLSGB annual National Update and attend an SLSGB event as an SLSGB Official or Referee, ensuring that this is logged within the SLSGB MIS system.</p>	
Assessment:	
<p>Candidates will be assessed by the Trainer Assessor who delivers the course:, through</p> <ul style="list-style-type: none"> • Individual and group oral activities in each module • Completion of open-book assessments • Completion of multiple-choice tests • A practical assessment <p>Completion of the full award is achieved by logging mentored officiating at both Regional and National SLSGB sport events. On-the-job assessment will be carried out by the Senior Referee at these events.</p>	
Supporting information:	
Evidence Requirements:	<ul style="list-style-type: none"> • Candidates must have completed a satisfactory SLSGB CRB Enhanced Check and signed a safeguarding Training Record. • Successful completion of Officials course workbook • Successful practical assessment and mentored officiating
Guidance:	<ul style="list-style-type: none"> • ILS Rule Book • SLSGB Rule Books
Progression:	Progression to ILS Referee qualifications is possible

Course Title: IRB Sport Official

Pre-requisites:

- Be a current SLSGB member
- Be a minimum of 16 years of age on commencement of the course

Compulsory units to be completed in order to achieve overall award:

SLS1	Safeguarding
SLS3	Basic Surf Life Saving Safety
SLS6	Understanding SLS Communications
OF1c	SLS Officials Roles, stakeholders and governing framework
OF2c	Setting up SLS IRB Sport Events
OF3c	SLS Official Practical Competence

Course Aim:

The Learner will:

This programme is aimed at those wishing to become involved at Surf Life Saving GB sport events. This qualification will enable candidates to demonstrate the standards required to work as an IRB Official at IRB Sport Events.

Course Learning Outcomes:

The Learner can:

- Explain how to help to safeguard and protect children and vulnerable adults in a Surf Life Saving environment
- Identify how to assess and minimise possible risks for Surf Life Saving sessions.
- Undertake common communication methods in Surf Life Saving
- Demonstrate the roles, responsibilities and surrounding rules governing practice for an Official
- Demonstrate how to set up IRB Sport events
- Perform in the role of an Official at IRB Sport events

Validity:

The award is valid for 24 months, within which time the individual must attend the SLSGB annual National Update and attend an IRB Sport event as an SLSGB IRB Sport Official or Referee, ensuring that this is logged within the SLSGB MIS system.

Assessment:

Candidates will be assessed by the Trainer Assessor who delivers the course:, through

- Individual and group oral activities in each module
- Completion of open-book assessments
- Completion of multiple-choice tests
- A practical coaching assessment

Completion of the full award will be logging their time at both Regional and National SLSGB sport events. On-the-job assessment will be carried out by the Senior Referee at these events.

Supporting information:

Evidence Requirements:

- Candidates must have completed a satisfactory SLSGB CRB Enhanced Check and signed a safeguarding Training Record.
- Successful completion of Officials course workbook

Guidance:

- ILS Rule Book
- SLSGB Rule Books

Progression: Progression to ILS Referee qualifications is possible

SLSGB Qualified Roles

Centre Support



Course Title: SLSGB Online Awards Administration – Membership Officer

Level: 2

- Pre-requisites:**
- Be a current member of SLSGB
 - Be a minimum of 18 years of age on the date of training
 - MIS training is available to specific centre officers or roles, such as Trainer Assessors, Training Officers, Verifiers, Coaches, RLSO's, and Membership Secretaries.
 - Recognition from the centre or club of official Training Officer or from SLSGB for qualified Trainer Assessors responsible for course registrations.
 - Agreement to access MIS regularly and appropriately within the affiliation year. Spot checks may be carried out to verify whether an account is dormant.
 - Users must agree to the SLSGB Data Protection Policy and Confidentiality Policy before accessing the online database.

Aim: This unit has been designed to enable Membership Officers to independently use the MIS online database, including the functions: adding and renewing a member, amending member and club details, making online payments and producing a report of statistical information.

Unit Learning Outcomes:

The Learner will:

Demonstrate that they have a level of ability that allows independent use of the MIS online database and understands the MIS's different functions

Assessment Criteria:

The Learner can:

- 2.1. Explain the level of access they have been provided for their role
- 2.2. Explain the functions that are available through this access including:
 - Renewing a member
 - Adding a member
 - Updating member and club information
 - Creating a renewal
 - Paying for a renewal
 - Generating a report
- 2.3. Demonstrate the online procedure for renewing a member from start to finish including all of the above key functions

Validity:

Indefinite validity, dependant on attending any required SLSGB update training throughout the continual development of the MIS.

Assessment:

The unit is assessed through attending a training session on the MIS (this can be completed online), or equivalent and providing evidence of successful use of the MIS system required for a specific role.

This award is Trainer assessed (Trainer can also be also be SLSGB MIS staff).

Supporting information:

Evidence	• Written or verbal description of one Practical.
Requirements:	• Practical competence through demonstration of two practical's.
Guidance:	Power points to assist with completion of online moodle quiz
Forms:	N/A

Indicative Content:

- Renewing a member
- Adding a member
- Updating member and club information
- Creating a renewal
- Paying for a renewal
- Generating a report

Course Title: SLSGB Online Awards Administration (MIS) – Trainer Assessors

Level: 2

Pre-requisites:

- Be a current member of SLSGB
- Be a minimum of 18 years of age on the date of training
- MIS training is available to specific centre officers or roles, such as Trainer Assessors, Training Officers, Verifiers, Coaches, RLSO's, and Membership Secretaries.
- Recognition from the centre or club of official Training Officer or from SLSGB for qualified Trainer Assessors responsible for course registrations.
- Agreement to access MIS regularly and appropriately within the affiliation year. Spot checks may be carried out to verify whether an account is dormant.
- Users must agree to the SLSGB Data Protection Policy and Confidentiality Policy before accessing the online database.

Aim: This unit has been designed to enable Trainer Assessors to independently use the MIS online database, including the functions: registering a new course, enrolling and paying for candidates, ordering and paying for manuals, and adding/renewing members, marking candidate assessments and ordering & paying for manuals online.

Unit Learning Outcomes:

The Learner will:

Demonstrate that they have a level of ability that allows independent use of the MIS online database and understands the MIS's different functions

Assessment Criteria:

The Learner can:

- 2.1. Describe the different SLSGB award pathways and the purpose of specific SLSGB awards
- 2.2. Identify the administration responsibilities of all Educator roles and SLSGB Life Saving Commission (see awards guide for overview of administration responsibilities).
- 2.3. Identify the level of access they have been provided for their role, and the functions available through this account
- 2.4. Demonstrate registering a new course,
- 2.5. Demonstrate Enrolment of candidates onto course
- 2.6. Demonstrate how to arrange payment for course fees
- 2.7. Demonstrate how to add or renew memberships, including fee payments (renewals),
- 2.8. Demonstrate how to order manuals
- 2.9. Identify how you would arrange payment for a manual order
- 2.10. Demonstrate the generation of a report
- 2.11. Describe how to request support and find help Log in to the MIS
- 2.12. Demonstrate the ability to mark candidate assessments

Validity:

Indefinite validity, dependant on attending any required SLSGB update training throughout the continual development of the MIS.

Assessment:

The unit is assessed through attending a training session on the MIS (this can be completed online), or equivalent and providing evidence of successful use of the MIS system required for a specific role.

This award is Trainer assessed (Trainer can also be also be SLSGB MIS staff).

Supporting information:

Evidence Requirements:	<ul style="list-style-type: none"> • Written or verbal description of 1 Practical. • Practical competence through demonstration of 2 practical.
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Guidance:	Power points to assist with completion of online moodle quiz
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Forms:	N/A
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Indicative Content:

- Registering a new course,
- Enrolment of candidates onto courses
- How to arrange payment for course fees
- How to add or renew memberships, including fee payments (renewals),
- How to order manuals
- How you would arrange payment for a manual order

Course Title:	SLSGB Online Awards Administration (MIS) – Regional Life Saving Officers (RLSOs) and National Life Saving Officer
Level:	2
Pre-requisites:	<ul style="list-style-type: none"> • Be a current member of SLSGB • Be a minimum of 18 years of age on the date of training • MIS training is available to specific centre officers or roles, such as Trainer Assessors, Training Officers, Verifiers, Coaches, RLSO's, and Membership Secretaries. • Recognition from the centre or club of official Training Officer or from SLSGB for qualified Trainer Assessors responsible for course registrations. • Agreement to access MIS regularly and appropriately within the affiliation year. Spot checks may be carried out to verify whether an account is dormant. • Users must agree to the SLSGB Data Protection Policy and Confidentiality Policy before accessing the online database.
Aim:	This unit has been designed to enable RLSOs and National Training Officers to independently use the MIS online database, including the functions: approving a course registration and verifying completed assessments.

Unit Learning Outcomes:

The Learner will:

Demonstrate that they have a level of ability that allows independent use of the MIS online database and understands the MIS's different functions within SLSGB RLSO or AQAS roles

Assessment Criteria:

- 2.1.** Identify the administration responsibilities of Trainers, Assessors, AQAS, Tutors, Inspectors, RLSO/NLSO
- 2.2.** Explain the level of access they have been provided with for their role
- 2.3.** Explain the functions available through this access including;
 - Approving a course registration
 - Verifying a completed assessment
 - Generating a report
- 2.4.** Demonstrate effectively the online procedure for marking course assessment, and using the MIS Effectively including:
 - Approving course registrations
 - Verifying a completed assessment
 - Inputting AQAS verification visit details
 - Generating a report
 - Requesting support and finding help
 - Providing suggestions for improvements to MIS

Validity:

Indefinite validity, dependant on attending any required SLSGB update training throughout the continual development of the MIS.

Assessment:

The unit is assessed through attending a training session on the MIS (this can be completed online), or equivalent and providing evidence of successful use of the MIS system required for a specific role.

This award is Trainer assessed (Trainer can also be also be SLISGB MIS staff).

Supporting information:

Evidence	• Written or verbal description of 1 Practical.
Requirements:	• Practical competence through demonstration of 2 practical.
Guidance:	Power points to assist with completion of online moodle quiz
Forms:	N/A

Indicative Content:

- How to approve a new course
- How to verify a completed assignment
- How to generate a report

Course Title: SLSGB Safeguarding

Level: 2

Aim: This unit has been designed to raise awareness and introduce basic guidelines of safeguarding to all members of the club and SLSGB. To provide children with the best possible experience and opportunities in Surf Life Saving, everyone must operate within an accepted ethical framework, which includes the SLSGB Equal Opportunities Policy, Code of Conduct and Fair Play Code (available within the SLSGB Safeguarding Policy).

Unit Learning Outcomes:

The Learner will:

Explain how to help to safeguard and protect children and vulnerable adults in a Surf Life Saving environment

Assessment Criteria:

The Learner can:

- 1.1. Identify where to find up-to-date information on SLSGB organisational guidelines for safeguarding and protecting children and vulnerable adults
- 1.2. Identify the importance of policies and procedures for your role within surf lifesaving
- 1.3. Identify possible signs of abuse
- 1.4. Describe good practice procedures for: safeguarding and protecting children and vulnerable adults at all times, protecting yourself from potential accusations
- 1.5. Identify how to deal with problems when they arise and refer those that cannot be resolved to the personal responsible
- 1.6. Identify how to record and report any concerns you may have about the welfare of children and vulnerable adults
- 1.7. Identify how to deal with confidential information using appropriate guidelines

Validity:

Not defined, dependant on attending any required update training throughout the continual development of the Safeguarding policies and protocol of SLSGB, although SLSGB recommended good practice is to refresh this training every three years.

Assessment:

Assessment of this unit can be Trainer Assessed, as specified per unit specifications.

Indicative Content:

- **Guidance:** SLSGB Guidelines - Moodle, Website – Document store, SLSGB Safeguarding policy and procedures, Equal opportunities policy, Codes of conduct, Fair play code
- **Common signs and indicators of abuse:** physical, emotional, neglect, sexual, bullying
- **Dealing with information:** data protection, disclosure of information and facts, protection of children and vulnerable adults from abuse
- **Dealing with injuries/illness:** role of coach/trainer assessor, behaviour of coach/trainer assessors, identifying qualified assistance, offering comfort and reassurance, using correct organisational procedures, data protection and issues of confidentiality

Course Title: SLSGB Nipper Support

Pre-requisites:

- Be a current SLSGB member
- Be over the age of 16

Aim: This unit has been designed to provide on-land support to Coaches and Lifeguards at Nipper/ participant sessions for setting up, administration and closing down of sessions. Important! This qualification does not allow the individual to provide a remit of water safety cover, nor does it allow the individual to provide coaching support to Nippers. For qualifications of this nature, please refer to qualifications under the remits of SLSGB Rescue and Lifeguard or SLSGB Surf Sport Coaching qualifications, respectively.

Unit Learning Outcomes:

The Learner will:

Explain how to provide on-land support to Coaches and Lifeguards at participant sessions.

Assessment Criteria:

The Learner can:

- 5.1. Identify responsibilities and limitations for the role of Nipper support
- 5.2. Demonstrate how to locate, set up, carry, check equipment
- 5.3. Explain the awards and events available to Nippers and their paths of progression
- 5.4. Demonstrate how to take down and store equipment
- 5.5. Check, tidy and clean facility areas
- 5.6. Work well with Coaches, Lifeguards and other parents
- 5.7. Help to prepare for activities in a coaching session
- 5.8. Undertake administration and registration responsibilities for Nippers/participants
- 5.9. Help Nippers/participants get ready for a session
- 5.10. Refer injuries and illness
- 5.11. Follow emergency procedures

Indicative Content:

- SLS Equipment
- SLS facilities
- SLS session administration and preparation
- SLS emergency procedures

Course Title: SLSGB Qualifications and Awards

Aim: The purpose of this unit is to introduce learners to the different qualifications and awards offered by SLSGB. Including assessment and administration procedures and the responsibilities for a Trainer Assessor.

Unit Learning Outcomes:

The Learner will:

Identify the different SLSGB Qualifications and Awards, including administration and assessment procedures.

Assessment Criteria:

The Learner can:

- 4.1. Explain the qualification required for SLSGB specific occupational roles
- 4.2. Identify appropriate awards for achievement of competency for varying requirements
- 4.3. Identify the assessment and administration procedure for SLSGB awards
- 4.4. Explain the SLSGB qualifications and awards responsibilities for a Trainer Assessor

Assessment:

Candidates on this unit can be assessed by the Tutor who delivers the course or an independent Assessor through;

- Individual and group oral activities in each unit
- Completion of open book assessments
- Completion of multiple choice tests and short answer worksheets
- A practical coaching assessment of technical delivery
- Completion of a log of 10 hours' coaching with an experienced discipline specific coach

Supporting information:

Evidence Requirements:

- Completion of a practical assessment task

Guidance:

- SLSGB Level 2 Coach Core Modules
- Candidates must have completed a satisfactory SLSGB CRB Enhanced Check and signed a Child Welfare Training Record
- Candidate is required to complete revision of course material. Time is allocated on the course for guidance on this process. Completion of this may require an additional 1-4 hours beyond the designated course hours.

Forms:

- See SLSGB Awards Guide on Document Store

SLSGB Participant Awards

Nipper Surf Safety Awards



Nipper 1

Aim

To build confidence and enjoy fundamental surf safety and skills within the individual's own depth.

Pre-requisite

- 7-12 years old
- Able to swim 25 metres

Assessment criteria

Demonstrate:

- Running into the sea
- Going underwater as a wave passes
- Jumping or charging through waves
- The ability to relax and float on the back in the sea for 30 seconds
- Shout and signal for help
- Providing a friend with a flotation device
- Identify 'Return to Shore', 'Proceed Further Out to Sea', 'Go Left' and 'Go Right' signals
- Understand one whistle blast for attract attention
- Perform 'Assistance Required' signal
- Identify recognised areas for safe swimming on beaches
- Identify dangerous areas for swimming on beaches
- The ability to identify a lifeguard
- Recognise to only ever enter the water with another competent person, not alone

Validity

Indefinite.

Progression: Candidates can progress to Nipper 2 Award

Assessed by: SLSGB Coach or Assistant Coach through practical assessment and short verbal questions/question paper.

Nipper 2

Aim

To enjoy surf safety and enable development of basic skills in sessions or events within own depth for Board Paddling and swimming.

Pre-requisites

- age 7-12 years old
- Completion of Nipper 1 criteria,
- SLSGB member
- Able to swim 100 metres

Assessment criteria

Demonstrate:

- Wading and running through waves
- Dive over waves
- Correct body surfing position
- Completion of a wading course
- Swimming in flat conditions for 100 metres
- Prone paddling a board, in flat conditions for 150 metres
- Carrying of a board
- Capsize and get back on a board in deep water
- Ability to turn left and turn right while prone paddling a board
- Identify two safety points when using a board
- Identify three types of waves
- Recognise the flagged/safe areas and times to go in the water
- Recognise two potential dangers of other water users to self
- Be able to explain what to do when in trouble in the sea
- Know who to call in an emergency

Validity

Not defined

Progression: Candidates can now progress to a Nipper 3 Award

Assessed by: SLSGB Coach or Assistant Coach, through practical assessment and short verbal questions/question paper.

Nipper 3

Aim

To provide competence for participation in 'out of depth' Nipper surf sessions and SLSGB Nipper events for Board Paddling and Surf Swimming.

Pre-requisites

- age 7-12 years old
- Completion of Nipper 2 criteria,
- SLSGB member
- Able to swim 300 metres

Assessment criteria

Demonstrate:

- Ability to tread water for 30 seconds at sea
- Complete a 300 metre swim course
- Complete a 400 metre board course
- Ability to perform dolphin dives appropriate for going over and under waves
- Ability to turn the board 360 degrees whilst sitting without the need for the use of the hands
- Ability to perform correct skills to ride a wave on a board, straight to shore
- Ability to quickly move weight from front to back and back to front of board
- Ability to get to kneeling position on a board
- Ability to push and glide on a board
- Five specific safety points specific to using craft
- Use your board as a flotation support for a friend at sea until help arrives
- Signalling for 'Danger' and 'All clear' (from a board)
- Identify three types of rip currents
- Able to explain what to do if you see someone else in trouble in the sea
- Know how to keep position in the sea and align with fixed objects on the land

Validity

Not defined

Progression: Candidates can progress to a Nipper 4 award

Assessed by: SLSGB Coach or Assistant Coach, through practical assessment and short verbal questions/question paper.

Nipper 4

Aim

To provide a safe and competent Nipper that can safely and enjoyably progress their competencies into a more advanced Surf Life Saver when progressing from Nippers for both Board Paddling and Surf Swimming.

Pre-requisites

- age 7-12 years old
- Completion of Nipper 3 criteria,
- SLSGB member
- Able to swim 300 metres

Assessment Criteria

Demonstrate:

- Complete a 500 metre board, 100 metre run and 300 metre swim course in succession in the sea
- When Surf Swimming: wade, dolphin dive, swim out to sea then tread water at sea for three minutes and be able to swim and body surf back to shore, as appropriate
- With use of a board: bunny hop, prone paddle and knee paddle on a board; sit and turn the board left and right 360 degrees without need to use the arms; lie and pop through waves; ride along waves left and right and carry the board independently
- Able to move weight from front to back of board and back to front of board when on a wave
- Communicate 'Assistance Required', 'Go Left', 'Go Right', 'Return to Shore' using recognised signal flags
- Ability to paddle a board to shore from beyond the break, with another friend on the front.
- Know what to do with weaver stings
- Identify the dangers of rips, waves, rocks, cliffs, sand, wind, tides, sun and cold

Validity

Indefinite

Progression: Candidates can progress to SLSGB basic and advanced competencies (Levels 2 and above) for swim or board disciplines or Level 1 and above in other disciplines (subject to meeting specific pre-requisites).

Assessed by: SLSGB Coach or Assistant Coach, through practical assessment and short verbal questions/question paper.

SLSGB

Participant Awards

Surf Competency Awards



Level 1 - SLSGB Flat Water Competencies

Aim

The award is aimed at achieving personal competence required to participate safely in flat water training sessions and as a minimum requirement for flat water events and competitions for the chosen disciplines.

Pre-requisite

- Minimum of 7 years of age on the date of assessment for pool award.
- Minimum of 12 years of age on the date of assessment for swim, board, ski awards.
- Minimum of 16 years of age on the date of assessment for surf boat awards.
- Minimum Guided Learning Hours – 10 hours prior to assessment.
- Must be able to swim.
- Must hold a current Surf Swimming Level 1 award, before being able to undertake Level 1 awards of Board, Ski, Surfboat.

Conditions

Fair conditions e.g. flat water or slightly choppy waters

Validity

- Pool award is five years.
- Swim Level 1 is valid for 24 months.
- Other Level 1 awards are indefinite (not defined at the current time).
- An individual must hold current swimming Level 1 (flat water) competence to remain valid or to enable them progress to Grade 1 Board, Ski, Surf boat or Pool competency awards.

Syllabus and Assessment Criteria

In the view of the Assessor, the participant must be able to complete a flat water training session or event, without the need for assistance. The candidate should demonstrate the discipline specific criteria indicated in Table 1.

Table 1: Discipline specific assessment criteria for Level 1

Swim	Board	Ski	Surf Boat	Pool
Identify swim specific personal safety points	Identify equipment pre-use checks and appropriate equipment storage			Demonstrate a safe entry into a shallow pool
Retrieve an object from two metres depth of water	Demonstrate appropriate manual handling of equipment			Demonstrate a safe dive into a pool of appropriate depth
Complete a 10 second submerged breath hold	Identify craft specific personal safety points			Demonstrate a safe dive from competition blocks into a pool of appropriate depth
Complete a 200 metres continuous swim in under five minutes	Explain emergency procedure if in difficulty in flat water			Understand specific personal safety points for a swimming pool environment

Explain emergency procedure if in difficulty in flat water	Demonstrate capsize procedure			
Demonstrate essential communications (assistance required, return to shore, proceed further out to sea, proceed left, proceed right, whistle blasts.)	Demonstrate a prone 360 degree turn to right and to the left	Demonstrate a 360 degree turn to the right and to the left	Demonstrate a 360 degree turn to the right and to the left with team	
Identify swim specific personal safety points	Demonstrate a seated 720 degree turn to the right and to the left	Demonstrate a support stroke	Demonstrate a position change with team members	
	Demonstrate appropriate positioning and posture while paddling prone with alternating arm action	Demonstrate appropriate positioning and posture while paddling	Demonstrate appropriate positioning and posture while rowing	
	Complete 400 metres of paddling in under 10 minutes	Complete 600 metres of paddling in under 10 minutes	Able to row in time with crew for 300 metres	
	Able to use correct approach to riding a small wave in a straight line to shore	Able to evidence a correct approach to riding small wave in a straight line to shore	Able to evidence a correct approach to riding a small wave in a straight line to shore	

Assessed by: This award can be Trainer/Coach assessed once the minimum Guided Learning Hours have been completed

Assessment Method: Practical assessment and verbal questioning/question paper.

Level 2 - SLSGB Surf Competencies

Aim

The award is aimed at achieving personal competence and knowledge required to participate safely in surf based training sessions and as a minimum requirement for surf based events or competitions, for the chosen disciplines. It also provides a base to progress to more advanced competencies, Life Saving awards, water industry safety qualifications and relevant SLSGB qualified roles.

Pre-requisite

- Be an SLSGB member
- Minimum of 12 years of age on the date of assessment for Swim, Board, Ski awards.
- Minimum of 16 years of age on the date of assessment for Surfboat awards.
- Minimum Guided Learning Hours – 10 hours prior to assessment.
- Must show evidence of ability to complete the relevant Level 1 criteria before progressing to Level 2.
- Must hold a current Surf Swimming Level 2 award before being able to undertake other Level 2 awards of board, Ski, Surfboat.

Recognition of Prior Learning: A current SLSGB Surf Lifeguard qualification will be accepted as evidence of completion of Level 2 swim and/or board competency.

Conditions

Small surf conditions e.g. minimum knee high waves or wind chop (approximate).

Validity

- Swim Level 2 is valid for 24 months.
- Other Level 2 awards are indefinite (not defined at the current time).
- An individual must hold current Swimming Level 2 (surf) competence to remain valid or to enable them progress to Level 2 Board, Ski or Surfboat competency awards

Syllabus and Assessment Criteria

In the view of the assessor, the participant must be able to complete a surf based training session or event in the respective discipline, without the need for assistance. The candidate should demonstrate discipline specific criteria indicated in Table 2.

Table 2: Discipline specific assessment criteria for Level 2

Swim	Board	Ski	Surf Boat
Identify marker flags for bathing, craft and dangerous conditions	Demonstrate knowledge of 10 craft specific safety points	Demonstrate knowledge of 10 craft specific safety points	Demonstrate knowledge of 10 craft specific safety points
Describe three types of rip currents and five ways to identify them	Demonstrate knowledge of procedure for damaged equipment	Demonstrate knowledge of procedure for damaged equipment	Demonstrate knowledge of procedure for storing equipment
Explain emergency procedure if in difficulty in a rip current	Explain emergency procedure if in difficulty, in surf, on craft	Explain emergency procedure if in difficulty, in surf, on craft	Explain emergency procedure if in difficulty, in surf, on craft

Explain three types of waves	Demonstrate capsize procedure		
Identify five hazards on the beach	Demonstrate ability to provide support using craft for a conscious casualty and signalling to shore for assistance		
Demonstrate ability to provide support using a Rescue Tube or flotation device for a conscious casualty and signal to shore for assistance	Demonstrate a left 360 degree turn and a right 360 degree turn beyond the wave area	Demonstrate a left 360 degree turn and a right 360 degree turn beyond the wave area, with and without the use of a rudder.	Enter and exit in a controlled and safe manner
Demonstrate all signal flag communications	Demonstrate basic skills for: <ul style="list-style-type: none"> Negotiating waves in prone position Wave riding Kneeling technique 	Demonstrate basic skills for: <ul style="list-style-type: none"> Balance Negotiating waves Wave riding 	Row in unison and in a technically correct manner
Demonstrate basic skills for: <ul style="list-style-type: none"> Wading Dolphin dives Body surfing 	Complete 400 metre Board Paddle from shore to beyond the break and return in contact with the craft	Complete 600 metres of paddling from shore to beyond the break and return in contact with the craft	Have an understanding of the commands given by the sweep
Demonstrate a 400 metre Surf Swim making best use of the prevailing conditions, in under 15 minutes Demonstrate ability to provide support to a conscious peer with a Rescue Tube or flotation device	Able to ride a small wave in a straight line towards shore	Able to ride a small wave in a straight line towards shore	Perform the 'Trail oars' and 'Come back' manoeuvres
Demonstrate one appropriate approach to, and release from, a conscious casualty in difficulty			Demonstrate with others the ability to launch and row a Surfboat 800 metres
Able to ride a small wave in a straight line towards shore			Able to ride a small wave in a straight line towards shore

Assessed by: This award can be **Trainer/Coach** assessed once the minimum guided learning hours have been completed. The assessment should not take place in designated swimming area i.e. such as a red and yellow flagged bathing area.

Assessment method: Practical assessment and verbal questioning/question paper.

Level 3 - SLSGB Experienced Surf Competency

Aim

The award is aimed at achieving personal competence for moderate surf conditions, or advancing skills to be tested in competitive events, as well as being able to provide functional surf skilled support to water safety cover. The award develops the skills associated with an experienced lifesaver demonstrating consistently good skills in head high surf. It also enables them to explain key surf safety points to others for their specific discipline. This award provides a good base to progress to more advanced competencies, lifesaving awards, water industry safety qualifications and relevant SLSGB qualified roles.

Pre-requisites

- Be an SLSGB member
- Minimum of 12 years of age on the date of assessment for Swim, Board, Ski awards.
- Minimum Guided Learning Hours – 10 hours prior to assessment.
- Must be show evidence of ability to complete the relevant Level 2 criteria before progressing to Level 3
- Must hold a current Surf Swimming Level 2 award before being able to undertake other Level 3 awards of Board or Ski.

Conditions

Moderate surf conditions e.g. head high waves (approximate).

Validity

- Swim Level 3 is valid for 24 months.
- Other Level 3 awards are indefinite (not defined at the current time).
- An individual must hold current Swimming Level 2 (Surf) competence to remain valid or to enable them progress to Level 3 Board, Ski, Surf boat or Pool competency awards.

Syllabus and Assessment Criteria

Subjective Criteria: In the view of the assessor, the participant must be able to show consistently good skills in surf conditions of head high conditions.

Objective criteria: Demonstrate discipline specific criteria indicated in Table 3.

Table 3: Discipline specific assessment criteria for Level 3

Swim	Board	Ski
Demonstrate the safe assistance of a conscious casualty to shore in surf conditions, using a rescue tube	Demonstrate safe assistance of a conscious casualty to shore using a Paddle Board in surf conditions	Demonstrate safe assistance of a conscious individual to safety using a Ski
Demonstrate simulated deep water EAV using a rescue tube	Demonstrate simulated deep water EAV using a board	Demonstrate simulated deep water EAV using a Ski
Explain the safe and less safe points regarding the prevailing conditions, for a surf swimmer	Explain the safe and less safe points regarding the prevailing conditions, for a Paddle Boarder	Explain the safe and less safe points regarding the prevailing conditions, for a Ski Paddler

Demonstrate consistently good skills in the following surf swimming skills: <ul style="list-style-type: none">• Wading• Dolphin dives• Deep water starts• Wave negotiation• Swimming out to sea• Turns• Bodysurfing• Exit from the water	Demonstrate consistently good level of ability to perform the following skills: <ul style="list-style-type: none">• Kneeling technique• Bunny hops• Deep water starts• Kneel and pop• Rolling• Chasing runs• Wave riding• Exit from the water	Demonstrate consistently good level of ability to perform the following skills: <ul style="list-style-type: none">• Balance• Technique• Jump starts• Negotiating waves• Rolling waves• Wash riding• Turns• Chasing runs• Wave riding• Exit from the water
Able to ride along a head high wave left and right	Able to ride head high wave left and right performing turns, as appropriate to make best use of the conditions	Able to ride a head high wave towards shore

Assessed by: This Award can only be **Coach** assessed by a Coach holding a relevant discipline specialist module.

The assessment should not take place in designated swimming area i.e. such as a red and yellow flagged bathing area.

Assessment method: Practical assessment and verbal questioning/question paper.

Level 4 - SLSGB Advanced Surf Competency

Aim

The award is aimed at achieving advanced personal competence for challenging surf conditions, as well as being able to provide an advanced function as highly skilled water safety cover support, or for advancing skills to high levels to be tested in competitive events. The award develops the skills in head high surf. It also enables them to analyse the conditions and adapt sessions as appropriate for the specific discipline, making best use of the conditions. The award provides a strong base to progress to Level 5 competencies, Life Saving awards, water industry safety qualifications and relevant SLSGB qualified roles.

Pre-requisites

- Be an SLSGB member
- Minimum of 12 years of age on the date of assessment for Swim, Board, Ski awards.
- Minimum Guided Learning Hours – 10 hours prior to assessment.
- Must be show evidence of ability to complete the relevant Level 3 criteria before progressing to Level 4.
- Must hold a current Surf Swimming Level 3 award, before being able to undertake other Level 4 awards of Board or Ski.

Conditions

Challenging surf conditions e.g. head high-and-a-half waves (approximate).

Validity

- Swim Level 4 is valid for 24 months.
- Other Level 4 awards are valid for 72 months.
- An individual must hold current Swimming Level 3 (Surf) competence to remain valid or to enable them progress to Level 4 Board, Ski, Surfboat or Pool competency awards.

Syllabus and Assessment Criteria

Subjective criteria: In the view of the Assessor, the participant must be able to show consistently advanced performance in large surf conditions.

Under detailed analysis (such as video analysis) only minor areas for skill or technique development can be identified.

Objective criteria: Demonstrate discipline specific criteria indicated in Table 4.

Table 4: Discipline specific assessment criteria for Level 4

Swim	Board	Ski
Demonstrate ability to support a casualty to safety in large and/or challenging conditions.	Demonstrate ability to assist (push) a fatigued paddler to shore on their board, over a 400 metre distance	Demonstrate ability to assist a fatigued paddler to shore on their craft, over a 400 metre distance
Demonstrate simulated deep water EAV using a rescue tube	Demonstrate simulated deep water EAV using a board	Demonstrate simulated deep water EAV using a ski
Able to analyse the prevailing conditions for advantages and disadvantages to varied water users	Able to analyse the prevailing conditions for advantages and disadvantages to varied water users	Able to analyse the prevailing conditions for advantages and disadvantages to varied water users

Demonstrate consistently advanced ability to perform the following skills: <ul style="list-style-type: none">• Water entry• Wading• Dolphin dives• Deep water starts• Wave negotiation• Swimming to a buoy• Wash riding• Turns• Bodysurfing• Exit from the water	Demonstrate consistently advanced ability to perform the following skills: <ul style="list-style-type: none">• Water entry• Kneeling Technique• Bunny hops• Deep water starts• Kneel and pop• Sit and pop• Rolling• Wash riding• Chasing runs• Wave riding• Exit from the water	Demonstrate consistently advanced ability to perform the following skills: <ul style="list-style-type: none">• Balance• Technique• Jump starts• Negotiating waves• Rolling waves• Wash riding• Turns• Chasing runs• Wave riding• Exit from the water
Able to ride a wave left and right moderate to large conditions	Able to ride large wave left and right performing turns as appropriate to make best use of the conditions	Able to ride a moderate sized wave to shore

Assessed by: This award can only be Coach assessed by a Coach holding a relevant discipline specialist module or SLSGB Level 3 Performance coach. The assessment should not take place in designated swimming area i.e. such as a red and yellow flagged bathing area.

Assessment method: practical assessment and verbal questioning/question paper.

Level 5 - SLSGB Highly Advanced Surf Competency

Aim

The award is aimed at achieving highly advanced personal competence for highly challenging surf conditions, as well as being able to provide a highly advanced function, as highly advanced skilled water safety cover support, or advancing skills to highly advanced levels to be tested in competitive events. The award develops skills in over double head height surf. It also requires an ability to be highly analytical and evaluative of the prevailing conditions.

Pre-requisites

- Minimum of 14 years of age on the date of assessment for Swim, Board or Ski awards.
- Minimum Guided Learning Hours – 10 hours prior to assessment.
- Show evidence of ability to complete the relevant Level 4 criteria before progressing to Level 5 in a specific discipline.
- Must hold a current Surf Swimming Level 3 award, before being able to undertake other Level 5 awards of Board or Ski.

Conditions

Very challenging surf conditions – e.g. Double head height waves (approximate).

Validity

- Surf Swim Level 5 is valid for 24 months.
- Other Grade 5 Awards are valid for 72 months.
- An individual must hold current Swimming Level 3 (Surf) competence to remain valid or to enable them progress to Level 5 Board or Ski competency awards.

Syllabus and Assessment Criteria

Subjective Criteria: In the view of the Assessor, the participant must be able to show a highly advanced level of performance in very challenging surf conditions.

Under detailed analysis (such as video analysis) negligible areas for improvement may be identified.

Objective criteria: Demonstrate discipline specific criteria indicated in Table 5.

Table 3: Discipline specific assessment criteria for Level 5

Swim	Board	Ski
Able to quickly analyse, evaluate the prevailing conditions and adapt performance as appropriate	Able to quickly analyse, evaluate the prevailing conditions and adapt performance as appropriate	Able to quickly analyse, evaluate the prevailing conditions and adapt performance as appropriate
Considered able to provide functional support to water safety cover in very challenging conditions	Considered able to provide functional support to water safety cover in very challenging conditions	Considered able to provide functional support to water safety cover in very challenging conditions
Able to recognise common signs of someone in difficulty	Demonstrates ability to bodysurf to board and continue riding the board on the wave (where conditions allow)	Demonstrates ability to body surf to ski and continue riding the ski on the wave (where conditions allow)
Able to quickly analyse and adapt sessions to suit individual ability and prevailing conditions.	Demonstrates ability to ride a ski sideways on a wave in at least small to moderate wave conditions	Demonstrates ability to ride a ski sideways on a wave in at least small to moderate wave conditions

Demonstrate elite ability to perform the following skills: <ul style="list-style-type: none">• Water entry• Wading• Dolphin dives• Deep water starts• Wave negotiation• Swimming to a buoy• Wash riding• Turns• Bodysurfing• Exit from the water	Demonstrate elite ability to perform the following skills: <ul style="list-style-type: none">• Water entry• Kneeling technique• Bunny hops• Deep water starts• Kneel and pop• Sit and pop• Rolling• Wash riding• Chasing runs• Wave riding• Exit from the water	Demonstrate elite ability to perform the following skills: <ul style="list-style-type: none">• Balance• Technique• Jump starts• Negotiating waves• Rolling waves• Wash riding• Turns• Chasing runs• Wave riding• Exit from the water
Able to ride along a moderate wave left and right	Able to ride along a moderate wave left and right	Able to ride along a moderate wave left and right

Assessed by: This award can only be Coach assessed by a Coach holding a relevant discipline specialist module or SLSGB Level 3 Performance coach. The assessment should not take place in designated swimming area i.e. such as a red and yellow flagged bathing area.

Assessment method: practical assessment and verbal questioning/question paper.

SLSGB IRB Sport Crew

Aim

To provide a standard for the operation of an IRB as a Crewperson for IRB Sport only. This qualification does not qualify a person to operate an IRB for rescue or safety cover purposes. It is designed as an entry level award for IRBs to enable engagement with the craft. This is with the intention of allowing the participant to be coached and attain the IRB Sport Skill Awards and progress to safety and rescue based awards, as appropriate. As IRB Sport does not normally take place in a surf environment; limited knowledge and experience of crewing in surf is expected at this level. It is important that someone holding this award is fully aware of the limitations of this award and of their own capability.

Pre-requisites

- Be an SLSGB member
- Attend a minimum of eight hours' instruction which shall include at least four hours' experience, evidence of such being verified by a Trainer/Assessor/Coach.
- Minimum of 16 years of age on the date of assessment.
- Hold a current SLSGB Level 1 Swim Competency (for flat water) or SLSGB Level 2 Surf Swim Competency (for surf) or recognised equivalent award.
- (The pre-requisites must be attained prior to undertaking any IRB Sport training).

Validity

24 months from the date of the assessment, following this annual proficiency testing will be required.

Syllabus

PART A: FITNESS AND THEORY TESTING	<p>Fitness: Complete the standard SLSGB fitness test for IRB operations.</p> <p>Theory: Demonstrate understanding of the limitations of the award.</p> <p>Demonstrate appropriate knowledge commensurate with the entry level nature of this award, of the following IRB manual sections;</p>
Section 1	Technical Knowledge
	<ul style="list-style-type: none"> • Technical information - assembly, inflation and fuelling - Technical Information relating to the hull and fuel system, such as key external component names, hull assembly, inflation, pressures and measurement, fuelling and fuelling safety.
	<ul style="list-style-type: none"> • Pre-operational duties - The Crewperson's responsibilities with respect to all elements required for pre-operational checking and testing, prior to going afloat. To include correct PPE and the stowage of relevant equipment, especially Rescue Tube.
	<ul style="list-style-type: none"> • Post-operational duties - The Crewperson's responsibilities with respect to all elements required for post-operational checking and closedown, including: equipment inspection, equipment storage, fuel storage, hull wash down and hull deflation.
Section 2	General Knowledge
	<ul style="list-style-type: none"> • Public image - Understand how to protect the reputation of SLSGB by the responsible use of powered craft, especially when training for IRB Sport.
	<ul style="list-style-type: none"> • Signals - Demonstrate relevant signals (given from craft and shore, including from Crew to Driver).
	<ul style="list-style-type: none"> • Knots - Demonstrate and explain the uses and advantages of a bowline.
	<ul style="list-style-type: none"> • Anchoring an IRB/Competition Buoy - Understand how to deploy and recover an anchor and Competition Buoy for use when training.

PART B: IRB OPERATIONS & RESCUE TECHNIQUES	The following tests must be successfully completed:
Section 3	General Operations
	<ul style="list-style-type: none"> • Launch and recovery - Understand the principles of correct manual handling. Demonstrate IRB pre-launch checks for Crew. Demonstrate the role of the crew when launching and recovering the IRB from a trailer and the beach.
	<ul style="list-style-type: none"> • Boarding the IRB - Demonstrate how and when to correctly board an IRB.
	<ul style="list-style-type: none"> • Crewing the IRB - Demonstrate how to correctly crew an IRB whilst moving within a small surf zone. To include correct positioning when turning, moving out through small surf, returning to shore, parallel running and beaching.
	<ul style="list-style-type: none"> • Driving the IRB - Demonstrate how to start the engine and safely drive the boat back to shore in the event that the Driver is incapacitated.
	<ul style="list-style-type: none"> • Demonstrate ability to climb back into a boat quickly and efficiently in water beyond 'own depth', without assistance.
Section 4	Hazards and Surf Survival
	<ul style="list-style-type: none"> • The Draining Procedure - Demonstrate what is required of a Crewperson when draining the IRB.
	<ul style="list-style-type: none"> • The Punching Manoeuvre - Demonstrate the Crewperson's 'Punch' position.
	<ul style="list-style-type: none"> • The Emergency Stop - Demonstrate correct movement during an Emergency Stop.
	<ul style="list-style-type: none"> • The Capsize Drill - Demonstrate the procedure required to safely right an IRB after a capsize incident.
	<ul style="list-style-type: none"> • Engine failure in surf - Returning a disabled IRB to shore - Demonstrate the correct procedure for stabilising and safely recovering a disabled IRB to shore in the event of an engine failure within a surf zone.
Section 5	Rescue Techniques
	<ul style="list-style-type: none"> • A single casualty rescue from beyond the surf zone - Demonstrate the safe rescue of a conscious or unconscious casualty. The Crewperson must be capable of lifting a casualty into the IRB unassisted.

Assessment

- Complete the syllabus for the assessment.
- **A qualified SLSGB Powercraft Assessor must undertake assessment of this qualification.**
- Submit a completed training log and medical declaration for each candidate to the Assessor.
- Each candidate completes verbal questioning from a series of relevant questions based on the IRB Manual with a 90% pass mark.
- Each candidate completes Part A: Fitness and Theory Testing.
- Each candidate completes Part B: IRB Operations and Rescue Techniques.

Assessment of this qualification must be undertaken by a qualified SLSGB Powercraft Assessor.

NB: The use of all IRBs for training and assessment purposes should be carried out in accordance with the most recent SLSGB policy statements for powered craft. The assessment should be carried out in conditions appropriate to the conduct of IRB Sport in a controlled competition environment whilst maintaining a high level of safety at all times.

Progression: Successful candidates may progress to an Inshore Safety Boat Crew and Driver

SLSGB IRB Sport Driver

Aim

To provide a standard for the operation of an IRB as a Driver for IRB Sport only. This qualification does not qualify a person to operate an IRB for rescue or safety cover purposes. It is designed as an entry level award for IRB Sport with the intention of allowing the participant to be coached and attain the IRB Sport Skill Awards. As IRB Sport does not normally take place in a surf environment; limited knowledge and experience of driving in surf is expected at this level. It is important that someone holding this award is fully aware of the limitations of this award and of their own capability.

Pre-requisites

- Attend a minimum of eight hours' instruction which shall include at least four hours experience evidence of such being verified by a Trainer/Assessor/Coach.
- Minimum of 18 years of age on the date of assessment.
- Hold a current SLSGB Level 1 Swim Competency (for flat water) or SLSGB Level 2 Surf Swim Competency (for surf) or recognised equivalent award.
- Hold a current SLSGB IRB Sport Crew qualification.
- (The pre-requisites must be attained prior to undertaking any IRB Sport training).

Validity

24 months from the date of the assessment, following this annual proficiency testing will be required.

Syllabus

PART A: FITNESS AND THEORY TESTING	<p>Fitness: Complete the standard SLSGB fitness test for IRB operations.</p> <p>Theory: Demonstrate appropriate knowledge commensurate with the entry level nature of this award, of the following IRB manual sections;</p>
Section 1	Technical Knowledge
	<ul style="list-style-type: none"> • Technical information, assembly, inflation and fuelling - Technical Information relating to the hull, engine and fuel system, such as: external component names (hull and engine), internal component names (engine), specifications (hull and engine), 'surf' modifications, hull assembly, inflation, pressures and measurement, fuelling and fuelling safety.
	<ul style="list-style-type: none"> • Pre-operational duties - The driver's responsibilities with respect to all elements required for pre-operational checking and testing prior to going afloat. To include PPE, essential equipment and stowage, external and internal engine checks as well as engine start and stop tests.
	<ul style="list-style-type: none"> • Post-operational duties - The driver's responsibilities with respect to all elements required for post-operational checking and closedown, including: fuel storage, hull and engine wash down, engine run-out and hull deflation.
	<ul style="list-style-type: none"> • Maintenance and repairs - Understand how to conduct standard hull, floor and engine maintenance. Demonstrate knowledge of recommended puncture and floor repair procedures.
Section 2	General Knowledge
	<ul style="list-style-type: none"> • Public image - Understand how to protect the reputation of SLSGB by the responsible use of powered craft, especially when training for IRB Sport
	<ul style="list-style-type: none"> • Signals - Demonstrate relevant signals (given from craft and shore, including from Crew to Driver)
	<ul style="list-style-type: none"> • Knots - Demonstrate and explain the uses and advantages of a bowline
	<ul style="list-style-type: none"> • Anchoring an IRB/Competition Buoy - Understand how to deploy and recover an anchor and Competition Buoy for use when training
PART B: IRB OPERATIONS & RESCUE TECHNIQUES	The following tests must be successfully completed:

Section 3	General Operations
	<ul style="list-style-type: none"> • Effective positioning of the IRB for operations - Demonstrate the most suitable placement of an IRB in order to minimise the time required to effect timely rescues, whilst considering local factors.
	<ul style="list-style-type: none"> • Launch and recovery - Understand the principals of correct manual handling. Demonstrate IRB pre-launch checks for drivers. Demonstrate the role of the Driver when launching and recovering the IRB from a trailer and the beach.
	<ul style="list-style-type: none"> • Starting and boarding - Demonstrate safe starting and boarding techniques, observing correct procedure and using appropriate commands.
	<ul style="list-style-type: none"> • Driving in surf - Demonstrate safe handling, positioning and use of power whilst driving in and out of a small surf zone. Explain the advantages of parallel running, and safely demonstrate the technique. Understand how to minimise the effects of 'aeration' in white water. Explain how to return to shore safely, using effective communication, when conducting operations inside crowded surf zones.
	<ul style="list-style-type: none"> • Solo driving - Demonstrate the ability to 'solo' the IRB safely, whilst optimising IRB control and stability.
	<ul style="list-style-type: none"> • Beaching the IRB - Demonstrate how to safely beach an IRB, whilst performing shut down tasks in sequence.
	<ul style="list-style-type: none"> • Demonstrate ability to climb back into a boat quickly and efficiently in water beyond 'own depth', without assistance.
Section 4	Hazards and Surf Survival
	<ul style="list-style-type: none"> • Prop clearance procedure - Demonstrate the standard clearance procedures required after loss of propulsion, due to propeller fouling.
	<ul style="list-style-type: none"> • The Draining Procedure - Demonstrate how to effectively drain the IRB in the safest and most efficient manner.
	<ul style="list-style-type: none"> • The Punching Manoeuvre - Demonstrate the correct commands, body positioning and safe use of power when punching through surf.
	<ul style="list-style-type: none"> • The Emergency Stop - Demonstrate an Emergency Stop. Explain what is required if the Crewperson loses contact with the IRB during the manoeuvre (note: conduct wet testing in non-V-strip equipped boats only).
	<ul style="list-style-type: none"> • The Capsize Drill - Demonstrate the procedure required to safely right an IRB after a capsize incident.
	<ul style="list-style-type: none"> • Engine failure in surf and returning a disabled IRB to shore - Demonstrate the correct procedure for stabilising and safely recovering a disabled IRB to shore in the event of an engine failure within a surf zone.
Section 5	Rescue Techniques
	<ul style="list-style-type: none"> • A single casualty rescue from beyond the surf zone - Demonstrate the safe rescue of a conscious or unconscious casualty. The Crewperson must be capable of lifting a casualty into the IRB unassisted.

ASSESSMENT

- Complete the syllabus for the assessment.

- **A qualified SLSGB Powercraft Assessor must undertake assessment of this qualification.**
- Submit a completed training log and medical declaration for each candidate to the Assessor.
- Each candidate completes verbal questioning from a series of relevant questions based on the IRB Manual with a 90% pass mark.
- Each candidate completes Part A: Fitness and Theory Testing.
- Each candidate completes Part B: IRB Operations and Rescue Techniques.

Assessment of this qualification must be undertaken by a qualified SLSGB Powercraft Assessor.

NB: The use of all IRBs for training and assessment purposes should be carried out in accordance with the most recent SLSGB policy statements for powered craft. The assessment should be carried out in conditions appropriate to the conduct of IRB Sport in a controlled competition environment whilst maintaining a high level of safety at all times.

Progression: Successful candidates may progress to an Inshore Safety Boat Crew and Driver

SLSGB

Participant Awards

First Aid and Beach Awareness



Bronze Junior First Aid and Surf Safety

Aim

The Bronze Junior First Aid and Surf Safety award is for competent swimmers to work towards becoming potential lifesavers and gain awareness of the beach environment. The award is to encourage personal Life Saving skills and provide stepping stones towards becoming a professional Beach Lifeguard and enhancing surf safety competencies.

Pre-requisite

Minimum of 11 years of age on the date of the assessment.

Syllabus

1. Theory	Answer 10 questions on water safety; rescue procedures and sun smart on the beach area that you are in.
2. Resuscitation and First Aid	<p>On an adult manikin demonstrate:</p> <ul style="list-style-type: none">• Checking for dangers• Assessing responsiveness and calling for help• Open the airway• Check breathing• Call for an ambulance• Give 30 chest compressions followed by two rescue breaths, mouth to mouth or mouth to nose methods• Continue for two minutes <p>On a live simulated patient demonstrate:</p> <ul style="list-style-type: none">• How to turn someone from their front onto their back• How to turn someone from their back into the recovery position• Show appropriate aftercare treatment• Action for vomiting <p>Explain and demonstrate:</p> <ul style="list-style-type: none">• How to control bleeding• Fainting• Cramp• Sunburn
3. Survival	<p>Survival skills can be done in either the pool or ocean (wetsuits can be worn if the candidate wishes).</p> <ul style="list-style-type: none">• Swim 50 metres with a floating aid and demonstrate supporting yourself using the aid for one minute• Swim 50 metres in a pool or parallel to the shore, demonstrating what action to take through the waves (an obstacle can be used in the pool to simulate diving under a wave)• Swim 100 metres or parallel to the shore in three and a half minutes

4. Rescue	<ul style="list-style-type: none">• In waist depth water throw a rope at six metres to a simulated weak swimmer and help them to safety• In waist depth water throw a buoyant aid six metres to a simulated weak swimmer and encourage them back to safety• Using a buoyant aid swim 20 metres to a simulated weak swimmer in difficulties, throw the aid to them and encourage them back to safety• Using any aids available, rescue a simulated patient who is 20 metres from waist depth back to safety and provide aftercare. Then explain the reasons for your actions and the reasons for your aftercare treatment
5 Environment and communications	<p>Recognising someone in difficulty</p> <p>Understanding priority order for methods to aid a casualty</p> <p>Emergency procedure and communicating with others for help</p> <p>Recognition of flagged areas on the beach (red and yellow, black and white, Red)</p> <p>Recognition of FLAGS acronym</p>

Assessment

Complete the syllabus, Trainer assessed.

Silver Junior First Aid and Surf Safety

Aim

The Silver Junior First Aid and Surf Safety award is for competent swimmers to work towards becoming potential lifesavers and gain awareness of the beach environment. The award is to encourage personal life saving skills for emergency situations that may occur and provide stepping stones towards enhancing surf safety competencies and becoming a professional Beach Lifeguard.

Pre-requisite

- Minimum of 11 years of age on the date of the assessment.
- Be able to complete the criteria in the Bronze award.

Syllabus

1. Theory	Answer 10 questions on water safety, rescue procedures, sun smart and local dangers on the beach area that you are in.
2. Resuscitation	<p>On an adult manikin demonstrate:</p> <ul style="list-style-type: none"> • Checking for dangers • Assessing responsiveness and calling for help • Open the airway • Check breathing • Call for an ambulance • Give 30 chest compressions followed by two rescue breaths, mouth to mouth or mouth to nose methods • Continue for two minutes • Explain when and how to summon further assistance <p>On a live simulated patient demonstrate:</p> <ul style="list-style-type: none"> • How to turn someone from their front onto their back • How to turn someone from their back into the recovery position • Show appropriate aftercare treatment • Demonstrate and explain how to deal with a blocked airway • Action for vomiting <p>Explain and demonstrate:</p> <ul style="list-style-type: none"> • What to do for insect and marine stings • Burns • Epilepsy /convulsions • A possible broken limb <p>Explain what information the emergency services require</p>
3. Survival	<p>Survival skills can be done in either the pool or ocean (wetsuits can be worn if the candidate wishes)</p> <ul style="list-style-type: none"> • Swim 50 metres with a floating aid and demonstrate supporting yourself using the aid for one minute. • Swim 75 metres in a pool or parallel to the shore, demonstrating what action to take through the waves (an obstacle can be used in the pool to simulate diving under a wave). • Swim 200 metres in a pool or parallel to the shore in seven minutes.

4. Rescue	<ul style="list-style-type: none">• A simulated weak swimmer is in difficulties just out of their depth; rescue the person using an accompanied rescue to a position of safety.• A simulated weak swimmer is in difficulties in deep water 15 metres beyond their own depth, on approaching the patient be prepared to take evasive action, then using a buoyant aid rescue the patient using a non-contact tow back to safety and provide suitable aftercare. Explain the reasons for your actions.• A simulated injured swimmer is in difficulties in deep water, 15 metres beyond their own depth. Using a buoyant aid rescue the patient back to safety and provide suitable aftercare.• A simulated unconscious patient is face down in deep water 20 metres beyond their waist depth, using any aids available, rescue the patient back to safety, land the patient with assistance and place them in the recovery position and provide aftercare. Explain the reasons for your actions and the reasons for your aftercare treatment. The patient will be breathing and have a pulse.• Using any aids available rescue a simulated patient whose condition and actions are unknown and who is in deep water no more than 20 meters away from own-depth water. Use assistance as necessary. Explain the reasons for your actions.
5. Environment & communications	<p>Identify three wave types</p> <p>Explain the procedure if in difficulty in a rip</p> <p>Explain three dangers of the beach environment</p> <p>Demonstrate 'Return to shore,' 'Proceed further out to sea' 'Go left', 'Go right', 'Assistance required' signal flags and the purpose of one whistle blast and two whistle blasts</p>

Assessment

Complete the syllabus, Trainer assessed.

Gold Junior First Aid and Surf Safety

Aim

The Gold Junior First Aid and Surf Safety award is for competent swimmers to gain a thorough grounding in Life Saving skills and beach awareness. Combined with the Surf Competency awards this provides an ideal stepping stone towards becoming a professional Lifeguard or to provide a water safety cover function.

Pre-requisites

- Minimum of 12 years of age on the date of the assessment.
- Be able to complete the criteria within the silver award.

Syllabus

1. Theory	Answer 15 questions on water safety; rescue procedures; sun smart and local dangers on the beach area that you are in.
2. Resuscitation	<p>On an adult manikin demonstrate:</p> <ul style="list-style-type: none">• Checking for dangers• Assessing responsiveness and calling for help• Open the airway• Check breathing• Call for an ambulance• Give 30 chest compressions followed by two rescue breaths, mouth to mouth or mouth to nose methods• Continue for two minutes• Explain when and how to summon further assistance <p>On a live simulated patient demonstrate:</p> <ul style="list-style-type: none">• How to turn someone from their front onto their back• How to turn someone from their back into the recovery position• Show appropriate aftercare treatment• Demonstrate and explain how to deal with a blocked airway in a child• Action for vomiting <p>Explain and demonstrate five from the following list, chosen by the Assessor:</p> <ul style="list-style-type: none">• What to do for insect and marine stings• Burns• Epilepsy /convulsions• A possible broken limb, arm or leg• How to control bleeding• Fainting• Cramp• Sunburn <p>Explain and demonstrate how to deal with a simulated patient who is complaining of neck pain and a possible spinal injury.</p>

3. Survival	<p>Survival skills can be done in either the pool or ocean (wetsuits can be worn if the candidate wishes).</p> <ul style="list-style-type: none">• Swim 75 metres in a pool or out from the shore with a floating aid and demonstrate supporting yourself using the aid for one minute• Swim 100 metres in a pool or parallel to the shore, demonstrating what action to take through the waves (an obstacle can be used in the pool to simulate diving under a wave)• Swim 300 metres in a pool or parallel to the shore in 10.5 minutes
4. Rescue	<ul style="list-style-type: none">• A simulated non-swimmer is in difficulties 20 metres beyond their own depth; rescue the person with any suitable aid available to a position of safety and provide aftercare• A simulated weak swimmer is in difficulties in deep water 20 metres beyond their own depth, on approaching the patient be prepared to take evasive action then, using a non-buoyant aid i.e. rope or towel, rescue the patient using a non-contact tow back to safety and provide suitable aftercare. Explain the reasons for your actions• A simulated injured swimmer is in difficulties in deep water, 25 metres beyond their own depth. Using a suitable aid, rescue the patient back to safety and provide suitable aftercare• A simulated unconscious patient is face down in deep water 25 metres beyond their own depth. Using any aids available, rescue the patient back to shallow water. Summon assistance, land the patient with assistance and assess. Carry out the appropriate care to the satisfaction of the Assessor. Then explain the reasons for your actions and the reasons for your aftercare treatment• Using any aids available rescue two simulated patients whose condition and actions are unknown and who may be in deep water but no more than 25 metres. Use assistance as necessary. The patients may be up to 20 metres from the starting point; there is unskilled assistance if attracted by the rescue
5. Environment and communications	<p>Demonstrate All SLSGB signal flags and whistle procedures</p> <p>Explain the types of wave and rips with their associated dangers</p> <p>Explain the potential dangers of rocks, cliffs, marine life, weather, tides</p>

Assessment

Complete the syllabus, Trainer assessed.

SLSGB

Taster Sessions



SLSGB Junior Lifeguard

Aim

To educate the 7-14 years about beach and water safety through a safe educational activity programme.

Pre-requisite

- Aged 7-14 years.
- Able to swim 50 metres unaided.

Duration

Four hours

Validity

Not defined

Syllabus

Session	Topic/ subject area	Outcomes By the end of each session the learner will be able to:
1	Introduction to the Junior Lifeguard Programme	
2	Beach Environment	Identify: Rips Waves Tides Know the dangers of cliffs/rocks Which flags are used on the beach
3	Lifesaving equipment	Identify a board and how to use the board Identify a Tube and how to use the Tube Know relevant safety rules of the water and beach sessions
4	Water activities	Understand: Signals Flags How to wade and dolphin dive How to bodysurf
5	Tube and Board Rescue	How to use a Rescue Tube How to put on the Rescue Tube and use as a float Show how to signal for help How to use a Rescue Board How to catch waves with a Rescue Board How to carry a patient on a rescue Board
6	Beach Games	How to listen to commands How to turn and run How to pass a baton at speed

Delivered by

Coaches and Trainers over the age of 16 years, who are involved in the Surf Life Saving Club and are competent in both Board and Swim in the sea. Training needs to include:

- Surf Coach Lifesaver (or above)
- Safeguarding training
- Competencies
- SLSGB Level 1 Coach or Trainer Foundation
- Attended an induction to teach the syllabus and how to teach it

Assessment

This Award can be **Trainer/Coach** assessed once the course has been completed.

The assessment must not take place in designated swimming area.

Progression

Participant Awards – NSSA, Surf and Safety Skills

SLSGB

Centre/Club Accreditations



SLSGB Accredited Patrol

Aim

To ensure that Clubs meet the mandatory requirements and operating criteria for establishing a recognised SLSGB patrol and meeting relevant insurance requirements. Toolkits and resources are available.

Pre-requisites

- Be affiliated to SLSGB as a Club, Centre or Region.
- Complete an SLSGB Patrol Declaration Form.
- Have a nominated lead contact and patrol supervisor.

Validity

Accreditation lasts up to three years. This is on the condition that Clubs are successful in their Annual Health Check.

Content

- Health and safety
- Administration
- Presentation and promotion
- Equipment and facilities
- Patrol operations
- Monitoring

Assessment

The Patrol Declaration Form is checked by SLSGB who will also arrange an inspection and support, as appropriate.

SLSGB Accredited Event

Aim

To ensure that event providers complete mandatory requirements and criteria for events that wish to run SLSGB disciplines and meet insurance requirements. Toolkits and resources are available.

Pre-requisite

Complete an SLSGB Event Accreditation Form.

Validity

Valid for the specified event only.

Content

- Health and safety
- Administration
- Presentation and promotion
- Equipment and facilities
- Event operations
- Monitoring

Assessment

The Accreditation Form and paperwork are assessed by the SLSGB Sports Commission who may also arrange an event inspection as appropriate.

SLSGB Accredited Training Centre

Aim

To ensure that Surf Life Saving training providers are meeting mandatory requirements and criteria for centres wishing to deliver SLSGB courses as a commercial entity; adhering to good practice guidance and meeting insurance requirements. Resources are available.

Pre-requisites

- Complete an SLSGB Accredited Training Centre (ATC) agreement and its requirements.
- Satisfactory completion of ATC inspection.

Validity

Accreditation lasts up to three years dependent on completion of an annual ATC agreement and inspection fee payment, as well as meeting the criteria on an annual health check.

Content

- Health and safety
- Administration
- Presentation and promotion
- Equipment and facilities
- Training delivery
- Monitoring

Assessment

Accredited Training Centre Agreements are confirmed along with payment of inspection fee, and the Centre will be provided with a probationary Training Centre Status. The centre remains as a probationary Accredited Training Centre, pending approval, until it meets the relevant inspection criteria. If the Centre adequately meets the criteria, then the Centre will pass the inspection and become accredited.

Aim

Clubmark accreditation is awarded to clubs that comply with a set of consistent and accepted minimum operating standards (MOS) when catering for young members. Clubs working towards accreditation and wishing to show good practice and demonstrate a commitment in developing young people can receive support, advice and resources.

Pre-requisite

Must be an SLSGB Affiliated Club.

Duration

It usually takes between 3-12 months to develop the necessary evidence to complete Clubmark. There is only one set of paperwork to complete and in general most Clubs are well on the way to achieving accreditation without realising it.

Validity

Accreditation lasts up to three years. This is on the condition that clubs are successful in their Annual Health Check, and during the re-accreditation in the third year after receiving accreditation. In some circumstances, accreditation can be withdrawn. However, this is often the result of no longer meeting the minimum criteria or not abiding by SLSGB's Code of Conduct etc.

Content

Clubmark criteria

Playing/participation programme	
The Club provides a coaching programme for a minimum number of hours and weeks in a year, determined on a sports specific basis	
The Club uses the skills awards and other coaching resources of the NGB to enhance its coaching and assessment programme.	
The Club provides suitable intra- and inter-club competition according to NGB guidelines	
The performer:coach ratio for coaching/training sessions reflects NGB guidelines	
The coaches responsible for the programme are suitably qualified to NGB specified standards	
The coaches and volunteers responsible for the programme have job descriptions with clear roles and responsibilities assigned	
The coaches responsible for the programme hold professional indemnity and/or public liability insurance	
All coaching and competition takes place at safe venues and uses safe equipment – as specified by the NGB	
Duty of care and safeguarding and protecting children	
The Club has adopted the NGB child protection policy and procedures and is working to the guidance laid down (these cover issues like CRB checks and sports specific guidance on contact issues)	
At least two members of the club, one of whom must be a coach, have attended recognised direct delivery Child Protection training	
The Club has adopted codes of practice for all Coaches, Officials and Volunteers working with children and young people	
The Club has access to First Aid equipment at all coaching and competition sessions	
The Club has emergency procedures for dealing with serious injuries/accidents, including ensuring contact through telephone/radio to emergency services	
The Club has the contact details of parents/carers and emergency/alternative contacts	
The Club has information on any medical conditions of its children and young people and informs Coaches on a need to know basis	

Knowing your club and its community	
The Club has an open/non-discriminatory constitution	
The Club has adopted an equal opportunities/sports equity policy	
The Club has an action plan identifying how it will recruit and retain members from its community	
Each Coach has successfully completed an equity task or one Coach has attended a sports coach UK Equity in your Coaching workshop	
The Club has codes of practice for parents/carers and other supporters	
The Club has a set of rules for children and young people	
Club management	
The Club is affiliated to its NGB	
The Club has public liability insurance	
The Club has a specific membership category and pricing policy for children and young people	
The Club communicates regularly with parents/carers	
The Club has a Junior/Volunteer Coordinator to act as a liaison with, for example, its local School Sport Partnership, County Sports Partnerships and the National Governing Body	
The Club has contact with at least one local school/youth organisation	
The Club is committed to further development and outreach work as evidenced by a club development plan	

Assessment

Clubmark will be awarded via a licensed County Sports Partnerships (CSP). Together SLSGB and CSPs will deliver any necessary training and workshops that are required to enable to award accreditation to Clubs. Evidence is submitted to a panel for verification of whether a Club can be awarded Clubmark accreditation. If unsuccessful Clubs are required to resubmit their evidence. Clubs are checked annually and reverification happens in the third year.

SLSGB Total Club Quality Scheme (Including Clubmark)

Aim

The SLSGB Total Club Quality Scheme provides a tailored training package to Surf Life Saving Clubs who aim to ensure quality provision to local communities. The scheme provides advice, support and guidance to increase the skill specific key decision makers in each participating club. The support includes:

- Guidance documents
- Templates
- Professional personal supervision
- Audit and review process to guide clubs through the quality scheme processes.

Pre-requisite

Club Affiliation to SLSGB.

Validity

Total Club accreditation lasts up to three years. This is on the condition that Clubs are successful in their Annual Health Check, and during the re-accreditation in the third year after receiving accreditation.

Syllabus

- **Introduction workshop** – Club is given information about the 9-12 months of support on the Total Club Quality Scheme. All members are welcome to attend
- **Auditing begins** – SLSGB to work with Club to complete the checklist of criteria (Evidence Checklist). Evidence of criteria which have been met will need to be collated in the Evidence File
The criteria are divided into five areas and 12 development strands in the following ways:
 - **People** – leaders, participants, Coaches, Officials, Volunteers
 - **Member services** – social, training, competition
 - **Member welfare** – safeguarding, equity and medical welfare
 - **Community links** – education, partner sports, partner organisations, vocational pathways, businesses
 - **Club management** – finance, legal and administration, facilities and equipment, promotion and publicity, sustainability

Assessment

- County Sports Partnerships (E.g. Active Devon, Cornwall Sports Partnership) will award Clubs with Clubmark criteria and SLSGB will award Clubs with Total Club accreditation. Accreditation must take place by a person other than the Club's Designated Support Officer.
- For each strand there are a number of related criteria; both Clubmark that includes the minimum operating standards and additional SLSGB specific criteria. You need to show evidence that you have met each criterion. If you haven't yet met the criterion you need to write an action plan. As you work through the action plan, you gather the relevant evidence to store in the file.
- Write an action plan with Designated Support Officer (DSO) - You should now use the evidence checklist to write a basic action plan (with timescales) to help your club achieve.

Progression: A Club may also complete other SLSGB Centre/Club Accreditation schemes

Q. Can I be paid to deliver courses as an SLSGB Trainer?

- A. Yes, an individual may operate as an individual SLSGB Trainer, with permission from SLSGB, for delivery of up to three paid courses per year.

However, if this individual delivers more than three courses per year or is working on behalf of a commercial entity*, then they must register as an SLSGB Accredited Training Centre.

* any entity that is either a company or an individual working on a self-employed basis, that promotes or markets itself as offering SLSGB training.

Q. Can I gain Recognition of Prior Learning if I hold an ILS Recognised Equivalent Award?

- A. Yes, anyone holding an ILS equivalent qualification can be given an SLSGB certificate provided that they meet the following requirements:

- Present evidence of a current certificate
- A current SLSGB membership must be held.
- Complete the relevant SLSGB proficiency test and pay the associated fees

Q. How many candidates can a Trainer train for an award?

- A. A Trainer would need to be confident of the swimming and paddling ability of their candidates before they are put into the water. Therefore it is advisable to first complete an SLSGB competency award to aid with this. However, the ratio would then be based on risk assessment, be subject to available safety cover and should be based on the guidance provided in the most recent SLSGB National Safety Guide - Training and Coaching.

Q. What is the ratio of candidates per Trainer and candidates for under 16s?

- A. Where candidates are under 16, the same conditions as above (see above question) would apply.

Q. What are the assessment ratios?

- A. Assessment ratios must remain within safety ratios specified by risk assessment and in line with the SLSGB National Safety Guide - Training and Coaching. This may be, for example, a 1:6 ratio, and is dependent upon the conditions and experience of all involved. Appropriate ratios should be agreed between the Assessor and Trainer for the assessments to be undertaken to appropriate quality. Please see the SLSGB Training and Safety guide for details of safety ratios and check with your RLSO for advice.

Q. Are awards Trainer or non-Trainer assessed?

- A. Qualifications may have elements that are Trainer and/or Assessor assessed. Coaches can assess participant level awards.

Q. I would like to organise an Aquathlon – how can SLSGB help?

- A. There are different options:
1. If you would like it to be an official SLSGB accredited event then you would need to complete our Accreditation Form and liaise with Emma Phillips, Events Co-ordinator - ephillips@slsbg.org.uk
 2. If you would like it to be an official SLSGB event and require assistance from SLSGB then we would be happy to complete a Partnership Delivery Agreement; liaise with Nigel Bowden, Events Manager - nbowden@slsbg.org.uk
 3. If you require assistance from a local Club, then we could provide you with a lead contact to liaise direct. Liaise with Katie Middleton, Centre Development Officer - Kmiddleton@slsbg.org.uk
 4. If you would like to include your event as a charity fundraising event for Surf life Saving GB then please liaise with Rosalie Birch, Marketing Officer - rbirch@slsbg.org.uk

Q. I did a course with a Trainer and have not received my certificate? What should I do?

- A. First ensure that the Trainer has registered the course through the SLSGB online system, and you have completed an assessment with an SLSGB Assessor. Please also ensure that the remaining responsibilities of the Trainer and Assessor listed in this guide have been completed. If all elements have been completed and you have further queries, please communicate with education@slsbg.org.uk

Q. Can a Surf Life Saver qualification be upgraded to a SLSGB Surf Lifeguard?

- A. Yes, if a candidate for the Surf Life Saving award is successful but subsequently wants to upgrade to the Surf Lifeguard Award, they can do so by paying the full fee for the Surf Lifeguard Award and then be assessed on the timed swim. This assessment must take place within three months of starting their Surf Life Saving assessment. If they are successful with the timed swim, all of the elements of the Surf Lifesaving Award would then be taken as RPL for them to qualify for the full Surf Lifeguard qualification.

Q. I have been assessed by an SLSGB Trainer when working with RNLI or another paid Lifeguard service, but have not received an SLSGB qualification. Why is this?

- A. The relevant candidate, Trainer and Assessor must complete the administration process detailed in this document to enable a qualification to be provided.

Glossary of terms

AED	Automated External Defibrillator
AF	Assessment Form
ATC	Accredited Training Centre
CPD	Continual Professional Development
CPR	Cardiopulmonary Resuscitation
CRB	Criminal Records Bureau
DSO	Designated Support Officer
EAP	Emergency Action Plan
EAV	Expired Air Ventilation
FLAGS	Find the red and yellow flags and swim between them Look at the safety signs Ask a lifeguard for advice Get a friend to swim with you Stick your hand in the air and shout for help if you get into difficulty
GLH	Guided Learning Hours
ILS	International Life Saving Federation
ILSE	International Life Saving Federation of Europe
IRB	Inshore Rescue Boat
ISB	Inshore Safety Boat
LOP	Local Operating Procedure
MIS	Member Information System (online database)
MILS	Manual In Line Stabilisation
NLSO	National Life Saving Officer
NOP	Normal Operating Procedure
PARQ	Physical Activity Readiness Questionnaire
PPE	Personal Protective Equipment
PTLLS	Preparing to Teach in the Lifelong Learning Sector
RLSO	Regional Life Saving Officer
RNLI	Royal National Lifeboat Institution
RPL	Recognition of Prior Learning
RWC	Rescue Water Craft
SLS	Surf Life Saving
SLSC	Surf Life Saving Club
SLSGB	Surf Life Saving Great Britain
SOP	Standard Operating Procedure



